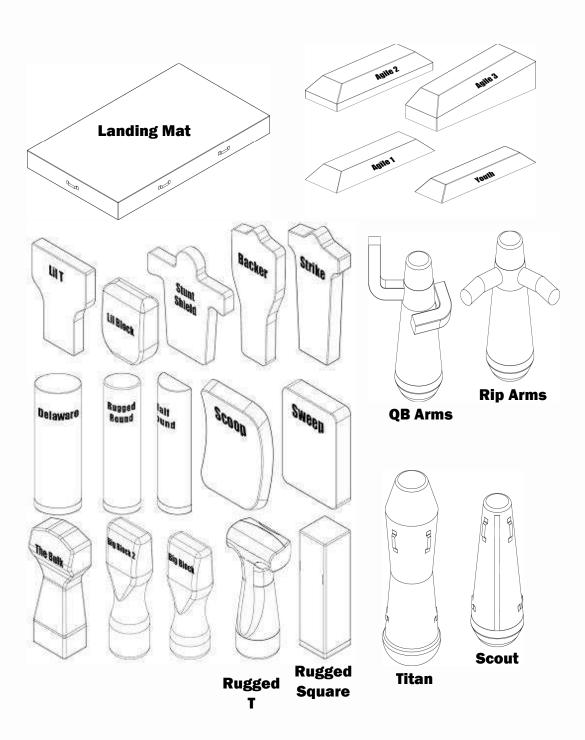


# For the Perfection of Football Fundamentals™

# PRODUCT INFORMATION PACKET PRODUCT NAME: SHIELDS, DUMMIES, AGILES AND LANDING MAT



### TABLE OF CONTENTS

•	Introdu	uction	
•	Genera	al Safety Rules	2
	Techni	ical Specifications	
	-	Standing Dummies	
	-	Shields	5
		Agiles	
		Pop-Up Dummies	
	-	Landing Mat	9
	-	Pop-Up Accessory Arms	10
•	Mainte	enanceenance	11
•	Custor	mer Service Information	

### INTRODUCTION

All of the Rogers Athletic dummies, shields, agiles and landing mats have been designed and manufactured with safety, performance and dependability as top priorities, making them easy to use and maintain.

The care you give your practice pads will greatly determine your satisfaction with their performance and service life. Careful study of this manual is encouraged to obtain a thorough understanding of your new practice pads and their functions and maintenance.

If your manual becomes lost or destroyed, Rogers Athletic will gladly provide you with a new copy. Should you require additional information or assistance, please feel free to contact us at 1-800-457-5337.

BECAUSE ROGERS ATHLETIC MAINTAINS AN ONGOING PROGRAM OF PRODUCT DEVELOPMENT AND IMPROVEMENT, WE RESERVE THE RIGHT TO MAKE IMPROVEMENTS IN DESIGN OR CHANGES IN SPECIFICATIONS WITHOUT INCURRING ANY OBLIGATIONS TO INSTALL THEM ON UNITS PREVIOUSLY SOLD.



### **WARNING!**

### READ AND UNDERSTAND ALL INSTRUCTIONS.

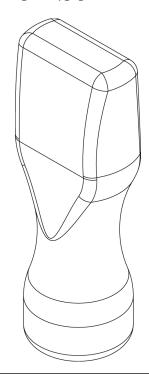
Failure to follow all instructions listed below may result in serious personal injury.

### SAVE THESE INSTRUCTIONS

- Supervision of athletes while using the equipment is recommended. Horse play such as climbing
  on the machine or using the machine for unintended purpose can result in injuries.
- Athletes should be oriented in the proper use of the equipment.
- Athletes should be properly fit to engage in a workout regimen. Obtaining a medical exam prior to beginning any training program is recommended. If an athlete feels faint, dizzy, or experiences pain at any time while exercising, they should stop exercising and consult a physician.
- Inspect equipment prior to use. DO NOT use if it appears damaged or inoperable.
- This Product Information Packet is an integral part of this machine. Save these instructions. If they are lost or damaged or if you would like another copy, a copy can be downloaded from www.RogersAthletic.com
- Reading the Product Information Packet is recommended. Failure to read this Packet is considered a misuse of this equipment.
- Warning labels are an integral part of this equipment. Become familiar with all caution/warning labels and never cover or deface caution/warning labels.
- Deploy the equipment allowing sufficient room for safe access to the machine, adequate room
  for the coaches to stand and to ensure that the machine or players do not collide with a wall,
  another machine, or other players through the entire training exercise.
- Unit is designed for training multiple offensive and defensive drills with proper technique. Do not use pads for anything other than its approved purpose.
- Equipment is designed for use by one person per pad at a time. Keeping other athletes and spectators away from the pads during use is recommended.
- When not in use, store this equipment in a secure controlled area. Unsupervised and/or inappropriate use of this equipment could result in serious injury.

### ROGERS PRACTICE PAD SPECIFICATIONS

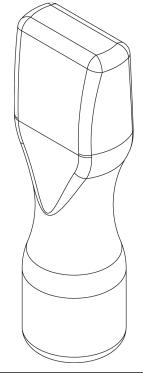
### **BIG BLOCK**



Wt: 22 lbs Ht: 52" Width: 20"

- Cover made of durable 18 oz vinyl. - - Molded foam core
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Jersey style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

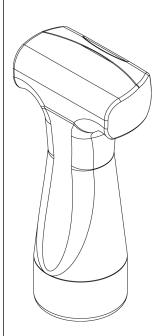
### **BIG BLOCK PRO**



Weight: 25 lbs Height: 58" Width: 20"

- Cover made of 18 oz vinyl.
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Molded foam core.
- Jersey-style numbers for aiming points.
- -Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

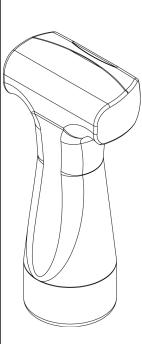
### RUGGED T



Weight: 19 lbs Height: 52" Width: 20"

- Cover made of 18 oz vinyl.
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Molded foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

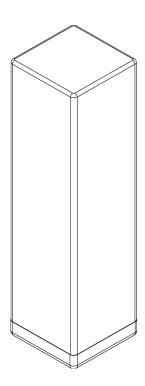
### HEAVY T



Weight: 45 lbs Height: 52" Width: 20"

- Cover made of 18 oz vinyl.
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Molded foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

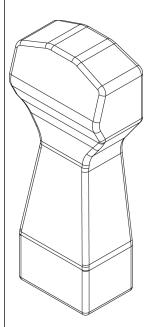
### RUGGED SQUARE



Weight: 18 lbs Height: 36" Width: 31" Thickness: 4"

- Cover made of 18 oz vinyl.
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of sea belt webbing with an enclosed foam insert for added comfort

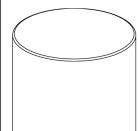
### THE BULK



Weight: 90 lbs Height: 60" Width: 27" Thickness: 14"

- Cover made of 18 oz vinyl.
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Molded foam core.
- Jersey-style numbers for aiming points.
- Handles are made of sea belt webbing with an enclosed foam insert for added comfort

### **DELAWARE & DELAWARE PRO**

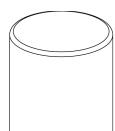


Weight: 50 lbs (Pro: 80 lb) Height: 51" (Pro: 72")

Diameter: 18"

- Cover made of 18 oz vinyl.
- Sand bag insert for weight.
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort

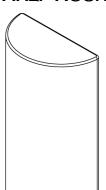
### RUGGED ROUND



Weight: 10 lbs Height: 52" Diameter: 14"

- Cover made of 18 oz vinyl.
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of sea belt webbing with an enclosed foam insert for added comfort

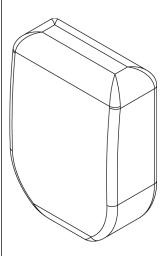
### HALF ROUND



Weight: 7 lbs Height: 52" Width: 14" Radius: 7"

- Cover made of 18 oz vinyl.
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of sea belt webbing with an enclosed foam insert for added comfort

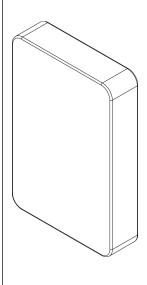
### LIL BLOCK



Weight: 11 lbs Height: 26" Width: 18" Thick: 9"

- Cover made of 18 oz vinyl.
- Molded foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

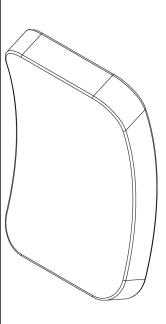
### **SWEEP**



Weight: 6 lbs
Height: 30"
Width: 20"
Thickness: 5.5"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

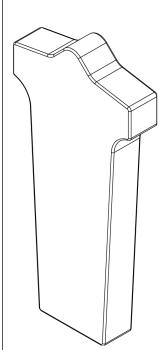
### **SCOOP**



Weight: 5 lbs Height: 32" Width: 20" Thickness: 4"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

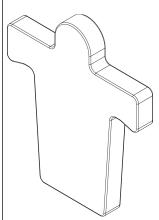
### STRIKE PAD



Weight: 5 lbs Height: 42" Width: 20" Thickness: 5"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort

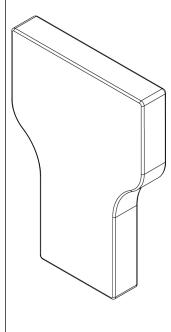
### STUNT SHIELD



Weight: 5 lbs Height: 36" Width: 31" Thickness: 4"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort

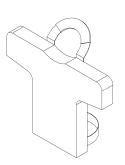
### LIL T



Weight: 4 lbs Height: 30" Width: 20" Thickness: 4"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

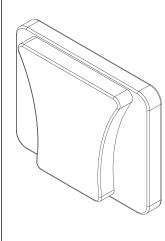
### HANDS FREE SHIELD



Weight: 7 lbs Height: 21" Width: 26" Thickness: 3"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

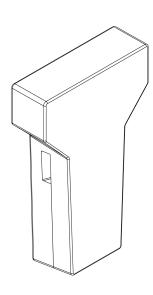
### PACKER SHIELD



Weight: 4 lbs Height: 19" Width: 24" Thickness: 5"

- Cover made of 18 oz vinyl.
- 3D shield simulates shoulder pad breast plate for aiming and hand placement.
- Cut foam core.
- Jersey-style numbers for aiming points.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

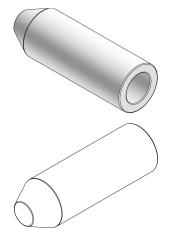
### HANDS PAD



Weight: 6 lbs Height: 31 ½" Width: 20" Thickness: 6 ½"

- Cover made of 18 oz vinyl.
- Side pockets simulate shoulder pad targets.
- Cut foam core.
- Jersey-style numbers.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

### **BULLET ARMS**



Weight: 3 lbs Height: 24" Diameter: 8" Hole Dia.: 5"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Pads fit over coach's arms to practice hand combat with live motion.

### **BICEP FLIPPERS**

Weight: 5 lbs Thickness: 2"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Forearm and bicep protection during aggressive drills.

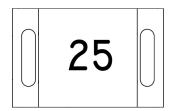


### **ARM FLIPPERS**

Weight: 3 lbs Thickness: 2"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Pads fit over players' arms to protect arms, hands and knuckles in scrimmages.

### **JAM BAG**



Weight: 25, 35, 50, 75 and 100lb

Height: 16" Width: 24 ½"

- Cover made of 18 oz vinyl.
- Sand filled core.



### AGILE 1

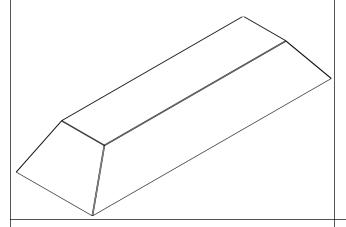
 Weight:
 8 lbs

 Height:
 7 7/8"

 Width:
 18"

 Length:
 50"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



### AGILE 2

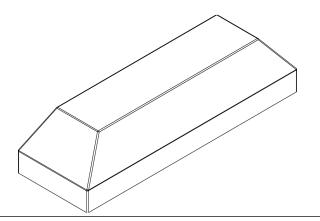
 Weight:
 9 lbs

 Height:
 11 5/8"

 Width:
 18"

 Length:
 50"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



### AGILE 3

Weight: 15 lbs
Height: 18-24" taper
Width: 16 F"

Width: 16.5" Length: 50"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



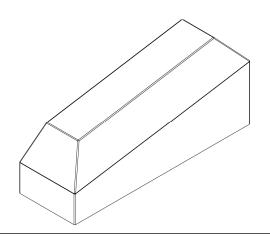
 Weight:
 3 lbs

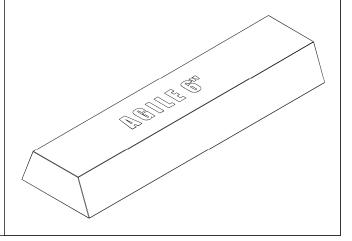
 Height:
 6"

 Width:
 13 1/2"

 Length:
 47"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

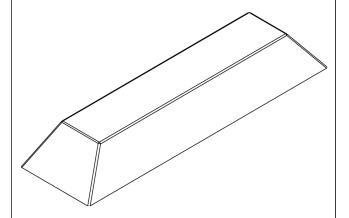




### YOUTH AGILE

Weight: 3 lbs
Height: 6"
Width: 12"
Length: 41"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



### **ROCKET POP-UP**

Weight: 60 lbs Height: 48" Width: 22" Length: 22"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



### LIL ROUND

 Weight:
 10 lbs

 Height:
 52"

 Width:
 14"

 Length:
 14"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



### LIL SWEEP

Weight: 3 lbs Height: 24" Width: 16" Length: 4"

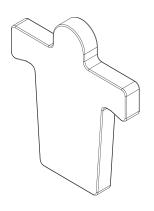
- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



### LIL STUNT

Weight: 5 lbs
Height: 24"
Width: 20"
Length: 4"

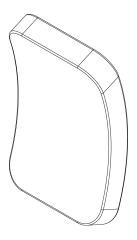
- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



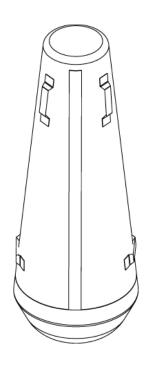
### LIL SCOOP

Weight: 3 lbs
Height: 26"
Width: 16"
Length: 4"

- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



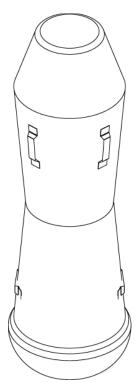
### SCOUT POP-UP



Weight: 122 lbs Height: 60"

- Weighted base keeps dummy upright, and brings dummy back to upright after being tackled.
- Cover made of 18 oz vinyl.
- Jersey-style numbers for aiming points.
- Molded foam base, cut foam top
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

### TITAN POP-UP



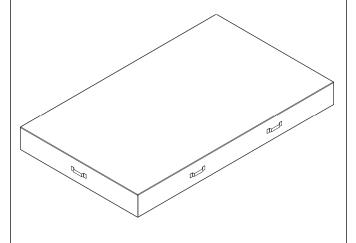
Weight: 130 lbs Height: 72"

- Weighted base keeps dummy upright, and brings dummy back to upright after being tackled.
- Cover made of 18oz vinyl.
- Heavy duty 40 oz vinyl bottoms for greater wear life.
- Molded foam base, cut foam top.
- Jersey-style numbers for aiming points.
  - Handles are made of seat belt webbing with an enclosed foam insert for added comfort.

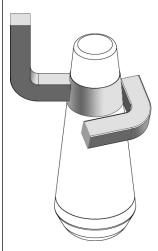
### LANDING MAT

Weight: 145 lbs Height: 12" Width: 6' Length: 10'

- Cover made of 18 oz vinyl.
- Cut foam core.
- Handles are made of seat belt webbing with an enclosed foam insert for added comfort.



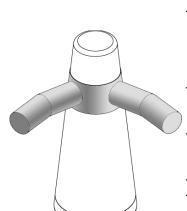
### **QB ARMS**



Weight: 3 lbs Size: 5"sq x 20"long

- Raised arm simulates QB ready to throw.
- Lower arm simulates running back to teach ball stripping.
- Arms buckle to Scout and Titan Pop-Ups easily.
- Cover made of durable 18oz vinyl.
- Cut foam core.
- Comes with Velcro patches to attach to the ball and to the arms which allows the arms to hold the football. (football not included)

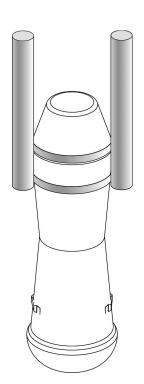
### RIP ARMS



Weight: 3 lbs Size: 6"dia x 20"long

- Arms are
  extended like
  they would be on
  game day,
  adding realism.
- Arms buckle to Scout and Titan Pop-Ups easily. Cover made of
- Cover made of durable 18oz vinyl.
- Cut foam core.
- Comes with
  Velcro patches to
  attach to the ball
  and to the arms
  which allows the
  arms to hold the
  football. (football
  not included)

### SKELLY ARMS



Weight: 3 lbs Size: 5"dia x 41"long

- Dual raised arms simulate defensive front.
- Arms buckle to Scout and Titan Pop-Ups easily.
- Cover made of durable 18oz vinyl.
- Cut foam core.
- Comes with Velcro patches to attach to the ball and to the arms which allows the arms to hold the football. (football not included)



## WARNING! READ AND UNDERSTAND ALL MAINTENANCE PROCEDURES.

Failure to follow all procedures listed below may cause serious injury and a decrease in the equipments functional existence.

- Field equipment should be washed periodically with soapy water to maintain original surface finish.
- Replace any damaged equipment with genuine Rogers Athletic parts. Failure to do so may result in unsafe equipment and/or personal injury.
- Storing pads in a safe dry building when not in use will reduce wear and tear on equipment.

### **CUSTOMER SERVICE**

For parts or service contact Rogers Athletic Company. When ordering parts be sure to provide all relevant information available including the name and part number of the equipment purchased. This information is located on the cover of this product information package. Customer service hours are Monday through Friday from 8:00 a.m. to 5:00 p.m. Eastern Standard Time. Customers can phone (989) 386-2950 or toll free at 1-800-457-5337. Fax toll free at (888) 549-9659 or mail to:

Rogers Athletic Company 3760 W. Ludington Drive Farwell, MI 48622

Rogers Athletic Company 3760 N. Ludington Drive Farwell, MI 48622 www.rogersathletic.com (989) 386-2950 (800) 457-5337 Fax toll free (888) 549-9659