GOOLS WORKSHEET!

BRAINSTORM

Get ready to set those goals!
On a separate piece of paper,
write down any goal or intention
that comes to mind.
No need to edit your thoughts.
Write them ALL down!

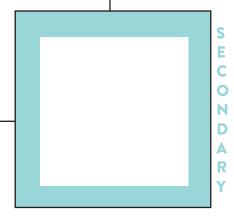
Now choose the 3 things you MOST want to accomplish in 2018 and write them below.

my TOP 3

- 1
- 2
- 3

MAIN FOCUS





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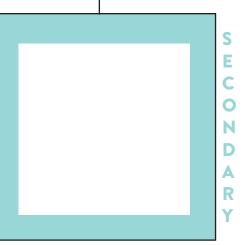
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