

THANK YOU FOR YOUR PURCHASE

**BIOVITTA<sup>®</sup>**

WELLNESS AND HEALTH

**IONICFOOTBATH**

USER'S MANUAL



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# SAFETY INSTRUCTIONS

1. DIABETICS AND PEOPLE WITH HEART OR CIRCULATION PROBLEMS MUST CONSULT THEIR HEALTH CARE PRACTITIONER BEFORE USING THIS APPLIANCE.
2. PREGNANT WOMEN SHOULD CONSULT THEIR HEALTH CARE PRACTITIONER BEFORE USING THIS APPLIANCE.
3. IF YOU SUFFER FROM ANY PROBLEMS WITH YOUR LEGS OR FEET SUCH AS VARICOSE VEINS, PLEASE CONSULT YOUR HEALTH CARE PRACTITIONER BEFORE USING THIS APPLIANCE.
4. DO NOT USE THIS APPLIANCE IF YOU HAVE SKIN IRRITATION, OR WOUNDS.
5. STOP USING THIS APPLIANCE IMMEDIATELY IF YOU FEEL DISCOMFORT OR IF ANY PAIN OR IRRITATIONS OCCURS.
6. DO NOT CONNECT THE PLUG TO OR DISCONNECT IT FROM POWER OUTLET WITH WET HANDS.
7. DO NOT USE THIS APPLIANCE CONSECUTIVELY FOR OVER 30 MINUTES.
8. DO NOT USE THE APPLIANCE WHILE SLEEPING OR IF YOU ARE FEELING DROWSY.
9. ALWAYS TURN THE POWER OFF FIRST BEFORE REMOVING THE PLUG. PLEASE REMOVE BY GRASPING THE PLUG INSTEAD OF THE CORD.
10. MAKE SURE THAT THE POWER APPLIED ON THIS APPLIANCE MATCHES THE RATED POWER.
11. CLOSE SUPERVISION IS NECESSARY WHEN THIS APPLIANCE IS USED FROM 12 YEARS OLD TO 18 YEARS OLD. CHILDREN UNDER 12 YEARS OLD ARE PROHIBITED TO USE THIS APPLIANCE. AGES 12: 1 SESSION EVERY TWO OR THREE WEEKS, SHOULD UNDERGO 10-15 MINUTES. AGES 13-18: 1 SESSION A WEEK, SHOULD UNDERGO 15-20 MINUTES. AGES 19-UP EVERY OTHER DAY AND DO NOT EXCEED 3 TIMES PER WEEK.
12. THIS APPLIANCE SHOULD BE USED FOR ITS INTENDED PURPOSE ONLY. USERS SHOULD BE RESPONSIBLE FOR CONSEQUENCES CAUSED BY IMPROPER OPERATION ON THIS APPLIANCE.
13. DO NOT USE THE HERBAL GINGER TABLETS IF YOU ARE ALLERGIC TO ANY OF THE INGREDIENTS.

NOTE: WE RECOMMEND USING WARM WATER FOR A BETTER RELAXATION DURING THE SESSIONS. THE BioVitta Wellness IS NOT A MEDICAL DEVICE AND IT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT DISEASE. THE BioVitta DETOX.COM MAKES NO MEDICAL CLAIMS AND MAKES NO STATEMENTS OF VALIDATION. ALWAYS CONSULT WITH YOUR PROFESSIONAL HEALTH CARE PROVIDER BEFORE BEGINNING ANY HEALTH CARE REGIMENT. THIS SITE AND ITS SERVICES ARE FOR CONSUMER EDUCATIONAL USE ONLY. NOTHING CONTAINED IN THIS SITE IS OR SHOULD BE CONSIDERED, OR USED AS SUBSTITUTE FOR, MEDICAL ADVICE, DIAGNOSIS OR TREATMENT. THE SERVICE PROVIDED ON THIS SITE ARE HERE TO EDUCATE CONSUMERS ON HEALTH CARE AND MEDICAL ISSUES THAT MAY AFFECT THEIR DAILY LIVES.

# PACKAGE CONTENTS



**1 Basin**



**1 Spoon**



**Ginger Tablets (15 un)**



**1 New Control Panel**



**1 Array**



**1 Power Supply**



**E-book Access**

This e-book is sent to customer at the moment of the purchase



**Liners (15 un)**



**User's Manual**

# ASSEMBLY INSTRUCTIONS

**1** SEPARATE THE LID FROM THE FOOT BASIN.



**2** INSTALL THE CONTROL PANEL ON THE FOOT BASIN.



**3** CONNECT THE POWER SUPPLY AND THE ARRAY TO THE CONTROL PANEL.



# OPERATION INSTRUCTIONS

## 1 THE FOOT BATH CAN BE USED IN THREE DIFFERENT WAYS:

**1.1 IONIC BATH:** PUT THE ARRAY INTO THE FOOT BASIN AND ADD WARM WATER. MAKE SURE THAT WATER SURFACE IS OVER THE TOP ON THE ARRAY. ADD ONE SPOON OF SALT (PLEASE USE THE SPOON PROVIDED IN THE PACKAGE). FOLLOW THE NEXT STEPS (STEP 2 AND STEP 3). ENJOY YOUR IONIC FOOT BATH FOR 30 MINUTES.



**1.2 IONIC + GINGER BATH:** PUT THE ARRAY INTO THE FOOT BASIN AND ADD WARM WATER. MAKE SURE THAT WATER SURFACE IS OVER THE TOP ON THE ARRAY. ADD ONE SPOON OF SALT (PLEASE USE THE SPOON PROVIDED IN THE PACKAGE). IT IS RECOMMENDED TO USE WARM WATER (APPROXIMATELY 107.6°F/42°C). ADD 1 EFFERVESCENT GINGER TABLET INTO WARM WATER. WAIT 2 MINUTES UNTIL THE TABLET IS COMPLETELY DISSOLVED. FOLLOW THE NEXT STEPS (STEP 2 AND STEP 3). ENJOY YOUR IONIC HERBAL FOOT BATH FOR 30 MINUTES.



**1.3 GINGER BATH:** ADD 2 EFFERVESCENT GINGER TABLET INTO WARM WATER. WAIT 2 MINUTES UNTIL THE TABLETS ARE COMPLETELY DISSOLVED. IT IS RECOMMENDED TO USE WARM WATER (APPROXIMATELY 107.6°/42°C). DISREGARD THE NEXT STEPS (STEP 2 AND STEP 3). ENJOY YOUR HERBAL FOOT BATH FOR 30 MINUTES.



# OPERATION INSTRUCTIONS

2

CONNECT THE POWER AND THEN THE SIX LIGHT INDICATORS ON THE CONTROL PANEL WILL START FLICKERING. THIS MEANS THAT THE APPLIANCE IS IN THE STANDBY MODE.



3

PUT YOUR FEET INTO THE FOOT BASIN AND PRESS THE START BUTTON TO START THE FOOT SPA COURSE.



# OPERATION INSTRUCTIONS

1



2



3



4



5



6





# SPECIFICATIONS

Power	25 W
Frequency	from 50 Hz to 60 Hz
Input Voltage	110 - 240V
Output	from 0 V to 12 V; from 0 A to 2.0 A

# TROUBLESHOOTING CHECKLIST

Issues	Possible Cause(s)	Solution(s)
All of the six light indicators don't flicker after the power is connected.	<ol style="list-style-type: none"> <li>1. The power supply is not connected well.</li> <li>2. The control panel is broken.</li> </ol>	<ol style="list-style-type: none"> <li>1. Make sure that the power supply is connected well.</li> <li>2. Change to another control panel.</li> </ol>
The light indicators don't light up as expected when the time is counting down.	<ol style="list-style-type: none"> <li>1. The power supply is not connected well.</li> <li>2. The control panel is broken.</li> </ol>	<ol style="list-style-type: none"> <li>1. Make sure that the power supply is connected well.</li> <li>2. Change to another control panel.</li> </ol>
- The light on power supply doesn't turn on after connected to the power	The power supply is broken.	Change to another power supply.

# FAQ

## FREQUENTLY ASKED QUESTIONS

### 1. HOW DOES AN IONIC DETOX FOOT BATH WORK?

IONIZATION IS A FAMILIAR PROCESS. HOWEVER, THE CONCEPT OF USING IONIZATION IN A FOOT BATH, SUCH AS THE BioVitta Wellness™, IS A RELATIVELY NEW IDEA. IN NATURE, IONS ARE GENERATED BY THE MOVEMENT OF WATER MOLECULES. THINK OF HOW GOOD YOU FEEL WHILE WALKING ALONG A BEACH OR NEAR A WATERFALL. WE ARE CREATING THE SAME REACTION WITH THE BioVitta Wellness™ PROCESS, ONLY MAGNIFIED MANY TIMES OVER.

THE ARRAY IS PLACED IN THE WATER. WHEN TURNED ON, THE CONTROL UNIT DELIVERS A CLEAN, FILTERED CURRENT TO THE ARRAY, WHICH

DOES TWO THINGS. FIRST, IT ELICITS A RELAXATION RESPONSE IN THE BODY. SECOND, THE CURRENT CAUSES THE ARRAY METALS, IN COMBINATION WITH THE WATER AND SALT, TO GENERATE POSITIVELY AND NEGATIVELY CHARGED IONS. THESE IONS DRAW OPPOSITELY CHARGED TOXINS FROM THE RELAXED BODY INTO THE WATER.

### 2. WHAT ARE THE MOST COMMON BENEFITS OF THE IONIC DETOX?

BASED ON ALL OF THE CUSTOMER FEEDBACKS WE HAVE RECEIVED OVER THE YEARS THESE ARE SOME OF THE MOST COMMON BENEFITS:

- FEEL MORE ENERGETIC
- CLEAR YOUR SKIN COMPLEXION
- BALANCE PH LEVEL
- IMPROVE SLEEP QUALITY
- BOOST YOUR IMMUNE SYSTEM
- IMPROVE FOCUS AND MENTAL CLARITY
- REDUCE SWELLING AND INFLAMMATION
- IMPROVE METABOLISM
- RELIEVE ANXIETY
- RELIEVE PAIN

# FAQ

## FREQUENTLY ASKED QUESTIONS

### **3. IS THIS A MEDICAL DEVICE, CAN IT CURE OR TREAT MY ILLNESS?**

THE BioVitta Wellness IS NOT A MEDICAL DEVICE AND IT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT DISEASE.

THE BioVitta DETOX.COM MAKES NO MEDICAL CLAIMS AND MAKES NO STATEMENTS OF VALIDATION. ALWAYS CONSULT WITH YOUR PROFESSIONAL HEALTH CARE PROVIDER BEFORE BEGINNING ANY HEALTH CARE REGIMENT.

THIS SITE AND ITS SERVICES ARE FOR CONSUMER EDUCATIONAL USE ONLY. NOTHING CONTAINED IN THIS SITE IS OR SHOULD BE CONSIDERED, OR USED AS A SUBSTITUTE FOR, MEDICAL ADVICE,

DIAGNOSIS OR TREATMENT. THE SERVICES PROVIDED ON THIS SITE ARE HERE TO EDUCATE CONSUMERS ON HEALTH CARE AND MEDICAL ISSUES THAT MAY AFFECT THEIR DAILY LIVES. THIS SITE AND ITS SERVICES DO NOT CONSTITUTE THE PRACTICE OF ANY MEDICAL, NURSING OR OTHER PROFESSIONAL HEALTH CARE ADVICE, DIAGNOSIS OR TREATMENT.

### **4. HOW LONG DOES A SESSION TAKE?**

EACH SESSION MAY TAKE 15-30 MINUTES.

### **5. HOW OFTEN CAN I DO MY SESSIONS?**

CLOSE SUPERVISION IS NECESSARY WHEN THIS APPLIANCE IS USED FROM 12 YEARS OLD TO 18 YEARS OLD. CHILDREN UNDER 12 YEARS OLD ARE PROHIBITED TO USE THIS APPLIANCE. AGES 12: 1 SESSION EVERY TWO OR THREE WEEKS, SHOULD UNDERGO 10-15 MINUTES. AGES 13-18: 1 SESSION A WEEK, SHOULD UNDERGO 15-20 MINUTES. AGES 19-UP EVERY OTHER DAY AND DO NOT EXCEED 3 TIMES PER WEEK.

# FAQ

## FREQUENTLY ASKED QUESTIONS

### **6.WHY DOES THE COLOR CHANGE WITHOUT FEET IN THE WATER?**

PEOPLE WHO DO NOT UNDERSTAND THE IONIC DETOX TECHNOLOGY OFTEN ARE SURPRISED THAT IT IS NOT CREDIBLE BECAUSE THE WATER CHANGES COLOR WITHOUT FEET INSIDE OF IT.WHILE MANY BRANDS SPREAD MISINFORMATION ABOUT COLOR CHANGE, WE THINK IT IS TIME TO SET THE RECORD STRAIGHT.

THE PRIMARY GOAL OF THE BioVitta Wellness™ IS NOT TO CHANGE COLORS IN WATER, BUT TO RELAX, ENERGIZE AND STIMULATE BODY DETOXIFICATION THROUGH NORMAL PROCESSES OF URINATION, DEFECATION, AND PERSPIRATION. THEREFORE, STRENGTHENING THE IMMUNE SYSTEM, ASSISTING WITH INTERNAL BODY CLEANSE, AND IMPROVING OVERALL HEALTH.

DURING YOUR SESSION, THE WATER IN THE BASIN WILL ALWAYS CHANGE COLOR WHETHER YOUR FEET ARE IN THE WATER OR NOT. THIS IS DUE TO THE ELECTROLYTIC REACTION INVOLVING THE ARRAY, SALT, WATER, MINERALS, AND IMPURITIES IN THE WATER. WHEN FEET ARE IN WATER, THE COLORS ARE ALSO AFFECTED BY OILS BEING RELEASED FROM THE SEBACEOUS GLANDS, DEAD SKIN CELLS, AND THE USER'S OWN ACIDITY/ALKALINITY.

SOME OF THE NEUTRALIZED TOXINS ALSO EXIT THE BODY THROUGH THE PORES OF THE FEET DUE TO OSMOSIS. ONCE THE NEGATIVE HYDROGEN IONS ARE INTRODUCED VIA IONIC DETOX THROUGH THE 4,000+ LARGE PORES IN THE FEET AND ARE CIRCULATED THROUGHOUT THE BODY, THEY ACT AS ANTIOXIDANTS, THEY LOSE ELECTRONS EASILY. IT IS THIS

PROCESS THAT NEUTRALIZES FREE RADICALS. AN UNUSUAL AMOUNT OF PARTICULAR COLORS MAY INDICATE THAT A PERSON HAS ACCUMULATED TOXINS IN CERTAIN AREAS OR FROM CERTAIN CONDITIONS RESULTING IN IONIC DETOX ASSISTING THOSE AREAS.

ALWAYS REMEMBER THAT THE PRESENCE OF NEGATIVE IONS IN THE BODY HELP RID ITSELF OF TOXINS THROUGH ITS NORMAL PROCESSES OF URINATION, DEFECATION AND SWEATING. SOME TOXINS LEAVE THE BODY THROUGH THE PORES OF THE FEET. AS A RESULT, COLOR CHANGES IN

THE WATER SHOULD NOT BE THE MAIN FOCUS. INSTEAD, FOCUS ON HOW YOU FEEL.

# FAQ

## FREQUENTLY ASKED QUESTIONS

### **7. CAN ANYONE USE THE IONIC DETOX?**

THE IONIC FOOT BATH SHOULD NOT BE USED BY INDIVIDUALS WHO ARE EPILEPTIC, HEMOPHILIACS, OR THOSE WITH A PACEMAKER, IMPLANTED ORGANS, OR ON BLOOD THINNERS. IT SHOULD ALSO NOT BE USED BY CHILDREN UNDER THE AGE OF 12, OR DURING PREGNANCY OR LACTATION. THERE MAY BE OTHER SITUATIONS IN WHICH YOU SHOULD NOT USE THIS UNIT. PLEASE CONSULT YOUR HEALTH CARE PROVIDER IF YOU ARE UNCERTAIN.

### **8. WHAT CAN I EXPECT AFTER A DETOX FOOT BATH SESSION?**

MOST PEOPLE WILL FEEL RELAXED, BALANCED, AND FOCUSED. THERE IS USUALLY NO PAIN. AFTER A DETOX FOOT BATH, CLIENTS ARE ENCOURAGED TO DRINK PLENTY OF WATER MAKING THE PROCESS OF DETOXIFICATION EASIER AND MORE COMFORTABLE.

BASED ON ALL OF THE CUSTOMER FEEDBACKS WE HAVE RECEIVED OVER THE YEARS, THESE ARE SOME OF THE MOST COMMON BENEFITS:

- FEEL MORE ENERGETIC
- CLEAR YOUR SKIN COMPLEXION
- BALANCE PH LEVEL
- IMPROVE SLEEP QUALITY
- BOOST YOUR IMMUNE SYSTEM
- IMPROVE FOCUS AND MENTAL CLARITY
- REDUCE SWELLING AND INFLAMMATION

### **9. HOW DO I PRESERVE AND CLEAN THE ARRAY?**

INITIALLY YOU CAN RINSE YOUR ARRAY WITH VERY WARM WATER AND PAT DRY WITH A TOWEL.

DIP THE ARRAY IN A SOLUTION MIXTURE OF 1 PART VINEGAR TO 2 QUARTS WARM WATER FOR A COUPLE OF MINUTES. THEN BRUSH THE ARRAY TO REMOVE ACCESS PARTICLES AND RINSE THOROUGHLY WITH WARM WATER AND PAT DRY.

IF YOU ARE USING THE FOOT BATH IN A PROFESSIONAL SETTING WE WOULD RECOMMEND THE USE OF A GOOD DISINFECTANT CLEANER RATHER THAN THE STEPS NOTED ABOVE.

ALWAYS CLEAN THE ARRAY AFTER EACH USE.

# FAQ

## FREQUENTLY ASKED QUESTIONS

### 10. HOW LONG WILL THE ARRAY LAST?

IF THE ARRAY ITSELF IS PROPERLY CARED FOR, IT WILL LAST 20-30 SESSIONS. THE GENERATING RODS IN THE ARRAY WILL EVENTUALLY LOSE THEIR EFFECTIVENESS AFTER APPROXIMATELY 20-30 SESSIONS. THEY WILL EVENTUALLY LOSE THEIR CONDUCTIVE PROPERTIES AND WILL NEED TO BE REPLACED. YOU CAN PURCHASE A NEW SET OF ARRAYS FROM US.

### 11. WHY DO MY FEET TINGLE?

IT IS NORMAL TO FEEL A SLIGHT TINGLING SENSATION DURING A SESSION, BUT IF YOU EXPERIENCE UNCOMFORTABLE TINGLING OR ITCHING THIS IS AN INDICATION THERE IS TOO MUCH SALT IN THE WATER. USE THE CORRECT AMOUNT OF SALT ON YOUR NEXT SESSION. TOO MUCH SALT WILL ALTER THE EFFECTS OF THE SESSION; INCREASING THE SALT ALSO INCREASES THE AMPERAGE OF THE CURRENT. TOO MUCH SALT CAN RESULT IN OVERHEATING THE POWER UNIT CAUSING IT TO SHUT DOWN. THE POWER SUPPLY WILL NOT RESUME OPERATION UNTIL IT HAS FULLY COOLED DOWN, USUALLY IN ABOUT 25 MINUTES. THE LEVEL OF WATER SHOULD COVER THE ARRAY. IT'S RECOMMENDED TO ADD 1 SCOOP OF SALT. WE RECOMMEND USING PERMANENT MARKER TO MARK THE WATER LEVEL. THIS WILL ENSURE THE SAME RESULTS WITH EACH USE WITH THE SAME AMOUNT OF WATER AND SALT ADDED.

# FAQ

## FREQUENTLY ASKED QUESTIONS

### **12. IS MY ARRAY BROKEN IF IT DOES NOT PRODUCE BUBBLES?**

NO, BUBBLES ARE NOT ESSENTIAL FOR THE PROCESS OF IONIZATION. ALSO, NOT ALL SESSIONS WILL HAVE BUBBLES, IT MAY VARY FROM TYPE OF WATER, SALT, ETC.

### **13. MY FOOT DETOX MACHINE KEEPS BEEPING AND SHUTS OFF. WHAT CAN I DO?**

WHEN YOUR MACHINE IS CONTINUALLY BEEPING, IT MEANS THAT YOU HAVE ADDED TOO MUCH SALT IN THE WATER.

THE EXCESSIVE AMOUNT OF SALT CAUSES THE AMPERAGE OF THE MACHINE TO EXCEED THE 2.0 MARK.

IF YOU HAVE ALREADY ADDED TOO MUCH SALT, SIMPLY ADD MORE WATER, OR DUMP OUT THE WATER AND START AGAIN.

### **14. WHAT TYPE OF SALT CAN I USE?** YOU CAN USE REGULAR SALT.

### **15. HOW CAN I CONTACT THE SUPPORT?**

BioVitta Wellness #1 PRIORITY WILL ALWAYS BE OUR CUSTOMER'S SATISFACTION. YOU WILL BE ABLE TO REACH OUT OUR SUPPORT TEAM FROM OUR WEBSITE THROUGH THE CONTACT FORM:

[HTTPS://WWW.BIOVITTAWELLNESS.COM/PAGES/CONTACT-US](https://www.biovittawellness.com/pages/contact-us)

YOU CAN ALSO CONTACT OUR CUSTOMER CENTER TEAM SENDING AN EMAIL TO:

[SUPPORT@BIOVITTAWELLNESS.COM](mailto:SUPPORT@BIOVITTAWELLNESS.COM)

# FAQ

## FREQUENTLY ASKED QUESTIONS

### **16. HOW CAN I RETURN MY ORDER?**

BioVitta PROVIDES A 30-DAY (AFTER DELIVERED) WARRANTY ON ALL PRODUCTS. IF YOU ARE NOT SATISFIED WITH YOUR PURCHASE, SUBMIT YOUR RETURN REQUEST THROUGH OUR RETURNS CENTER PORTAL OR NOTIFY US BY E-MAIL. THE RETURN CENTER IS AVAILABLE ON OUR WEBSITE: [WWW.THEBioVittaDETOX.COM](http://WWW.THEBioVittaDETOX.COM), UNDER THE HELP CENTER SECTION.

### **THE FOLLOWING TERMS APPLY:**

REFUNDS WILL BE ACCEPTED WITHIN 30 DAYS OF DELIVERY.

REFUNDS WILL ONLY BE SUBMITTED AFTER WE RECEIVE AND INSPECT THE ITEMS RETURNED.

BioVitta Wellness IS NOT RESPONSIBLE FOR SENDING RETURN LABELS.

•REFUNDS WILL NOT BE ACCEPTED IF THE REASON IS A "MISSING ITEM" THAT IS NOT LISTED AS INCLUDED IN THE PURCHASE. ALL THE ITEMS THAT COME IN EVERY PURCHASE ARE PROPERLY LISTED IN THE DESCRIPTION.

•THE PRODUCTS MUST BE RETURNED IN NEW, RESELLABLE CONDITION.

PRODUCTS THAT ARE ALTERED OR DAMAGED (SCRATCHES, WRECKAGE, ETC.) DO NOT QUALIFY AND MAY BE DISCARDED.

•THE ITEMS THAT WERE RETURNED WITH UNOPENED BOXES WILL BE REFUNDED 100% OF THE AMOUNT. THE ITEMS THAT WERE RETURNED WITH OPENED BOXES (REGARDLESS OF WHETHER THE PRODUCT WAS USED OR NOT) WILL BE REFUNDED 85% OF THE AMOUNT DUE TO RESTOCK COSTS.



*Thank!  
You!*

IT IS A PLEASURE TO HAVE YOU AS OUR CUSTOMER!  
CUSTOMERS LIKE YOU MAKE OUR BUSINESS  
POSSIBLE, AND WE TRULY APPRECIATE YOUR  
SUPPORT.

WE HOPE YOU ENJOY YOUR PURCHASE!  
IF YOU HAVE ANY QUESTIONS OR NEED ANY  
ASSISTANCE, DO NOT HESITATE TO CONTACT OUR  
CUSTOMER SUPPORT TEAM.

[SUPPORT@BIOVITTAWELLNESS.COM](mailto:SUPPORT@BIOVITTAWELLNESS.COM)

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