



creativity

“You can't use up creativity. The more you use, the more you have.” - Maya Angelou

Creativity means using your imagination to come up with original ideas, especially in the production of an artistic or inventive work. When you have a new project or want to make something special, let Harley's **Creativity Pocket Power** remind you that there are no limits to what you can do!

showing creativity

Creativity can apply to everything you do from putting together an outfit to drawing a picture to arranging your food artfully on a plate. It usually involves a little extra imagination and effort to make to make something special and meaningful in a new way. Here are some ways to be creative:

Keep a notebook, write down ideas and thoughts, draw, doodle, and create lists.

Change your environment (or even your eye sight level) to see things from a different perspective.

Be playful and open to new activities, even if they are silly. Laughter releases energy so you can be more creative.

Try playing a new musical instrument, even if you don't know how.

Keep a positive and happy attitude while working. Take breaks to breathe slowly and deeply to clear your mind.

When talking to friends, respond with “yes, and...” to keep your conversation moving forward with new, fun ideas.

Dance, paint, play, act, draw, sing, perform!

how will you be creative?

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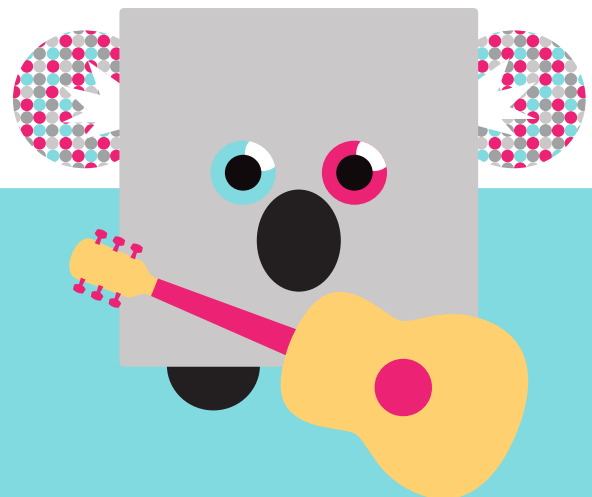
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Challenge yourself to dream bigger!



Harley the Koala