



How to Clean Your Massage Table



Master[®]
MASSAGE EQUIPMENT
mastermassage.com

C H I C A G O

INSTRUCTIONS: How to Clean Your Master Massage Table

If properly cared for, your massage table's polyurethane upholstery will stand up under vigorous bodywork for years to come. And so, to ensure that your table has that long life, the product development crew here at Master has tested and developed a preventative care and cleaning regimen.

Remember, damage to your massage table's upholstery will happen over time and accrue gradually. In small ways you might not notice until it's too late. You shouldn't assume that because you haven't seen a new crack, spot or stain your massage table's vinyl upholstery is holding up perfectly. You'll need to be proactive in your approach your massage table's care and cleaning and thereby avoid potential damage.

Just as with most things, the critical steps to remember when caring for your table are the simplest:

Be sure and use both ends of your table evenly. You'll be surprised by how much wear and tear can be avoided simply by switching the face rest from one end of your massage table to the other.

If you're an on-the-go student or therapist, always use a carrying case. Using one will insulate your portable table's upholstery from scrapes, scuffs, punctures and ward off environmental grime.

If you own one of our stationary tables, be sure and keep it out of direct sunlight. Prolonged exposure to direct sunlight will dry out your table's upholstery over time—causing it to crack and the color to fade.

Never neglect your table, during therapy sessions protect it with comfortable face rest covers, fitted sheets and thick fleeces. They will shield your table from oil degradation and other stains.

And always store your table in temperate space. Hot and cold extremes can damage your table's upholstery. And, keep your massage table away from heaters and other electrical appliances.



Unfortunately, because unavoidable contact with massage oil, perspiration or other fluids can cause vinyl upholstery to dry, harden and finally crack... Even if you do all of the above, and keep your massage table's upholstery as safe covered and well protected as possible, you will still need to clean it from time to time. When you do, you'll want to use warm water and a mild detergent.

We recommend employing a simple dish soap solution. And afterwards, wiping your table down with plain water to clean away any potentially corrosive residue then drying the upholstery carefully with a fresh towel. Your table's headrest and bolster pillows should be wiped down in the same way as your massage table.

Now, as noted above, your Master Massage Table will inevitably be exposed to more than its fair share of perspiration. That means using a disinfectant in addition to soap and warm water to clean it will be necessary. But remember, using undiluted alcohol will rapidly degrade your table's vinyl upholstery. So we recommend using a diluted non-abrasive, non-alcohol based disinfectant cleanser. If you do choose to disinfect your table's upholstery with an alcohol-based solution, be sure it's diluted by at least 50% and that you wash your table with soap and water immediately thereafter to prevent drying and cracking.

In all cases you'll want to avoid employing harsher citrus-based cleansers or cleaning agents containing bleach. They will prematurely age your table's upholstery and even cause its color to fade. **And damage resulting from harsh chemicals such as bleach, alcohol and Citrus II is not covered by your warranty!**



At Master Massage Equipment, we want you to have the most rewarding experience possible using our tables, massage chairs, and spa accessories.

Please visit Master Massage - Frequently Asked Questions (FAQ) page as a resource for common questions such as table setup and Therma Top™ usage.

For questions and concerns, please contact Master Massage at:

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