

SUPPLIES:

- Two 6"x9" pieces of 100% cotton fabric
- Two 7" pieces of elastic, 1/4-1/2" wide

TYPE OF FABRIC:

Medical professionals recommend 100% cotton fabric as it blocks a percentage of particles AND is breathable for the comfort of the wearer.

PATTERN MEASURES:

Adult 6"x9"

Child 5"x7.5"

All seams sewn at 1/4"

DIY Fabric Face Mask



Instructions:



1. Once you've cut your fabric arrange one piece face up. Pin one end of an elastic piece to the top corner of the fabric.

2. Take the end of the same piece of elastic and attach it to the bottom corner of the short side of the fabric (the 5"-6" side).

3 Repeat with other elastic on the other side of the fabric. Sew elastic at each corner.

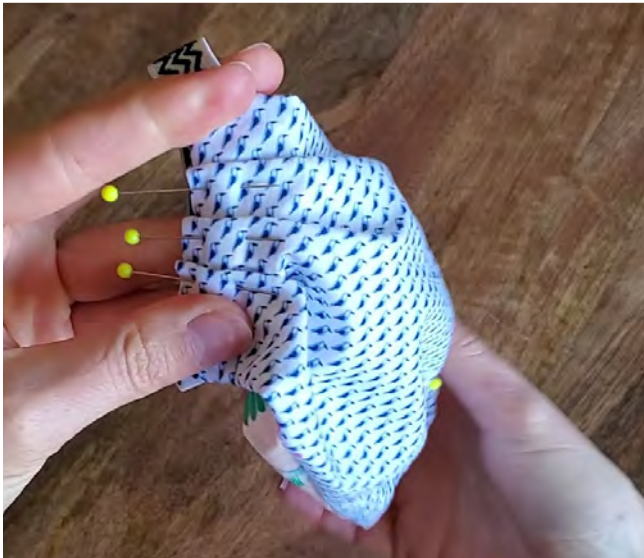


4. Place the fabric with elastic attached face up. Place the other piece of cotton face down on top of it, matching up all edges. Pin around the edges. Leave a 2" space unpinned.



5. Flip the mask right side out.

6. Pin pleats/gathers on the short sides of the mask, three per side. Pleats should be 1/4" each. Pleats must go in the same direction. To do this fold the fabric over onto itself and pin.



7. Top stitch around the entire outside of the mask along the edge. This will sew the pleats in place, close the opening and reinforce the entire mask.
All Done!

Adult Mask



When printing do not scale. Adult mask pattern measures 6"x9". Child mask pattern measures 5"x7.5"