



# 7MESH WOMEN'S

## BODY MEASUREMENT STANDARDS

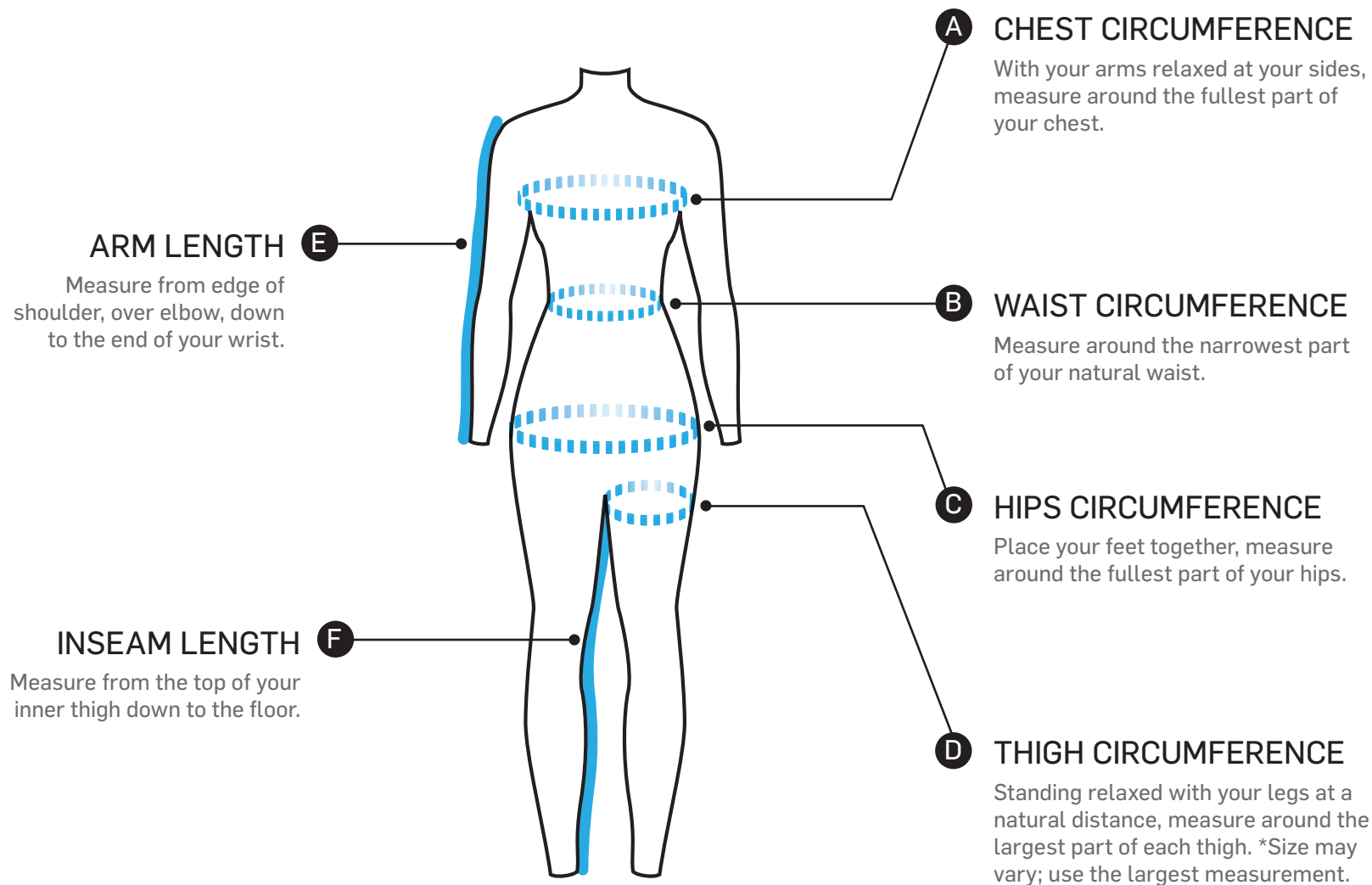
METRIC CM		CHEST CIRCUMFERENCE	WAIST CIRCUMFERENCE	HIP CIRCUMFERENCE	THIGH CIRCUMFERENCE	ARM LENGTH	INSEAM LENGTH
	XS	81	64	89	54	57	77
	S	86	69	94	57	59	79
	M	91	74	99	59	61	81
	L	97	79	104	62	63	83
	XL	102	84	109	64	65	85

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IMPERIAL IN		CHEST CIRCUMFERENCE	WAIST CIRCUMFERENCE	HIP CIRCUMFERENCE	THIGH CIRCUMFERENCE	ARM LENGTH	INSEAM LENGTH
	XS	32	25	35	21½	23	30½
	S	34	27	37	22½	23½	31¼
	M	36	29	39	23½	24	32
	L	38	31	41	24½	24½	32¾
	XL	40	33	43	25½	25	33½

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## HOW TO MEASURE



### MEASUREMENT TIPS:

- For increased accuracy, enlist in the help of a friend!
- Ensure the measuring tape is comfortably snug and parallel to the floor all the way around.