$\stackrel{i}{i}$

## 7MESH WOMEN'S

BODY MEASUREMENT STANDARDS

| $\underset{\text { CM }}{\text { METRIC }}$ | $\stackrel{1}{*}$ | CHEST CIRCUMFERENCE | WAIST CIRCUMFERENCE | $\operatorname{HIP}_{\text {CIRCUMFERENCE }}$ | THIGH CIRCUMFERENCE | ARM LENGTH | INSEAM LENGTH |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | XS | 81 | 64 | 89 | 54 | 57 | 77 |
|  | S | 86 | 69 | 94 | 57 | 59 | 79 |
|  | M | 91 | 74 | 99 | 59 | 61 | 81 |
|  | L | 97 | 79 | 104 | 62 | 63 | 83 |
|  | XL | 102 | 84 | 109 | 64 | 65 | 85 |


| $\underset{\text { IN }}{\substack{\text { MPERIAL }}}$ | $\stackrel{i}{ }$ | CHEST CIRCUMFERENCE | WAIST CIRCUMFERENCE | $\operatorname{HIP}_{\text {CIRCUMFERENCE }}$ | THIGH CIRCUMFERENCE | ARM LENGT | INSEAM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | XS | 32 | 25 | 35 | $211 / 2$ | 23 | 301/2 |
|  | S | 34 | 27 | 37 | 221/2 | 231/2 | $311 / 4$ |
|  | M | 36 | 29 | 39 | 231/2 | 24 | 32 |
|  | L | 38 | 31 | 41 | 241/2 | 241/2 | 323/4 |
|  | XL | 40 | 33 | 43 | 251/2 | 25 | 33112 |

CYCLING APPAREL

WOMEN'S

## 7MESH WOMEN'S <br> HOW TO MEASURE


standing relaxed with your legs at a natural distance, measure around the largest part of each thigh. *Size may vary; use the largest measurement.
? MEASUREMENT TIPS:

- For increased accuracy, enlist in the help of a friend!
- Ensure the measuring tape is comfortably snug and parallel to the floor all the way around.

CYCLING APPAREL

