



confidence

“With confidence, you have won before you have started.”
- Marcus Garvey

Having **confidence** means you believe in yourself and your abilities. With confidence, you will not only have a better chance of success, you will also inspire confidence in others. When you have a goal you want to reach, let Sydney’s **Confidence Pocket Power** remind you that with hard work and perseverance, you can achieve anything!

showing confidence

Confidence starts with trusting yourself, or relying on a person or thing to succeed. When you are confident, you have the power to face your fears head-on, take risks, and tackle new challenges. When you believe in yourself, you also inspire confidence in others. Here are some ways to be confident:

Believe in your strengths and abilities, and push yourself to take on new challenges to test the limits of what you can do.

Run for office in your school elections to explore your leadership skills.

Speak your ideas clearly in a way that best reflects your opinions and feelings.

Write down your goals and dreams and develop plans to achieve them.

Encourage others to join you on projects or activities.

Find experts in areas that interest you and ask questions to learn as much as you can.

Be proud of where you come from and share your experience with others.

Take action, be prepared, stay positive, and don’t be afraid of failure.

how will you be confident?

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Do your best and believe in yourself!



Sydney the Penguin