



TravelMate™ Setup Guide

Thank you for purchasing the Earthlite® TravelMate™!

A desktop, go-everywhere massage support system that allows practitioners to bring massage therapy to any home or office. The TravelMate™ arrives ready for immediate use and is designed to position in mere seconds when walking through these easy step-by-step instructions.

## **Product Overview**



# **Adjustment Instructions**

Clients of all shapes and sizes will enjoy the treatments on the TravelMate once a few adjustments are made to accommodate their individual body sizes and comfort preferences. Additionally, different positions better accommodate different types of treatment.

## Adjust FacePillow Angle:

To adjust the angle of the FacePillow, locate the Quick-Release Lever and pull in the opposite direction to release. Client should grasp both sides of the FacePillow platform when tilting to the desired angle, then lock by pulling the Quick-Release Lever in the opposite direction.

## **Adjust FacePillow Platform Height:**

To adjust the height of the FacePillow, locate the two black knobs on the back of the unit. Twist both counter-clockwise to loosen. Use both hands to pull evenly to desired height. Secure each knob independently by turning the knobs clockwise until firm.

CAUTION: Turn knobs firmly unil they stop, but do not over tighten to avoid damaging the threads.

#### **Positioning Client**

**If using on a table/desk:** Client leans forward, having their weight supported by the chest pad and their face comfortably positioned in the FacePillow. Clients can position their arms on the table (hands down and either slightly outstretched or crossed comfortably around the unit,) in preparation of their treatment.

If using on a bed: Client lays on bed with their face comfortably positioned in the FacePillow.



Ensure all knobs are full tightened and locked before putting any weight on the FacePillow/platform. Do not make adjustments while product is in use or with any weight on the platform.

## Set up Instructions - For Use on Table/Desk



1. After removing from box, set aside FacePillow and chest pad. Position the TravelMate as shown on the table or desk where you plan to work.



2. Carefully pull the base a few inches out of the protective pouch. Locate the Quick-Release levers for both the base and FacePillow platform. Pull in opposite direction to release.



3. Lift and pull the FacePillow platform towards you



4. Twist the chest plate more than a three-quarter rotation away from you until the Velcro strips are facing you.



5. Support the FacePillow platform while locking both of the Quick-Release levers.



6. Push the TravelMate base back into the protective pouch. Attach the chest pad and FacePillow into place using the Velcro strips as shown.

# Set up Instructions - For Use on Bed



1. Loosen FacePillow platform height adjustment knobs and remove the platform.



2. Flip the platform around 180 degrees and re-install FacePillow platform. Tighten platform height adjustment knobs.



3. Adjust FacePillow platform to a flat position using the Quick-Release lever. Remove base from protective pouch.



4. Attach FacePillow to platform as shown, and slide the base between the box spring and mattress.



2. Push in all the way to secure.



3. Travemate is now ready for use.

### Care & Maintenance



The TravelMate is designed to be easy to assemble and maintain. If using disposable or cloth facepillow covers, the facepillow and chest pad will need only a slight wipedown between treatments.

To keep upholstery in good condition, EarthLite recommends thoroughly cleaning the facepillow and chest pad periodically to remove all oil residue. Oil and other residues may cause the upholstery to dry out and become brittle over time. We recommend using the product ViraGuard® (sold by EarthLite) for its excellent cleaning and disinfectant properties.

Spray a light yet even coat of ViraGuard or any other recommended cleaner on the upholstery and wipe with a soft cloth. A solution of 1 part mild detergent (such as liquid dishwashing detergent) to 10 parts warm water may be used. Simple Green is another alternative.

DO NOT use HYDROGEN PEROXIDE, ACETONE, PAINT THIN-NER, UNDILUTED BLEACH, ARMOR ALL, or other types of INDUSTRIAL CLEANERS. These will damage the upholstery's protective coating and will void the upholstery warranty.

# Folding, Carrying & Storage

The TravelMate's mere 9 lbs and compact size make it ideal for treaments on the go.

To fold for storage or transport, release both Quick-Release Levers and gently lay the unit back flat onto its self. Carefully lock both levers. Unfold the provided carrying case and unzip to open. Place locked and flat unit into case and zip close. Small and compact for easy storage or grip the handle for easy transport.



## Contact Us



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