

Microgreen Calendar

These are approx time for germination and how much time needed before you can harvest
This will go slower or quicker depending on your temperature, humidity and light.

Sort	Germ time	Time in light	Total days
Fennel	6	6	12
Broccoli	4	4	7-8
Radish Sango	4	4	8
Radish Daikon	4	3	7
Mustard black	4	3	7
Red Cabbage	6	4	10
Ruccola /Arugola	4	4	8
Cilantro	10	4	14
Sunflower	7	3	10
Wheatgrass	4	3	7
Pea	7	5	12
Cress	3	3	6
Red Pak Choi	5	4	9
Watercress	12	12	24
Red Veined Sorrel	12	12	24
Red Amaranth	5	4	9
Radish China Rose	4	4	8
Beet Bulls blood	7	4	11
Swiss Chard Red	7	4	11
Red Russian Kale	6	4	10
Broccoli ORGANIC	4	4	8
Radish Sango ORGANIC	4	4	8
Radish Daikon ORGANIC	4	3	7
Ruccola Rocket ORGANIC	4	4	8
Mustard black ORGANIC	4	3	7
Pea ORGANIC	7	7	14
Cress ORGANIC	3	3	6
Sunflower Organic	7	7	14
Red Cabbage (ORGANIC)	6	4	10
Ruccola Rocket ORGANIC	4	4	8

Example

Prepare seeds for germination on Monday

Germination for something that takes 4 days is on Thursday, Put into light takes 3-4 days in light which means i can harvest on monday. A total of 7 days from seed to harvest.