

# SoccerLearningSystems

Since 1980

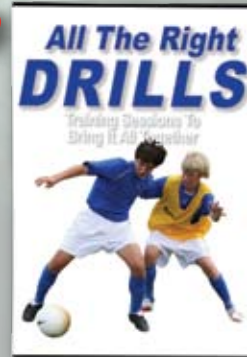
## Summer 2014

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New

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New



## Coaching Futsal

Futsal is one of the fastest growing indoor sports in the world. The game provides many benefits that help with the development of players at all ages, but especially young players. Some of the many benefits of indoor soccer include- more touches of the ball, accurate passing, creativity and improvisation, technical and tactical skills, creating space and decision making.

"In Futsal you need to think quick and play quick  
so it's easier for you when you move  
to normal Soccer"

-Pele



This program will help coaches organize and deliver game related Futsal practices based across the three core strands of attacking, defending and counter attacking/transitional play. It will also provide coaches with an introduction to the the role the game of Futsal can play in developing underlying skills and techniques. The program concentrates on the basic principles of Futsal:

\* Control \* Passing \* Feinting \* Running With The Ball/Dribbling \* Shooting \* Play and Move

111 minutes

MP4 Digital Download- #5457 \$19.99



Digital Download Available



The Future Game



A Technical Guide for Young Players Outlining a Philosophy and Vision for Youth Development in Soccer. The Future Game Vision for Players is to produce technically excellent and innovative players with exceptional decision-making skills. For Coaches The Future Game Vision is to train, develop and support more innovative coaches who are excellent teachers of the game.

These applications operate on a PC or MAC Computer and all video practice sessions and accompanying PDFs are downloadable and compatible with your Android and Apple devices across all screen sizes. Each program features high definition, age-appropriate coaching footage including defending, attacking and goalkeeping sessions. An animated overview using UEFA's 3D TactX software and a printable PDF of each of the field practices are also included.

The Future Game playing philosophy outlines a plan for soccer coaches and clubs to develop their own individualized coaching program and is broken down into the following principles:

- In Possession/Attacking:
\* A possession based approach played through the three thirds of the field.
\* Quality passing and intelligent movement and support off the ball.
\* Penetrative, incisive and varied attacking play combined with good finishing.
\* Counter-attacking whenever opportunities arise.
Out of Possession/Defending:
\* A tactical approach to defending, in which all players contribute.
\* A controlled, calculated and assertive approach when and where necessary.

Additionally, the playing philosophy actively encourages the individual player. Players with varied and unique dribbling skills and the ability to beat defenders, particularly in the final-third, are fundamental to success in The Future Game.

The Foundation Phase:

Age Group 8-11 Year Olds

- Attacking Play:
• Forward Passing and Receiving •
Shooting and Defending Part 1
• Shooting and Defending Part 2 •
Shooting
Defending:
• Individual Defending • Defending The Goal
126 minutes
Download- #4321 \$19.99

Youth Development Phase:

Age Group 12-16 Year Olds

- Attacking Play:
• Counter Attacking • Forward Passing In Advanced Areas
Defending:
• Defending When Outnumbered • Defensive Balance and Compactness
Finishing:
• Shooting Circuit • Crossing And Finishing
165 minutes
Download- #4322 \$19.99

Advanced Development Phase:

Age Group 17-21 Year Olds

- Attacking Play:
• Build Up Play • Counter Attacking From Midfield
Defending:
• Pressing In Small Groups • Continuous Defending
Finishing:
• Finishing 1v1 With a Goalkeeper • Finishing In A Small Sided Game
145 minutes
Download- #4323 \$19.99

Goalkeeping: (Common throughout all programs)

- General Handling • Dealing With Crosses • Shot Stopping In A 4v4



The practices offer ideas to help coaches get started and are conducted by FA Staff Coaches . Practice sessions should be amended and developed according to the needs of individual groups and teams. The content is applicable for both beginner and advanced coaches.

Identical goalkeeping content is included in each program. These goalkeeper sessions include fundamental goalkeeping principles which should be amended and changed according to the age and ability of the players.



Devices Not Included

Save Buy All Three "The Future Game" Downloads for \$49.99 #4324

The Future Game Practice Animations



Devices Not Included

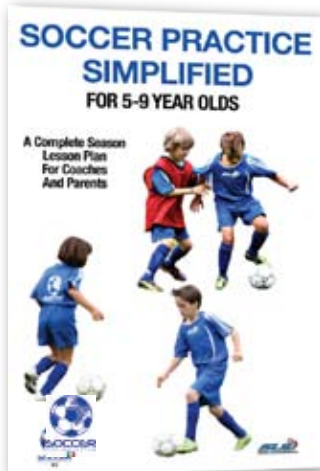
New

This application operates on a PC or MAC Computer and all animations and accompanying PDFs are downloadable and compatible with your Android and Apple devices across all screen sizes. The program features 100 high quality 3-D animations (produced using UEFA TactX software,) including defending and attacking. Over 90 minutes of age appropriate practices and a printable PDF of each of the activities is also included. 90 minutes

Download or DVD-ROM- #4320 \$19.99/\$29.99 Digital Download Available



## New Coaching



### Soccer Practice Simplified For 5-9 Year Olds

#### A Complete Season Lesson Plan For Coaches And Parents

Maximize your players potential with this simple, effective and progressive modern soccer coaching methodology specifically designed for young soccer players. The book has two main parts- The first part is the theory where we identify the main concepts of our ideas: a brief introduction to the general characteristics of children aged 5 to 9 years old, the technical-tactical and physical objectives, and the presentation of the season plan.

The second part is where we present 20 practice lesson plans with proper progressions and all the concepts indicated in the first part are easily identified. All the sessions will follow the same logical structure and are composed of 3 phases:

- Initial phase consisting of a warm up game and a technical activity
- Central phase with a technical activity and a physical exercise
- Final phase where the kids play soccer in small sided games

This book is not meant to be a simple collection of drills and lesson plans, but it is meant to be the presentation of a progressive season long coaching methodology.

42 pages

e-Book or Book- #1303 \$9.99



### Soccer Practice Simplified For 5-9 Year Olds

#### Games, Drills and Activities For Coaches And Parents

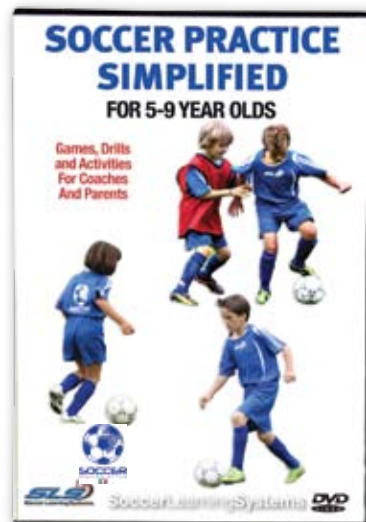
Designed to be a companion for the **Soccer Practice Simplified** book, this progressive DVD shows clear, concise examples of:

- Warm-up Games
- Technical Exercises
- Skill Games
- Coordination Games
- Game Situation Games

Used along side the **Soccer Practice Simplified** book, coaches and parents are presented with a progressive season long coaching methodology.

45 minutes

MP4 Digital Download or DVD- #5451 \$19.99



Buy Both the "Soccer Practice Simplified" book and DVD for \$24.99 #7149

### Soccer Practice Simplified Player's Kit



A great kit for the "Beginner Parent" with a young soccer player in the house.

This kit includes the basic items needed to practice in the backyard or park

- A 'Soccer Practice Simplified' Book for the parent to read and share with the player
- A 'Soccer Practice Simplified' DVD with tons of information and practices that the child can watch with or without the parent
- 1 Soccer ball for practice, Size 4
- 6 Disc cones for marking out the Goal or field

#9000 \$36.00

### Soccer Practice Simplified Player's Kit



A great kit for the new coach with a team of young players. This kit includes the basic items needed for a team practice.

- A 'Soccer Practice Simplified' Book for the parent to read and share with the player
- A 'Soccer Practice Simplified' DVD with tons of information and practices that the child can watch with or without the parent
- 1 Soccer ball for practice, Size 4
- 6 Disc cones for marking out the Goal or field
- 3 scrimmage vests to separate the players into teams

#9001 \$54.00

If you are a club or organization interested in setting up a conference about the unique Italian Style youth soccer training methods; visit [SoccerVideos.com/italianstyle](http://SoccerVideos.com/italianstyle) or e-mail [ItalianStyle@SoccerVideos.com](mailto:ItalianStyle@SoccerVideos.com).



## Soccer Defending- Italian Style

Marking, tackling, intercepting, anticipating, positioning and fundamental elements in the modern game of soccer.

defending the goal are

This DVD presents 42 technical exercises and game situations for the physical and mental development of the young soccer player. The exercises focus on the defensive phase, with the primary objective to develop exceptional technical abilities of soccer defenders, who are becoming more and more scarce in modern soccer.

These exercises develop, improve and maintain **individual defending** technical skills of soccer players when not in possession of the ball.

**Sections Include: Marking And Positioning • Defending The Goal • Tackling • Anticipation/ Intercepting • Balance • Differentiation and Rhythmic Skills • Motor Reaction • Motor Combination**

55 minutes

MP4 Digital Download or DVD- #5444 \$19.99 Digital Download Available



## Ball Control 1- Italian Style

This teaching method has been developed in the youth training programs of the Italian Serie A. It has been very successful in team development coaching programs that have produced players with exceptional technical skills.

The simplicity of this program is a major reason for its success. These 60 exercises aim to develop, improve and maintain individual technical skills regarding ball control. Suitable for players of all ages and abilities, these exercises can be carried out in groups, pairs or alone - all you really need is a ball and a wall. All of these exercises have a play for fun aspect that stimulate the will and motivation of the players during the workouts. Improve your ball control Italian Style!

**Sections Include:**

- **Dribbling**- Change of Direction, Slalom
- **Juggling**- Differentiation, Balance, Rhythm
- **Receiving**- On The Ground, In The Air, Shooting

55 minutes

MP4 Digital Download or DVD- #5429 \$19.99 Digital Download Available

Blu-ray- #5529 \$19.99\*

\* Blu-ray disc requires a Blu-ray DVD player or Sony PS3 connected to a high definition television. Blu-ray discs will not play on a standard DVD player.



## Ball Control 2- Italian Style

**42 Exercises To Develop And Maintain Feinting, Dribbling And Change Of Direction**



These clearly explained exercises for Ball Control demonstrate the techniques of feints, dribbling and change of direction and are a progression from the skill based exercises shown in Ball Control 1. There are more than 40 exercises designed to develop attacking play which will lead to goalscoring opportunities and stimulate the players imagination and creativity.

The techniques of feinting, dribbling and change of direction are fundamental techniques for player development. Players of all ages and levels of experience will find these exercises to be interesting and motivational which will accelerate the players technique and performance.

55 minutes

MP4 Digital Download or DVD #5436 \$19.99 Digital Download Available



## Soccer Training Sessions-Italian Style

**245 Soccer Drills- A full season, Technical & Tactical Learning System For Youth Players**

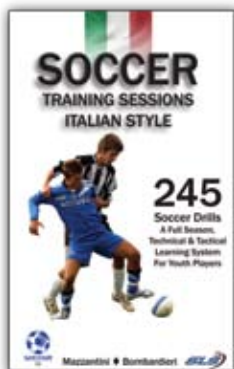
It is important between the ages of 13-15 to begin developing tactical concepts. Based on a successful training methodology used in the youth divisions of a professional football club in Italy, we aim to share with you how to develop technical skills and physical conditioning while simultaneously teach fundamentals of individual and group tactics.

Through each lesson plan we will develop players in a complete training session, from warm up to scrimmage. Technical training is taught by way of an initial warm up game and/or a technical activity. Physical training is achieved through a coordination and/or a conditioning drill. Tactical training for individuals and groups is presented in a game situation or a game with a theme.

There are 45 weekly learning blocks for up to three training sessions per week. In order to ensure the players learn effectively each learning block can be implemented for at least two weeks, providing coaches with the methodology to train your players successfully.

125 pages

e-book- #1301 \$24.99

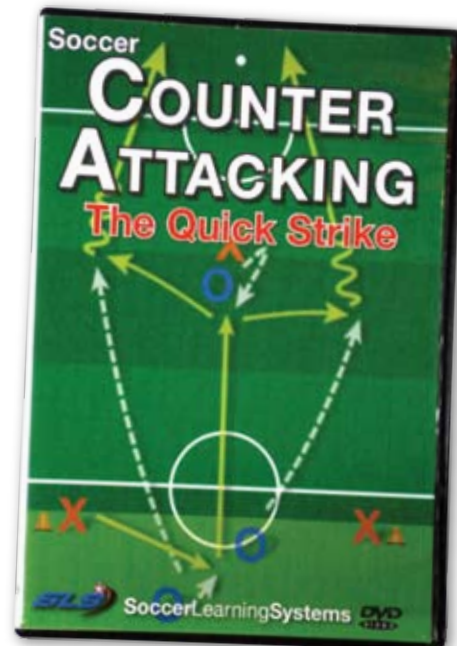




## Coaching DVDs

### Counter Attacking- The Quick Strike

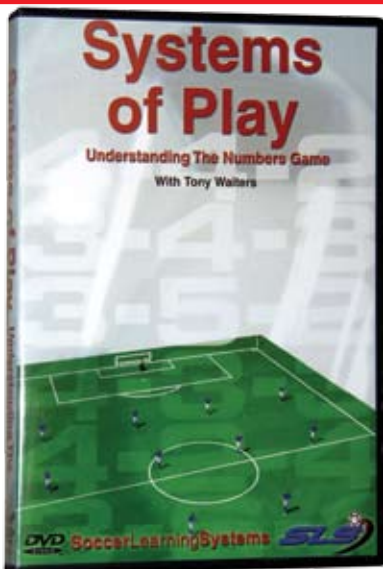
In the game of soccer, at all levels of play, it is a fact that many goals are scored in three passes or less. Counter Attacking- The Quick Strike shows you a step-by-step progression in teaching your team how to transition quickly and effectively. These methods can be implemented at the youth level and developed all the way into the adult level game.



Easy to understand field sessions are complimented by diagrams explaining the activities to make coaching Counter Attacking principles and sessions effective for both coaches and players. Field sessions are highlighted by footage of high level matches to make training effective and interesting for the players.

35 minutes

MP4 Digital Download or DVD #5434 \$19.99 Digital Download Available



### Systems Of Play Understanding The Numbers Game

With Tony Waiters- Former World Cup & Olympic Coach & USSF National Staff Coach



Confused by the numbers game? Help is here! Finally, a program that simplifies the mysteries of Systems of Play. This program has been developed to help the countless thousands of coaches who are unsure about the tactical deployment of players. Is the 4-4-2 or the 3-5-2 the best system? What about the 4-3-3? Or the 3-4-3?

The program takes advantage of coach Waiters' considerable experience and his ability to simplify and de mystify systems of play. 3-D graphics, game footage and a team in practice make it a visual learning experience and allows you to develop the best system for your team. Includes a printable checklist for system development.

Sections Include:

- The History of Systems of Play • The 10 Principles of Systems of Play • The Numbers Game • Developing Systems out of the 4-4-2 • Practices • Establishing your System of Play • Checklist for System Development

60 minutes

MP4 Digital Download or DVD- #5414 \$19.99 Digital Download Available

### Coaching Set Plays- 2 Disc DVD

With Tony Waiters- Former World Cup & Olympic Coach & USSF National Staff Coach



The difference between winning and losing is often the successful execution of Set Play situations both on offense and defense. In a 20 game season what if you could score 5 more goals and concede 5 less goals - a 10 goal spread? The difference between a winning season and a losing season.

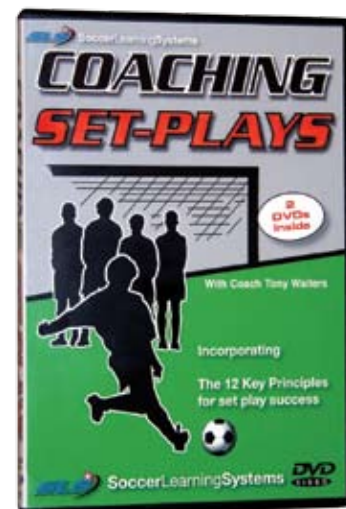
In some competitions, it has been calculated that as many as 60% of all goals scored have been from Set Plays... in others as low as 25%. Take the low figure- 25%- one out of every four goals! Do you, as a coach spend 25% or more of your tactical team preparation time on Set Plays? For the vast majority of soccer coaches the answer would be... "No!"

Learn all about The Black Hole, The Zona Rosa and the 12 Key Principles for Set Play Success and you will start next season with a 10 goal advantage.

The DVDs utilize animated 3-D graphics and professional game footage featuring world class players and teams to thoroughly explain all teaching points.

140 minutes

MP4 Digital Download or 2 Disc DVD #7071 \$19.99 Digital Download Available



#### Disc One

- The 12 Principles for Set-Play Success • Penalties • Attacking Corners • Defending Corners • Practice Methods

#### Disc Two

- Kick-Off • Attacking Free Kicks • Defending Free Kicks • Attacking Throw-ins • Defending Throw-ins • Attacking Goal kicks • Defending Goal Kicks

See The Set Plays Book on Page 31

## All The Right Drills

Training Sessions To Bring It All Together



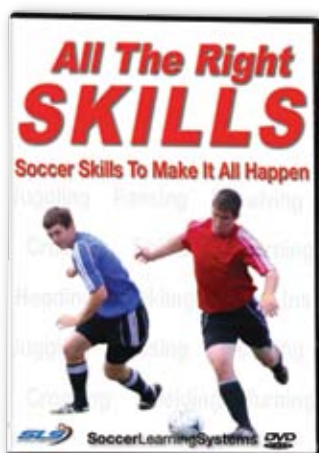
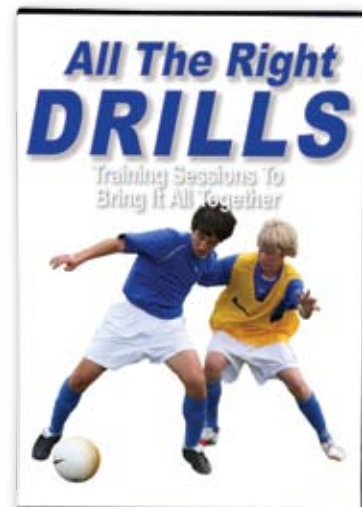
If you already have “All The Right Moves” and “All The Right Skills”, now what you need is **All The Right Drills - Training Sessions To Bring It All Together**.

Building on the skills contained in All The Right Moves and All The Right Skills, All The Right Drills combines the skills and moves building blocks that allow coaches and players of all experience levels to improve their performance and enjoyment of the beautiful game. Each of the drills allows players to develop performance levels, at their own pace, under the careful direction of coaches who will have all the right tools to get the job done.

The 30+ drills cover the topics of: Warm-up • Dribbling • Passing • Receiving • Shooting

105 minutes

DVD- #5450 \$19.99 Digital Download Available



## All The Right Skills

Soccer Skills To Make It All Happen



With Coach Roby Stahl. Soccer, like all other sports, has basic skills which must be mastered for players to enjoy the game and to continue their skill development to whatever level their interests and abilities may take them. Soccer is not a complicated game and the basic skill requirements are clearly outlined in this DVD. Coaches of all levels of interest and experience can develop their own coaching technique to introduce these skills to new players and continue the development of more experienced players. The following skills are presented in detail:

- Juggling • Passing • Receiving • Crossing • Shielding
- Turning • Heading • Tackling

45 minutes

MP4 Digital Download or DVD #5435 \$19.99 Digital Download Available

## All The Right Moves-

To Beat and Get Past Your Opponent  
with Roby Stahl- USSF 'A' License Coach



“Get A Move On” - your opponent that is. A collection of 20 different moves that will leave your opponent standing. Each move is carefully detailed and shown at match speed and in slow motion. What appears to be complex is made easy for players of all ages and abilities. Plus, in this easy to learn system you get to see World Class players “Putting the Moves On” their opponents.

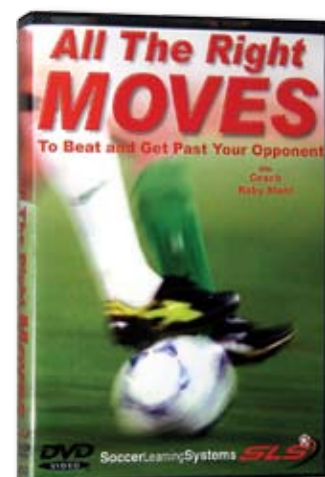
Do it yourself - indoors or outdoors - this Learn At Home System will help you make All The Right Moves.

35 minutes

MP4 Digital Download or DVD #5990 \$19.99 Digital Download Available

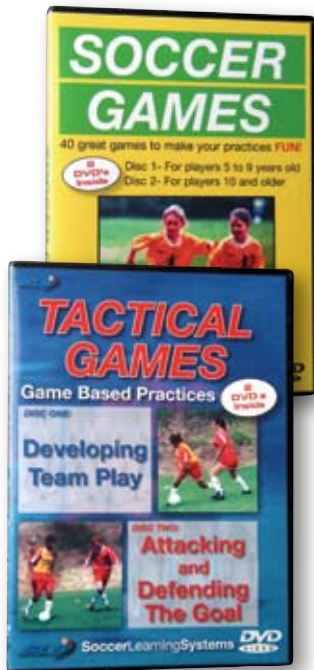
### Moves Include:

- |                  |              |              |
|------------------|--------------|--------------|
| Scissors         | Dummy Step   | Push & go    |
| Reverse Scissors | The Pullback | Inside Out   |
| Double Scissors  | Spin Turns   | Double Touch |
| The Chop Move    | Fakes        | And More!    |



**Buy All Three “Do The Right Thing” MP4 Digital Downloads or DVDs for \$39.99 #7156**

## Coaching DVDs



### Soccer Games- 2 Disc DVD

40 Great Games To Make Your Practices Fun!

Disc One- Ages 5 to 9 Disc Two- Ages 10 and older

Every coach will be delighted with this two-part series each containing 20 fun-filled practice games. Every young soccer player will enjoy these games while they learn and improve the basic soccer skills of dribbling, passing, tackling, shooting, heading, ball control, defending, goalkeeping and more.

110 minutes

MP4 Digital Download or 2 Disc DVD- #7009 \$19.99  Digital Download Available

### Tactical Games- 2 Disc DVD

Game Based Practices

'Tactical Games' builds on the 'learning based on games' concepts presented in the best selling video series 'Soccer Games.' In 'Tactical Games', skills, tactics and the principles of the games are taught and refined. These games are targeted for advanced competitive players ages 12-17.

#### Part One- Developing Team Play

Teaching the principles of play using competitive games. Advanced players learn how to use width, depth, mobility and penetration to create scoring opportunities. The games also teach the defensive counter to these tactics.

#### Part Two- Attacking and Defending The Goal

Games are often decided in the offensive and defensive thirds of the field, and teams that can score in the attacking third are usually successful. Teams that prevent shots on their goal are difficult to beat. Tape 2 shows games that teach your team to score goals, and stop your opposition from doing the same.

95 minutes

MP4 Digital Download or 2 Disc DVD- #7081 \$19.99  Digital Download Available

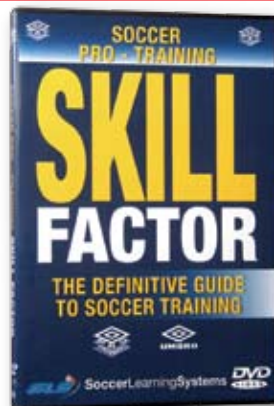
### Soccer Pro Training- The Skill Factor

For the serious player and coach "SKILL FACTOR" provides coaching not only on skills but tactics and strategies for the modern game as well. Live training sessions, match footage, and graphics demonstrate all teaching points, Coaching sessions feature world class players and teams and cover ATTACK, MIDFIELD, DEFENSE and TEAM PLAY. Sessions include:

74 minutes

MP4 Digital Download or DVD- #5420 \$19.99  Digital Download Available

- Winning the ball back
- Crossing & Finishing
- Change Mode
- Attacking & Scoring
- 5v5 and Floater
- Back Four Defending
- Defending as a Group/Team
- Attacking Play
- Shooting
- Possession & Transition
- Group/Team pressure
- Change Of Speed



### Tony DiCicco's

### Champion's Soccer Series Featuring Brandi Chastain

Learn from **Tony DiCicco**, Head Coach of the '96 Olympic and '99 World Cup Champion USA Women's National Soccer Team.

See World Cup Champion **Brandi Chastain** and soccer stars **Lorrie Fair**, MLS Rookie of the Year **Jay Heaps**, Former US Women's National Team Star **Amanda Cromwell**, and Former US Men's National Team and MLS Player **Janusz Michalik** demonstrate the skills it takes to bring out the champion in you.

This series is designed for boys and girls of all ages and coaches looking for innovative new ideas.

#### Disc 1- Soccer Techniques and Basic Tactics

60 minutes

MP4 Digital Download or DVD #5491 \$19.99  Digital Download Available

#### Disc 2- Advanced Techniques and Small Group Tactics

52 minutes

MP4 Digital Download or DVD #5492 \$19.99  Digital Download Available

#### Disc 3- Large Group Tactics & Speed & Fitness Training

70 minutes

MP4 Digital Download or DVD #5493 \$19.99  Digital Download Available



Buy All 3 Tony DiCicco's Champion's Soccer Series  
MP4 Digital Downloads or DVDs for \$49.99 #7134



## International Tactics

The Definitive Coaching Series On Tactics & Strategies -

Ask any licensed coach.

This series explores tactical choices available to attackers, defenders and supporting players. Tactical behaviors are not based on any pre-arranged scheme- these decisions are based on what the opponent is doing.

An attacking player sees a defender and looks for something that will achieve penetration which that defender will not be able to stop that instant.

A defender must look at the game from the attackers point of view, determine what the attacker will do next and then try to stop it.

In tactical training, emphasis is on helping the players to make more effective decisions and to make those decisions quickly enough so that they retain their effectiveness. The coach will focus his attention on the players ability to see and interpret the visual cues on which these decisions are based.

### Special Features

- Printable companion booklet for each program
- Complete Bonus program- **Methods of Training-** exploring the theory and practice of modern soccer training.

### Individual Tactics- 2 Disc DVD

#### Disc 1:

#### Individual Attacking

- Strategy
- Shooting
- Dribbling
- Visual Cues
- Passing to penetrate
- Problems
- Dribbling & passing to relieve pressure
- Attacking excellence

40 minutes

#### Disc 2:

#### Individual Defending

- Defending Tactics
- Fair Challenges
- Visual Cues
- Interception
- Closing Down
- Defending excellence
- Defending in the 3 thirds of the field
- Defending zones

50 minutes

MP4 Digital Download or 2 Disc DVD #5418 \$19.99

### Group Tactics- 2 Disc DVD

#### Disc 1: Group Attacking

- Role of the 2nd Attacker
- Numerical Superiority
- Combination play
- Role of the third attacker
- Finding Space
- Using Space
- Attacking a Zone
- Timing of Runs in the Different Thirds
- Foundations of Team Attacking

55 minutes

#### Disc 2: Group Defending

- Covering
- Marking
- Tracking
- Double teaming
- Defending combination play
- Balance
- Role of the Third Defender
- Compactness
- Zonal Defending

40 minutes

MP4 Digital Download or 2 Disc DVD #5419 \$19.99



Buy both Individual Tactics and Group Tactics  
MP4 Digital Downloads or DVDs for \$29.99 #7107



Digital Download Available

## Zonal Defending

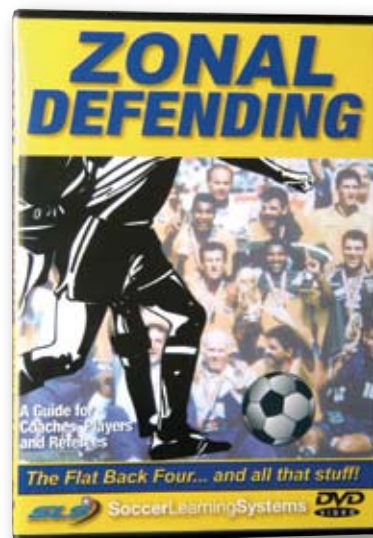
### The Flat Back Four... And All That Stuff! A Guide For Coaches & Players

Based on the book by Jack Detchon Technical director, Tony Waiters No single system of play - Zone or man marking - is best for everyone. If players understand how to play effectively in a zonal system AND in a man marking/sweeper system, they will be better players. All teaching points in this video are illustrated with footage from World-class players and teams.

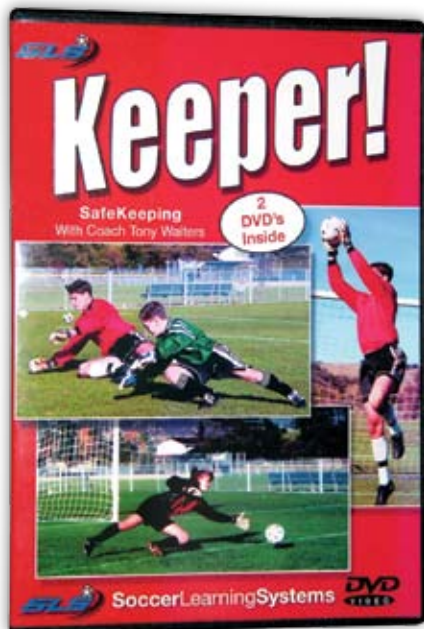
45 minutes

MP4 Digital Download or DVD- #5961 \$19.99

Digital Download Available



## Goalkeeping DVDs



"The best goalkeepers... are the ones who make the fewest mistakes."  
- Coach Tony Waiters

### Keeper!- 2 Disc DVD Safekeeping with Coach Tony Waiters



Designed especially for team coaches and goalkeepers. The practices are demonstrated by a beginner, an intermediate and an advanced goalkeeper, and show the 10 Key Principles of Goalkeeping. Two high caliber U18 teams bring the team practices alive and an exciting dimension to the DVD. This highly recommended series will help coaches to coach goalkeepers and goalkeepers to coach themselves. 172 minutes

MP4 Digital Download or 2 Disc DVD #7090 \$19.99



#### Part 1

- The 10 Key Principles of Goalkeeping
- Practices for Goalkeeper with a friend
- Practices run by a team coach with 1 or 2 keepers
- Video analysis of pro keepers getting it right- and wrong!
- How to maximize positional play
- Starting positions
- 90 minutes

#### Part 2

- Team Goalkeeping
- Dealing with Cross Balls
- The role of the Sweeper/ Keeper
- Through Balls
- Dealing with the Back Pass
- The Tactical Role of the Keeper
- Team Games to develop Field Players and keepers
- The role of the Keeper at Set Plays
- 82 minutes

## Goalkeeping: The DiCicco Method

By Tony DiCicco: Former head coach of The US Women's National Team and Women's Olympic Team

This three DVD series is jam-packed with the most comprehensive drills and expert training tips you can get. Designed for all levels, beginner to advanced, it's like training in person.

### Part 1- Introduction To Goalkeeping

- Goalkeeper stance & footwork
- Basic catching techniques
- Boxing, tipping
- The breakaway save part 1
- The diving progression
- Handling crossed balls part 1
- Positioning part 1
- The psychology of goalkeeping 1

55 minutes  
MP4 Digital Download or DVD #5441 \$19.99



### Part 2- Goalkeeper Training and Coaches

- Goalkeeper coaching methodologies
- Extension diving
- Advanced deflecting and saving
- Handling crossed balls part 2
- The breakaway save part 2
- Positioning part 2
- Starting positions
- Psychology of goalkeeping 2

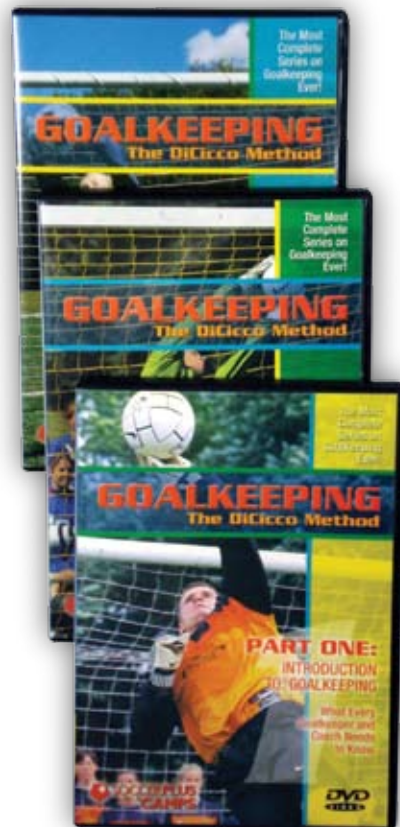
55 minutes  
MP4 Digital Download or DVD #5442 \$19.99



### Part 3- The Goalkeeper as a Team Player

- Quick footwork
- Agility, abdominal, ball gymnastics
- Games for goal keeper training
- Shot saving
- Crossed balls part 3
- The breakaway save part 3
- Positioning part 3
- The psychology of goalkeeping 3

55 minutes  
MP4 Digital Download or DVD #5443 \$19.99



Buy all three DiCicco Goalkeeping MP4 Digital Downloads or DVDs for \$49.99 #7007



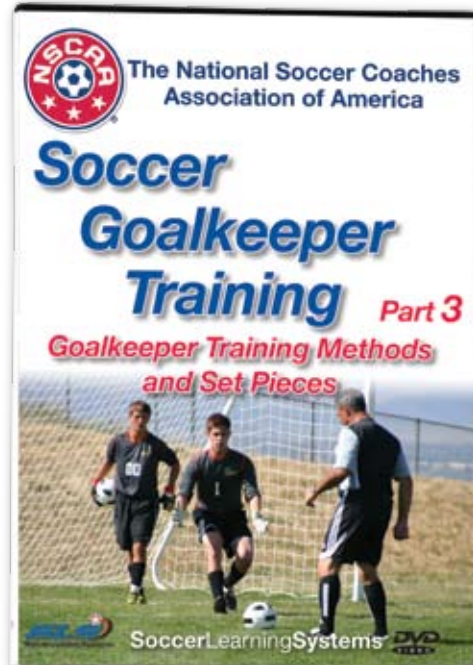
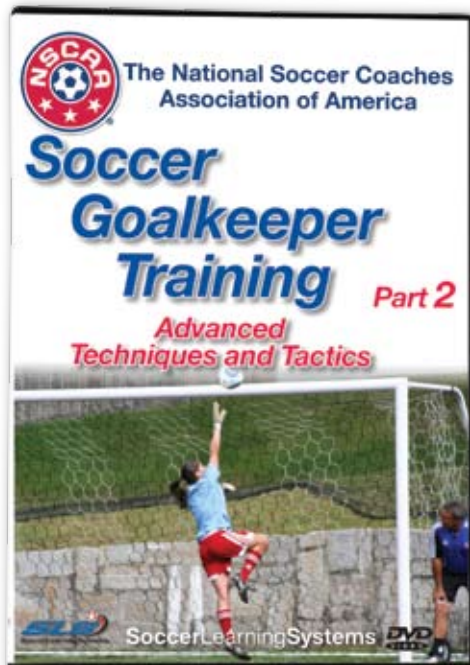
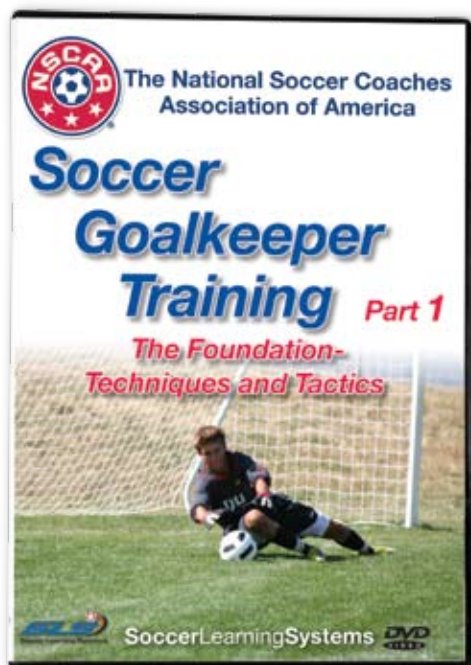
**Soccer Goalkeeper Training**



This 3 DVD set from the National Soccer Coaches Association of America is a comprehensive look at the techniques and tactics of goalkeeping and covers how to teach and coach both young and experienced Goalkeepers. Topics covered are Foundations of Handling; Advanced Handling; Dealing with Breakaways; Winning the space behind the defense; getting back to the bar. Also included are topics such as angle play and overall goalkeeper positioning; effective communication; goalkeeper footwork; proper warm-up; set pieces and games for the coach to use with their entire team to train their goalkeeper.



Dependable consistent goalkeeping is a requirement for the success of any team, and the NSCAA 3-DVD Goalkeeping Series is an absolutely essential addition to your coaching library.



**Part 1- Basic Techniques and Tactics-**

- Dynamic Stance and Basic Handling
- Footwork
- Associated Handling Techniques
- Hand Distribution
- Basic Positioning
- Shooting Games
- Pre-game Warm Up
- 98 minutes
- MP4 Digital Download or DVD #5447 \$19.99



**Part 2- Advanced Techniques and Tactics-**

- Goalkeeper Methodology
- Handling Crossed Balls
- The Breakaway Save
- Communication
- Advanced Handling
- 55 minutes
- MP4 Digital Download or DVD #5448 \$19.99



**Part 3- Goalkeeper Training Methods and Set Pieces-**

- Flank Attacks
- Point Blank Saves
- Covering Space Behind The Defense
- Goalkeeper Fitness
- Defensive Set Pieces

80 minutes  
MP4 Digital Download or DVD #5449 \$19.99



**Save** Buy all three NSCAA Goalkeeper Training MP4 Digital Downloads or DVDs for \$49.99 #7150



The National Soccer Coaches Association of America is the largest coaches' organization in the United States. Since its founding in 1941, it has grown to include more than 30,000 members who coach both genders at all levels of the sport. Go to [SoccerVideos.com/nscaa](http://SoccerVideos.com/nscaa) for sample clips of all the Official NSCAA DVDs



## Official NSCAA Coaching DVDs

### NSCAA Top 40 Coaching Tips

Originally produced for airing at halftime of the NSCAA College Game of The Week on Fox Soccer Channel, these soccer coaching tips provide coaches new to the game with insights into the “little things” that make players better, and provide experienced coaches with reminders of foundational principles that underlie all coaching.

A cross-section of the most experienced NSCAA staff coaches share their wisdom about the game in clear, concise 1-2 minute tips designed to help players improve their technical execution, tactical understanding, and goalkeeping skills.



#### Volume 2

##### Technical-

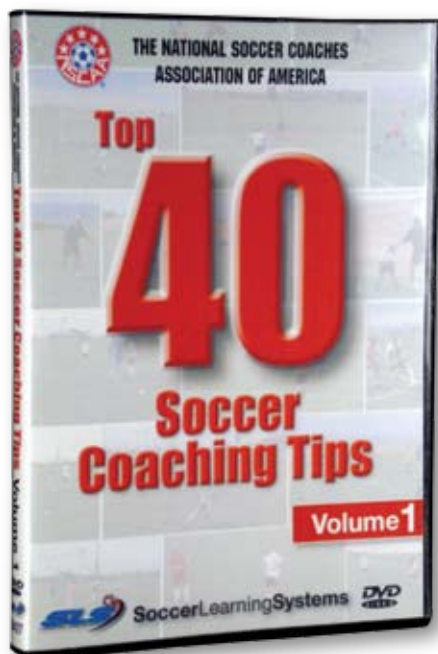
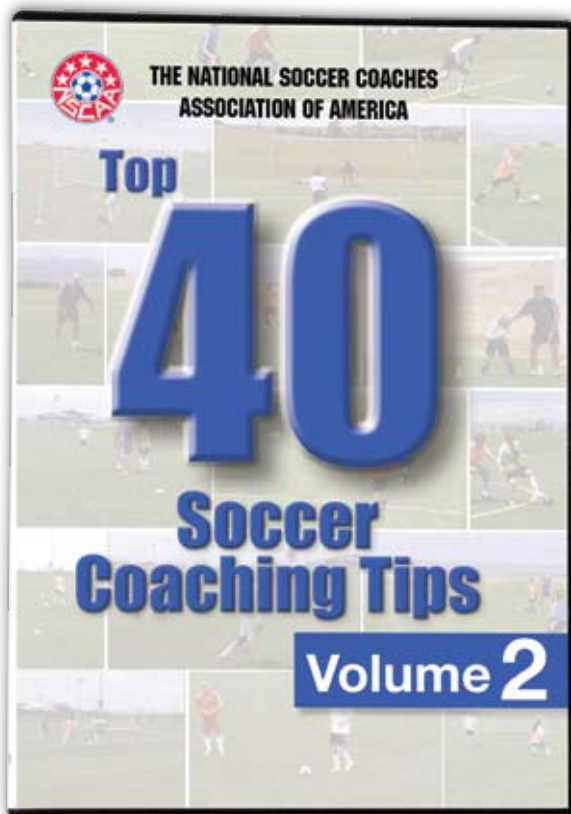
- Driven Balls • Volley Passes • Half Volleys
- Sole of the Foot Turn • Penetrating Passes
- Changes of Speed Moves • Changes Of Direction Moves • Passing The Ball With The Chest • Shooting Rolling Balls • Goalkeeper Throws • And More!

##### Tactical-

- Exploiting Outnumbered Situations • Defending Outnumbered Situations • Verbal Communications • Angles Of Approach • Shadow Play • Flank Pattern Play • Goalkeeper Positioning For Crosses • Transition • Poke Tackling • Closing An Attacker From The Front • Including Your Keeper In Training • And More!

55 minutes

MP4 Digital Download or DVD- #5445 \$19.99



#### Volume 1

##### Technical-

- Dribbling to Beat an Opponent • Dribbling for Possession • Two Turning Moves • Speed Dribbling • Long Driven Balls • Heel Pass • Flipping the Ball • Deception • Check Runs • Receiving Balls on the Ground • Receiving Flighted Balls • Striking a Rolling Ball • Early Cross • Goal Keeping • Catching the Ball in the Air • GK Punching • Diving Saves • Penalty Kicks • GK Dealing with Flank Crosses • GK Angle Play • And More!

##### Tactical-

- Defending from the Front • Making Play Predictable • Closing from Behind • Defending Back to Goal • Retreating • 1v1+1 Support Behind • 1v1+ 1 Support Ahead • 2v1 Attacking • 1 Defender 2 Attackers • Tact Purposes of 4v2 Defending • 3v1 Possession • Tactical Purposes of 4v2 Attack • 5v3 • Runs in Pen Box to meet cross • Using Neutral Players In Practice • And More!

55 minutes

MP4 Digital Download or DVD- #5427 \$19.99



## Methods For Teaching Attacking Soccer The NSCAA 6v6 Model

“Methods For Teaching Attacking Soccer- The NSCAA 6v6 Model” covers three methods for teaching tactics in attacking play: Coaching In The Game Methodology, Progressive Methodology and Small Sided Games to teach tactics.

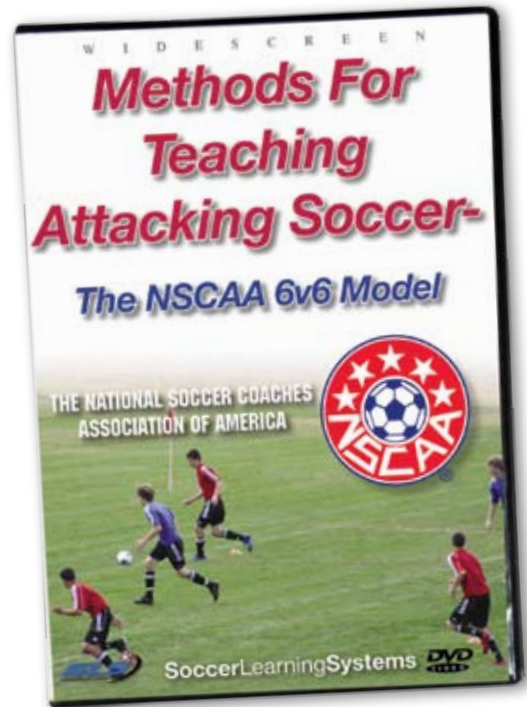
In the first section, using the concept of **Coaching In The Game Methodology**, the coach will learn how to train a team’s attacking tactical understanding through using a 6v6 format with very active play and start positions allowing maximum touches on the ball to simulate the reality of moving from one third of the field to another.

The **Progressive Methodology** section begins with possession games and moves all the way to a realistic game with two large goals with goalkeepers. This section features the use of the 4v2 to teach penetrating passes, and the 5v3 to teach changing the point of attack. In this section the coach learns to move the training of attacking tactics from simple to complex and from clarity to reality in a progressive fashion.

In the **Small-sided Games** section the coach learns how to design and implement free flowing and realistic games for teaching for specific topics in the attack- penetration, possession, runs off the ball and where and when to run off the ball. The coach also learns to use these games to teach the principles of attack: width, depth, mobility and penetration.

100 minutes

MP4 Digital Download or DVD- #5440 \$19.99  Digital Download Available



## Coaching 8v8 Soccer- To Teach 11v11 Tactics

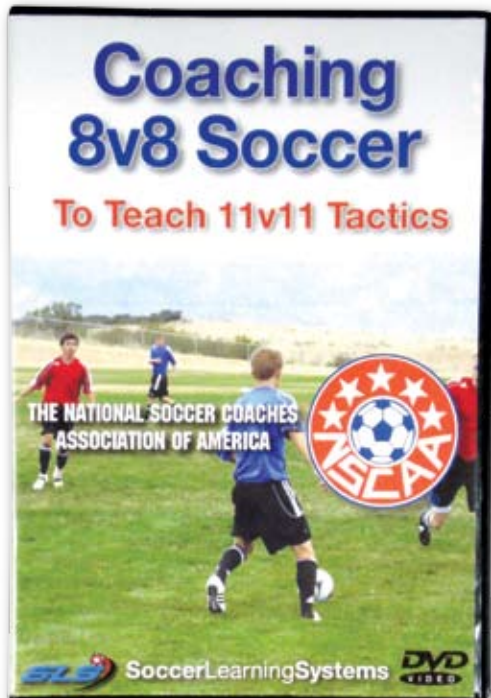


As an interim step between small-sided games and 11v11, 8v8 has enough numbers to provide a clear picture of how to implement the principles of the game within various team shapes. The 8v8 Game also presents many technical and tactical teaching opportunities for coaches and older players, depending which system of play is utilized.

This DVD illustrates how different playing systems within the 8v8 format enable coaches to teach attacking and defending principles of the game. Various systems of play are covered and how they relate to the 11v11 game. Systems covered on this DVD include the attacking and defending principles of the **2-3-2, 3-3-1, 3-2-2 and the 2-4-1.**

90 minutes

MP4 Digital Download or DVD- #5430 \$19.99  Digital Download Available

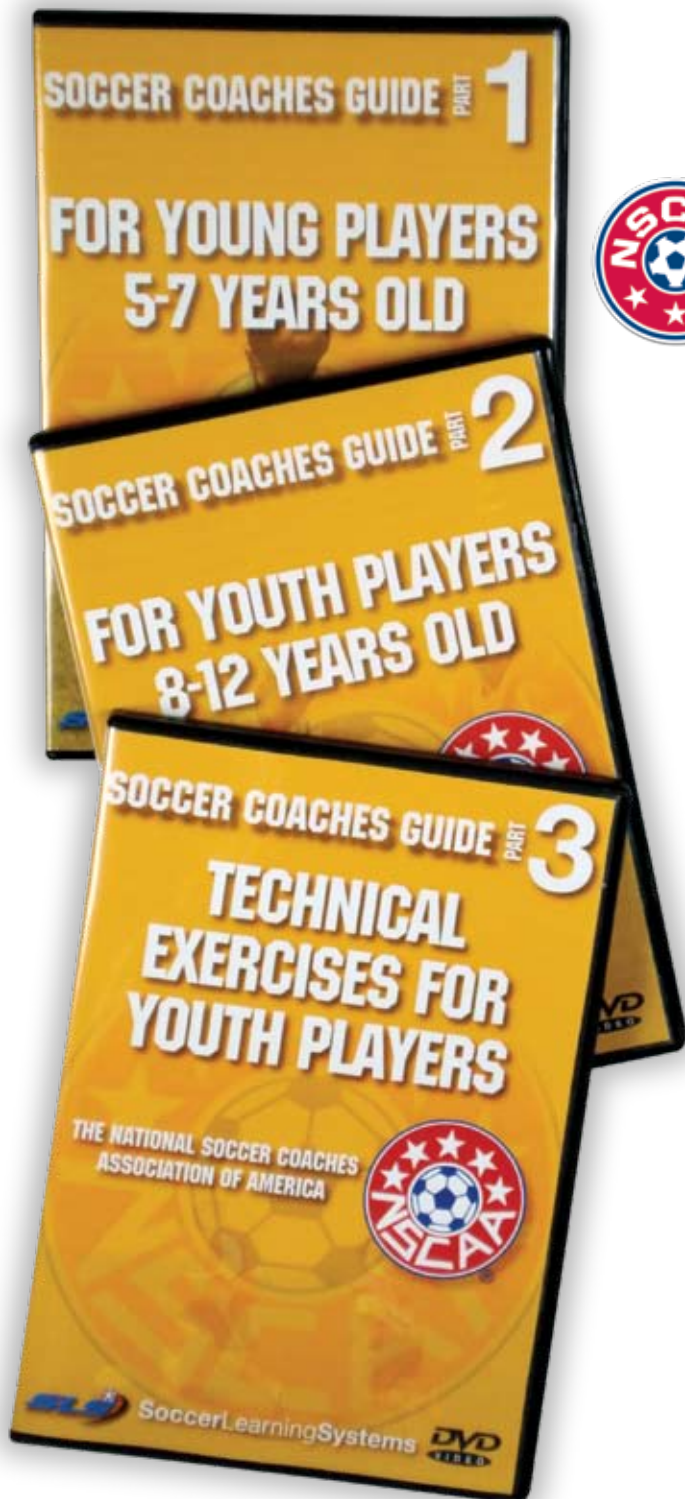


### Why 8v8?

The 8v8 is becoming popular all over the world for many reasons:

- It introduces players to a “mini” version of the 11v11.
- The coach can, to a degree, replicate the 4-4-2 by playing a 3-3-1, or a 3-4-3 by playing a 2-3-2, and so on.
- The 8v8 enables players to replicate many of the tactical functions which occur in the 11v11 game. For example, the 3-3-1 allows fullbacks to overlap as they do in a 4-4-2.
- Players are allowed the opportunity to exercise the technical functions they perform in game.
- It is a good system for intra-squad practices since many teams are made up of 16-18 players.





## Soccer Coaches Guides

Part 1 and part 2 are a collection of sessions and activities to use as you coach your young players. NSCAA staff coaches provide demonstrations of many different activities coaches can use to teach young players the skills they need to play the game of soccer and have fun at the same time.

### Part 1- For Young Players 5-7 Years Old

This DVD is designed to provide the coach of the five to seven year old player with many activities for use with their team. Sessions include:

- Dribbling activities
- Ball Control
- Passing
- Small sided games
- And more



70 minutes  
MP4 Digital Download or DVD- #5401 \$19.99

### Part 2- For Youth Players 8-12 Years Old

This DVD is designed to provide the coach of the eight to twelve year old player and builds on the skills taught in the 5-7 Year old DVD. Sessions include:

- Dribbling moves
- Passing and spacing
- Receiving
- Shooting
- Small sided games
- And more



70 minutes  
MP4 Digital Download or DVD- #5402 \$19.99

### Technical Exercises For Youth Players- Training Technically In A Tactical Environment

Part 3 of the Soccer Coaches Guide series will help coaches train their 13 to 15 year old players technically in a tactical environment, taking advantage of the players ever-increasing strength, quickness and mental ability on the field.

Every player needs to work on technique. This DVD from the National Soccer Coaches Association Of America will assist coaches and players in continued development of technical skills, while providing an introduction to tactical concepts.

Sections on this DVD include:

- Dribbling activities in a tactical environment
- Passing activities in a tactical environment
- Receiving activities in a tactical environment
- Heading activities in a tactical environment
- Shooting activities in a tactical environment

80 minutes

MP4 Digital Download or DVD- #5410 \$19.99



 **Buy All three NSCAA Soccer Coaches Guides**  
MP4 Digital Downloads or DVDs for **\$39.99 #7121**



## Coaching In The Game Methodology

Coaching in the Game is a coaching method that is particularly well-suited to soccer, a sport that places the decision-making responsibilities on the player. Its use of realistic, free-flowing play makes it easier for players to transfer what they learn in training to match situations.

**Teaching Group Tactics** This DVD features NSCAA Senior Academy Staff member Paul Payne demonstrating the value of this coaching methodology in small group play, such as 6 v. 6 and 8 v. 8 situations, and includes information on how to structure conditioned play, a key element to this coaching method. The overall theme of the sessions on this DVD is training the midfielders to work together in both attacking and defending situations.

70 minutes

MP4 Digital Download or DVD- #5423 \$19.99



Sections on this DVD include:

- Warm-up for training • Defensive midfield • Attacking midfield • Shadow training • 3 zone activity

**Bonus Section:** Coaching In The Game roundtable discussion

**Teaching Team Tactics** In the second part of this series, the methodology is expanded to full 11 v. 11 play. NSCAA Academy Staff member Paul Marco coaches within game settings to develop improved on-field communication between defenders and midfielders. As in the first part of the series, structuring conditioned play, a key element to the coaching method, is demonstrated, as is the importance of linking the warm-up to the elements that will be stressed during the training session.

59 minutes

MP4 Digital Download or DVD- #5426 \$19.99



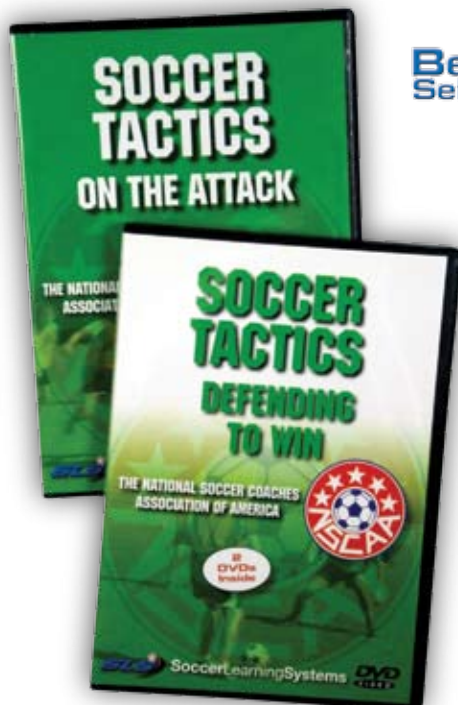
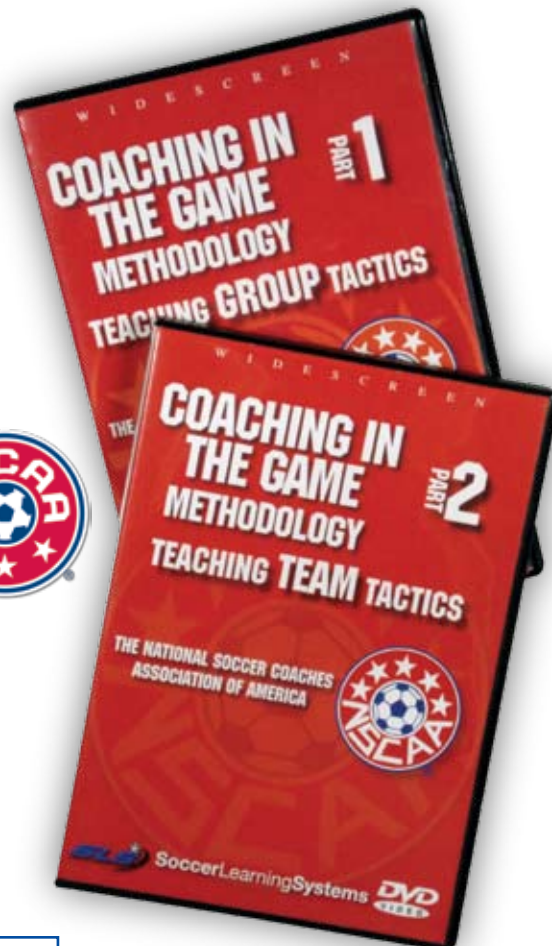
Sections on this DVD include:

- Warm-up for training • Teaching midfielders and backs to coordinate their defending • Counter attacking

**Bonus Section:** Winning the ball to start the counter attack



Buy both NSCAA Coaching In The Game Methodology MP4 Digital Downloads or DVDs for \$29.99 #7131



## Soccer Tactics

The National Soccer Coaches Association of America presents Soccer Tactics - featuring tactical training sessions led by NSCAA National Staff Coaches. Each training session has approximately 20 minutes of instruction and also contains Coaching Cues,™ giving you valuable insight on the various topics.

**On The Attack- 2 Disc DVD. Sessions Include:**

- 1v1 Attacking • Offensive Transition •Penetration • Combination Play •Creating Space •Attacking With A Numbers Advantage

120 minutes

MP4 Digital Download or 2 Disc DVD- #5404 \$19.99



**Defending To Win- 2 Disc DVD. Sessions Include:**

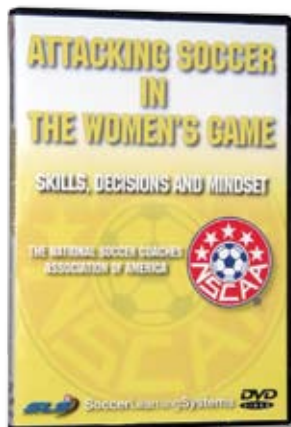
- 1v1 Defending • Cover & Switching Roles • Defensive Transition • Man to Man Defending • Zonal Defending •Goalkeeping

120 minutes

MP4 Digital Download or 2 Disc DVD- #5405 \$19.99



Buy both NSCAA Soccer Tactics MP4 Digital Downloads or DVDs for \$29.99 #7106



### Attacking Soccer In The Women's Game- 2 Disc DVD

#### Skills, Decisions and Mindset

This 2 disc DVD features instruction by NSCAA staff coaches on the topic of developing the attacking mentality of today's female player.

The activities on disc 1 are designed to provide attacking players with a technical and tactical foundation and also to create a confident and assertive mentality.

The activities on disc 2 look at a variety of functional and tactical training exercises that create an environment where players can acquire the decision making ability to be collectively and individually dangerous attacking players.

#### Disc 1- Training For Creative Attacking

- 1v1 Individual Attacking Skills • 1v1 To 2v2 Attacking
- Combination Play In The Final Third • Finishing Skills

#### Disc 2- Functional And Tactical Training

- Possession With A Purpose • Training The Playmaker
- Box Organization • Training The Three Front

130 minutes

MP4 Digital Download or 2 Disc DVD- #5409 \$19.99



### Technical Training

#### Critical Coaching Points

Featuring Aly Wagner- U.S. Women's National Team member and 2004 Gold Medal Team Member

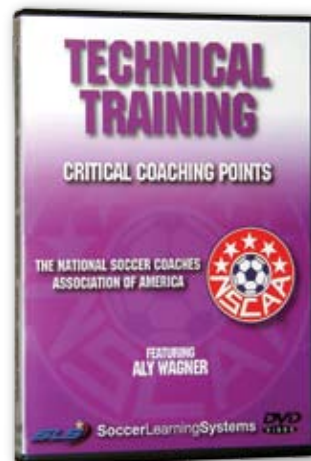


This DVD focuses on the basic techniques in soccer- the foundation of every player's performance. Correct identification of a player's technical ability is one of the most important skills a coach possesses. Faulty technique, if not diagnosed early in a player's development, will become so ingrained in a player that it will be extremely difficult, if not impossible, to correct.

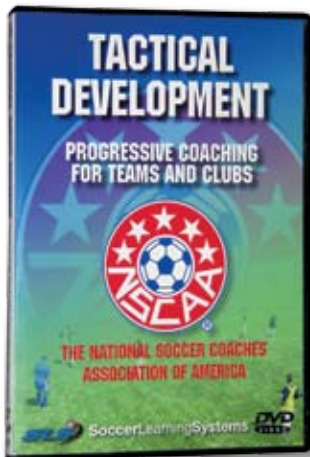
Coaches who use this program to develop their knowledge of technical training will be enormously helpful to the player's development and will enjoy the satisfaction of seeing their players improve.

40 minutes

MP4 Digital Download or DVD- #5408 \$19.99



- Sections on this DVD Include:
- Dribbling • Receiving • Passing • Shooting • Heading
- Bonus sections:** Backyard Training • Aly Wagner Interview



### Tactical Development

#### Progressive Coaching For Teams And Clubs

**Tactical Development** was created by the NSCAA as a coaching tool designed to help clubs and teams go beyond just participation. **Tactical Development** will create a coaching connection that is stronger than just the team name and uniform. There should be technical and tactical connections between what happens when one age group progresses to the next age group.

**Tactical Development** focuses on teaching the individual player the responsibilities and possibilities of the positions in the diamond formation that will remain the same regardless of the number of players on a team.

Through the use of on-field action and computer graphics, **Tactical Development** covers the 5v5, 8v8 and 11v11 formations, as well as 6v6 small-sided games.

55 minutes

MP4 Digital Download or DVD- #5415 \$19.99



### Fútbol Moderno

#### Entrenamiento Técnico Para El Jugador De Hoy En Dia

La Asociación Nacional de Entrenadores de Fútbol de América presenta Fútbol Moderno. Este DVD es el primero de un programa en el cual el español es el lenguaje utilizado por instructores y jugadores. Dividido en cuatro secciones, los temas cubiertos por este programa incluyen:

- Conducción del balón • Pase y recepción • Tiro al arco con definición • Cabeceo

**Material Extra:** Metodología del entrenamiento • Entrevistas con los entrenadores

75 minutos

MP4 Digital Download or DVD- #5406 \$19.99





## Soccer Speed- Fast Feet, Fast Moves

With Roby Stahl, author of the best selling program "All The Right Moves"



In the best selling soccer skills video "All The Right Moves" we learned that the world's top players rely on running at top speed with and without the ball.

In the modern game of soccer, as the level of competition increases so does the speed of the players. Running speed (Without the ball) must be developed with technical speed (Running with the ball) if players and teams are to exploit weaknesses in the opposition.

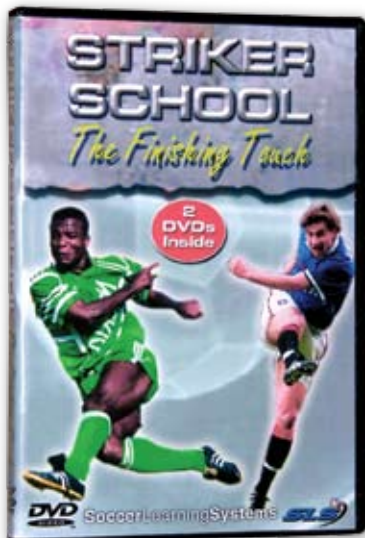
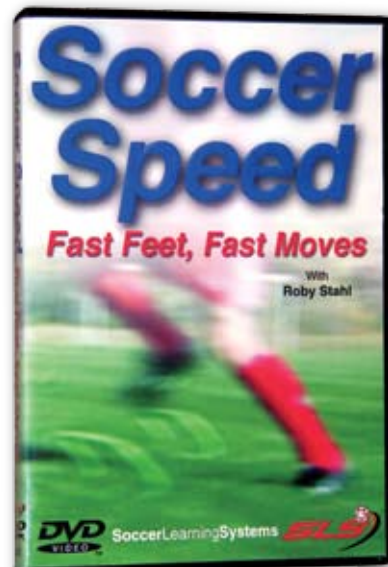
Soccer Speed will work you through progressive training including foot speed, leg speed, running technique, bursts of speed, first step quickness, acceleration, change of direction, quick reaction, coordination, agility and balance- all without the ball. The ball will then be added to create innovative training with match-like activities that are easily introduced into the practice sessions for the individual player and the team.

50 minutes

MP4 Digital Download or DVD #5413 \$19.99



Digital Download Available



## Striker School- 2 Disc DVD

With Roby Stahl, USSF 'A' License Coach



As the name suggests, the primary role of the striker is basic- to score goals. Striker School- The Finishing Touch is a two part series dedicated to that player everyone admires- the goalscorer. In these programs, the role of the goalscorer is well defined and exercises are presented that will help the would-be goalscorer develop his or her potential.

Sequences of world-class professional goalscorers are highlighted which will help the student visualize the necessary elements of successful play.

Together, Striker School provides the viewer with an exciting and comprehensive home study program that will lead to The Finishing Touch.

90 minutes

MP4 Digital Download or 2 Disc DVD #7091 \$19.99



Digital Download Available

## The Premier League Skill Factor

A Collection Of Skills From The Best Players  
In The Most Exciting League In The World

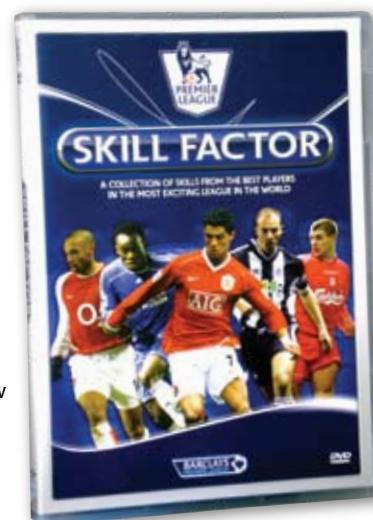


**THE PREMIER LEAGUE SKILL FACTOR DVD** features Premier League players like Cristiano Ronaldo, Didier Drogba, Thierry Henry, Steven Gerrard & many more showing how it's done. It is a unique soccer coaching video- using state of the art motion capture animation which illustrates all the skills and techniques required in the modern game of soccer. When put alongside real match footage from the Barclays Premier League, the most exciting competition in the world of football, it is easy to see how Skill Factor can develop and advance the skills of any soccer player, regardless of their current level of ability.

A select group of professional coaches have identified **60 different skills** in 6 sections; footwork, kicking technique, ball control, skills to beat an opponent, receiving the ball & heading, moving with the ball. Over the course of 90 minutes we take you step by step through animated examples of every skill and then show you how to do it.

90 minutes

DVD #5305 \$19.99





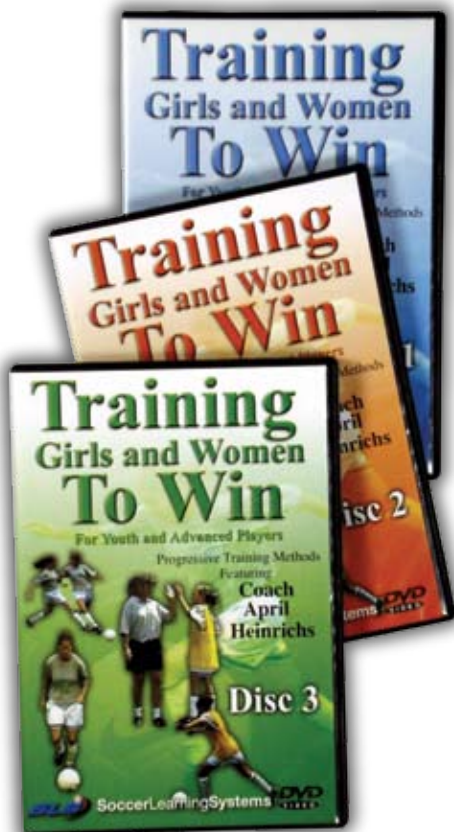
## Coaching DVDs

**Best Seller**

### Training Girls And Women To Win

For youth and advanced players Progressive training methods featuring April Heinrichs, Former Head Coach - Women's US National Team

In the world of women's soccer, no one can match the combined experience of April Heinrichs as a player and coach. 'Training Girls and Women to Win' is a 3-part series in which girls and women soccer players and coaches, under the direction of coach Heinrichs, demonstrate a series of skills and drills for both youth and advanced players. Each DVD includes sections on the technical, tactical, physical and psychological aspects of soccer.



#### Disc 1

##### Technical

- Youth Passing
- Advanced Passing
- Youth Receiving
- Advanced Receiving

##### Physical

- Economical Training

##### Tactical

- Youth 1v1 Attacking
- Advanced 1v1 Attacking
- Youth 2v1 Attacking
- Advanced 2v1 Attacking

##### Psychological

- Goal Setting

65 minutes

MP4 Digital Download or DVD- #5981 \$19.99 Digital Download Available

#### Disc 2

##### Technical

- Youth Heading
- Advanced Heading
- Youth Dribbling
- Advanced Dribbling

##### Physical

- Fitness

##### Tactical

- Youth 1v1 Defending
- Advanced 1v1 Defending
- Youth 1v2 Defending
- Advanced 1v2 Defending

##### Psychological

- Mental Toughness

73 minutes

MP4 Digital Download or DVD- #5982 \$19.99 Digital Download Available

#### Disc 3

##### Technical

- Youth Shooting
- Advanced Shooting

##### Physical

- Strength training & personal health

##### Tactical

- Youth and Adv. 2v2 Attacking
- Youth and Adv. 3v3 Attacking
- Youth and Adv. 2v2 Defending
- Youth and Adv. 3v3 Defending

##### Psychological

- Affirmations

73 minutes

MP4 Digital Download or DVD- #5983 \$19.99 Digital Download Available

**Save** Buy all three Training Girls and Women To Win MP4 Digital Downloads or DVDs for \$39.99 #7051

## As Easy As 1-2-3!

### 1-2-3 Goal- By Wiel Coerver

#### Training For Exciting and Productive Soccer

Legendary Dutch soccer coach **Wiel Coerver** has created this ever-popular video coaching series. **1-2-3 Goal** teaches the ball control skills and attacking techniques that will create goal scoring chances. Players of all ages, under the personal direction of **Wiel Coerver**, show you how it's done. Recommended by F.I.F.A. and U.E.F.A.

#### Disc 1- The Foundation

Ball feeling, fast footwork, shielding and changing directions.

55 minutes

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#### Disc 2- One v One

Moves to beat opponents, fakes, moves to get past opponents.

55 minutes

MP4 Digital Download or DVD- #5482 \$19.99 Digital Download Available

#### Disc 3- Putting It All Together

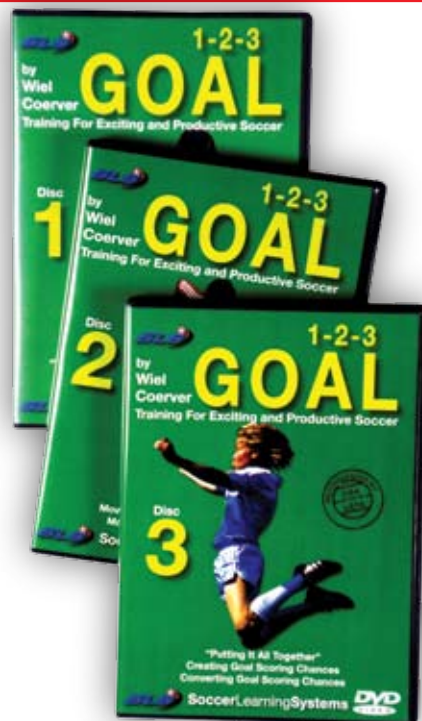
1-2 combinations, overlapping, crosses, through passes, heading, shooting.

55 minutes

MP4 Digital Download or DVD- #5483 \$19.99 Digital Download Available

**Save**

Buy all three 1-2-3 Goal MP4 Digital Downloads or DVDs for \$49.99 #7000



## Soccer- How To Coach and How To Play 3 DVD Box Set

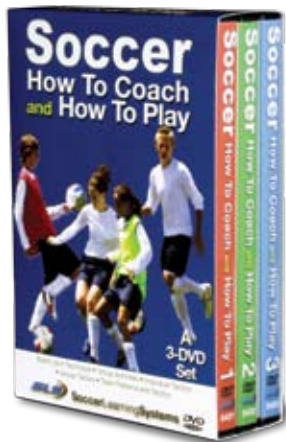
With Coach George Kuntz- US Soccer Federation 'A' Licensed Coach



This program is focused on developing a team to play 11 v 11, and provides technical and tactical demonstrations of a variety of exercises and activities that can be used for small group, functional training and team training.

The exercises are carried out by players of several different age groups with different levels of experience and each set of exercises has a specific purpose for team development. The training sessions and critiques used in this DVD will be very similar to what most coaches will experience, but every coach should develop their own training sessions and use their own personality to achieve their objectives.

The soccer season allows for time to teach building blocks of topics that are linked to each other through the technical/tactical demands of the game. By adhering to the principles of the game, coaches can use various small sided games to accomplish individual and small group tactics as well as fitness and many other essential soccer skills.



### DVD 1- Warm-up and Individual Technique

Topics include: Warm-ups, stretching, cool down, dribbling, passing, shooting, receiving, heading  
110 minutes

### DVD 2- Group Technique Activities and Individual Tactics

Topics include: Group activities to teach dribbling, passing, shooting, receiving, heading. Individual tactics for attacking and defending  
75 minutes

### DVD 3- Group Tactics and Team patterns and Tactics

Topics include: Group attacking and defending. Team tactics and systems.  
80 minutes

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## How To Coach Very Young Soccer Players

### Fun Games and Basic Skills



The ideal program for any first-time parent/ coach of very young soccer players. On-the-field practice sessions clearly explain and demonstrate how the parent/coach can teach basic soccer skills in a "learn and have fun" system. Interaction between the parent/coach and young children is emphasized - remember you are coaching young children, not young adults. Full of "how to" tips, fun games and basic skills. Everything you ever wanted to know on how to coach very young soccer players is on this Award Winning program.

60 minutes

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Sections on this DVD include:

Kicking The Ball • Passing • Ball Control •  
Dribbling • Rules • Possession

Special "Tricks of the Trade" sections include:

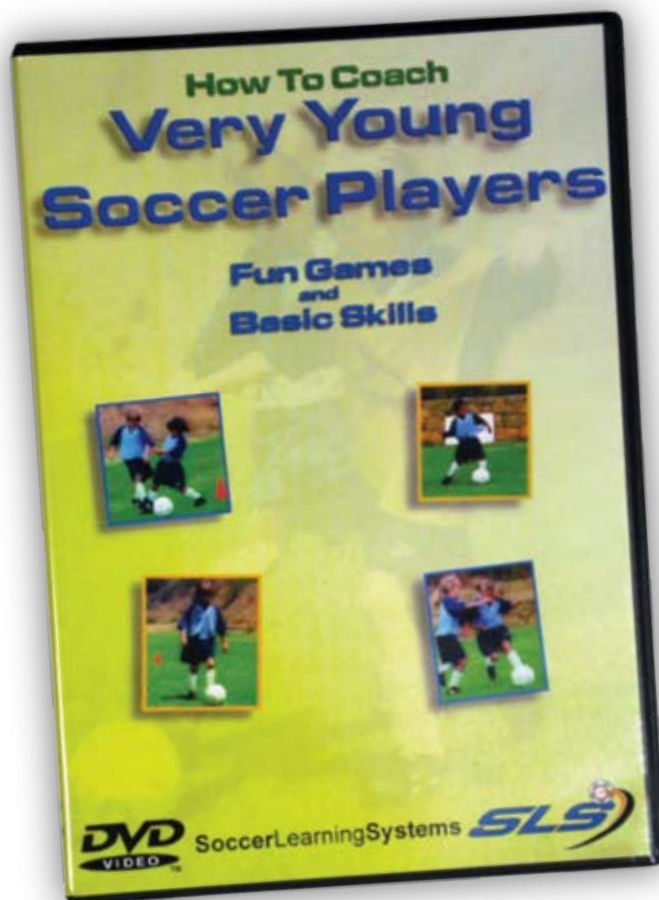
Attention Spans • Organizing a practice •  
Injuries, tears and crying • Success

**Bonus "Backyard Games" sections include:**

1v1 • Turns • Throw-in Practice • Ball and Wall  
• Garbage Can Shooting • Golf • Ball Juggling



**Winner-Communicator Awards**





# Rules and Refereeing

## Improving Refereeing Skills

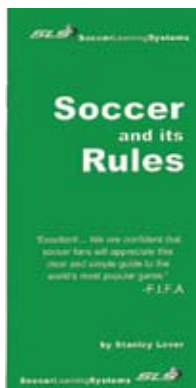
### A Compilation of Programs To Support Referee Training

This DVD is specifically designed for the continuing education of referees. The material covered can be used to consolidate a referee training program and will improve judgement, communication skills, and referee management techniques. Subjects covered include recognizing challenges, communication skills, managing situations as well as preparation and teamwork. This DVD is highly recommended not only for referees but also for referee instructors for use as course material in referee training programs.

- Match Control Skills
- Positioning & Movement
- Application of the Laws
- Warm Up Warm Down
- Teamwork

106 minutes

DVD #5439 \$19.99



## Soccer & Its Rules

by Stanley Lover

We should call this booklet "Everything you always wanted to know about soccer and its rules." A clear and simple guide to the rules, it also offers advice to parents, players, coaches, referees, and soccer fans which will help everyone to enjoy and understand the world's most popular game.

24 pages full of useful information, updated every year. Handy size (4 x 8) - fits in shirt or coat pocket.

24 pages  
#2096 \$1.99

HIGHLY RECOMMENDED! For clubs and leagues for distribution to parents, players, coaches, match officials and administrators.

Sections Include:

- Soccer Rules Are Brilliant
- Glossary
- What's New This Year
- Fair Play, Please!
- Illustrations & Diagrams
- Our Coach
- The Ref

F.I.F.A. -

"Excellent!... We are confident that soccer fans will appreciate this clear and simple guide to the world's most popular game."

Save on bulk purchases for your club or team!

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## Keep Calm and Play On Soccer T-shirt



#A201 \$14.99



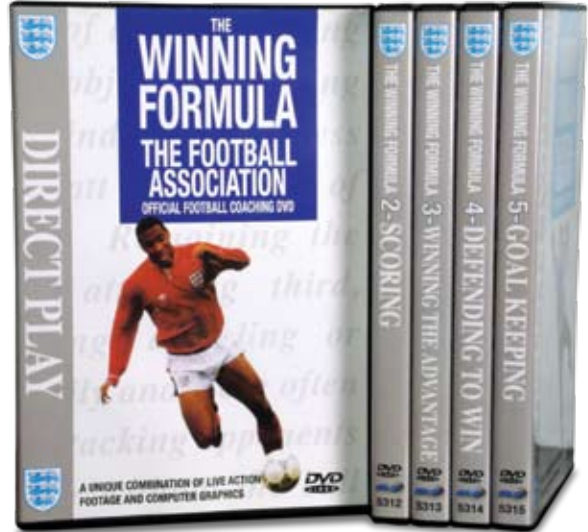
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Keep Calm and Play On... soccer that is. Show your love for the game by wearing this Gildan 50/50 DryBlend classic fit Adult t-shirt. Moisture Wicking Fabric. Pre-shrunk. Men's Sizes S-XL. Women's sizes S-M.



## The Winning Formula

This long-time best selling video series is now **available for the first time on DVD**. A series of five instructional DVDs that clearly explain the principles of team tactics for offense, defense and midfield play. A blend of computer graphics and live action from top world class games are combined to make an easily understood presentation of soccer strategy. An Official series from the Football Association.



### Disc 1- Direct Play

**Featuring:** Analysis of Goals Scored • Priorities in passing • Support in attack • Turning with the ball • Forward runs with and without the ball **Includes the techniques of:** Dribbling • Running with the ball • Drawing defenders out of position

60 minutes

DVD- #5311 \$19.99

### Disc 2- Scoring

**Featuring:** Crosses • Heading • Shooting • Prime Target Areas • Prime Scoring Areas • Movement of Attackers to be First to the Ball

60 minutes

DVD- #5312 \$19.99

### Disc 3- Winning The Advantage

**Featuring:** Creating Space as an Individual • Ball Control • Creating Space as a team • One-Touch Play • Winning the Ball in the Attacking • third of the field • Mental Concentration • Winning and Attacking from Set Plays **Includes the techniques of:** Throws • Free Kicks • Penalties • Corner Kicks

60 minutes

DVD- #5313 \$19.99

### Disc 4- Defending To Win

**Featuring:** Key Factors in Defending • Recovery Runs and Lines • Challenging for the Ball • Importance of Support • Importance of Compactness • Tracking Players • The Guiding Triangle • Attacking the Ball under pressure • Defending at Set Plays **Includes the techniques of:** Throws • Free Kicks • Corners

80 minutes

DVD- #5314 \$19.99

### Disc 5- Goalkeeping

**Featuring:** Short Stopping • Dealing With Crosses • Supporting and Communicating with the Defence • Narrowing Angles • Goal Kicks • Penalties **Includes the techniques of:** Basic Handling, Feet, Hands and Head • Catching and Deflecting the Ball • Fly Kicking • Throwing • Kicking from Hand

40 minutes

DVD- #5315 \$19.99

**Save** Buy all 5 Winning Formula DVDs for \$49.99 #7126



### Club Coach

**The Practical Guide to coaching young Children**  
An official production of The Football Association

Featuring over 20 coaching games

For U-8, U-10, and 10+

The Aim of Club Coach is to provide ideas for Moms, Dads or volunteers who find themselves coaching for the first time, and is also a useful resource for more experienced coaches. By using this program you will improve your knowledge and awareness of soccer, and find out more about your players and about yourself as a coach.

70 minutes

DVD- #5403 \$19.99



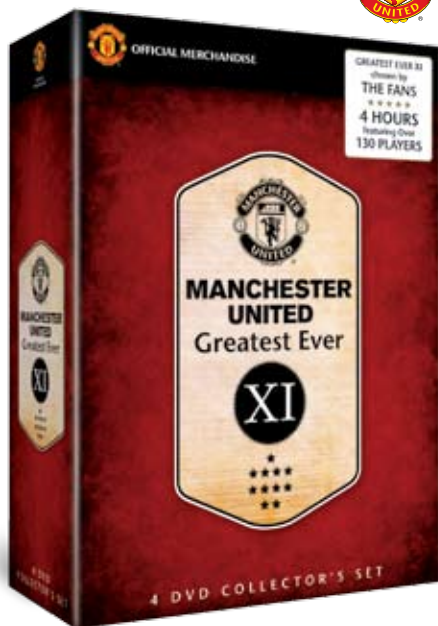


OFFICIAL MERCHANDISE

**As Voted For By The Fans,  
This Is Manchester United's  
Greatest Ever XI.**



**4 DVD Collector's Set**



Robson or Rooney? Best or Beckham? Stiles or Scholes? A host of great players have played for Manchester United over the club's long and distinguished history, but who would represent the Red Devils in your ultimate dream team?

A unique, fan-driven project, MANCHESTER UNITED: GREATEST EVER XI sets out to select a definitive team of the greatest players ever to pull on the famous red shirt. A worldwide fan poll was held on manutd.com allowing fans to vote for their greatest ever XI and in doing so decide the line-up that will be featured in this official club DVD collection.

Across 4 DVDs, which include over 130 players, fans make the case for their picks and relive memories of mighty performances on the pitch highlighting the club's most memorable players.

260 minutes  
4 DVD Set #5106 \$49.99

**DVD 1 - GOALKEEPERS AND DEFENDERS**

The full-backs, center-halves and 'keepers from Carey to Irwin, Stam to Vidic, and Stepney to Schmeichel.

**DVD 2 - MIDFIELDERS**

From tough tacklers such as Keane and Stiles to magicians like Best and Ronaldo.

**DVD 3 - STRIKERS**

Celebrate the heroes up front, including icons such as Cantona, Charlton, Rooney and Law.

**DVD 4 - The Results**

The results of the poll conducted on ManUtd.com are revealed, to determine the fans' choice for the greatest players to ever play for Manchester United. A panel of former Manchester United Greats, including Bryan Robson, Lou Macari, Sammy McIlroy and Alex Stepney debate the fans' choices.

**Rooney: Goal Machine**



OFFICIAL MERCHANDISE

Wayne Rooney burst onto the Old Trafford stage in September 2004 with an unforgettable hat trick against Fenerbahce. That stunning debut only hinted at what was to follow- Rooney has now netted over 150 times for the Reds.

Featuring an exclusive interview from the man himself, Rooney: Goal Machine is the perfect film for fans of United's number 10. Relive every one of his goals for United, as well as insights from those who work with him every day, including Ryan Giggs, Rio Ferdinand and Sir Alex Ferguson.

Was it the hat trick that started it all? Or perhaps his Kop beater at Anfield in April of 2007? Maybe you agree with Wayne himself, who regards his stunning overhead winner in last season's Manchester derby as the best goal he's ever scored.

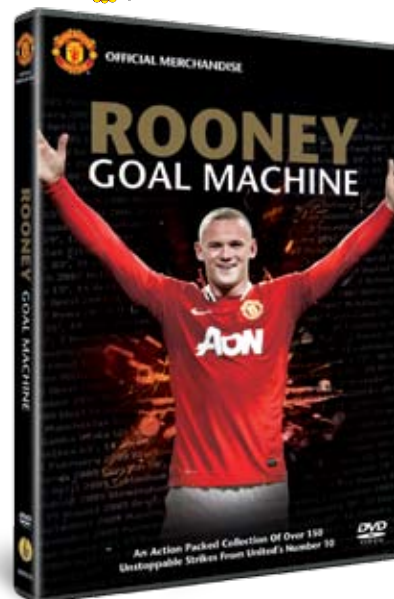
You can make up your own mind as Rooney: Goal Machine showcases the first 155 goals from one of Old Trafford's finest.

FEATURING:

- Over 150 goals
- An exclusive WAYNE ROONEY interview
- PLUS insights from SIR ALEX FERGUSON, RIO FERDINAND and RYAN GIGGS

SPECIAL BONUS FEATURE-  
Rooney Picks His Top 10 Goals

87 minutes  
DVD #5103 \$19.99





### Manchester United Season Review 2012/2013

Every goal from every game of United's record 20th title in Sir Alex Ferguson's final season as manager.

An incredible achievement orchestrated by the most successful manager in English football. Sir Alex Ferguson drove United on to their record breaking 20th League title, and his 13th and ultimately final Premier League crown.

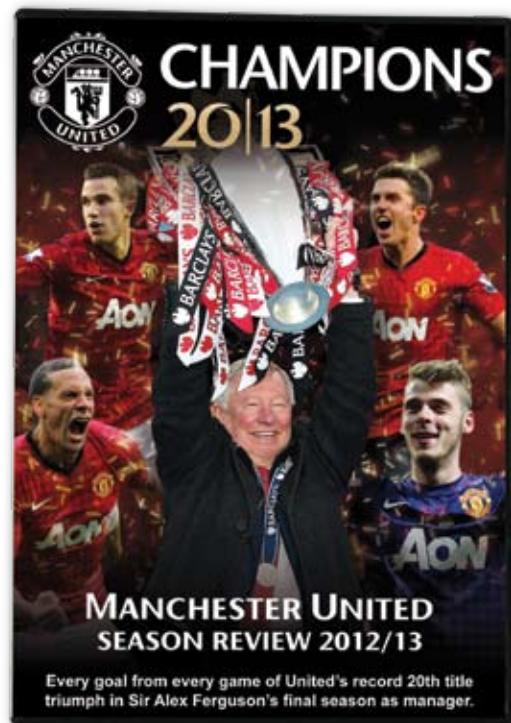
After almost 27 years in charge, Sir Alex shocked the world of football with his decision to retire. Fittingly he leaves United at the top. Champions yet again and this triumph was as thrilling and comprehensive as any before it.

Inspired by the goal scoring genius of Robin van Persie, the might and majesty of Michael Carrick, the defensive dominance of Rio Ferdinand and the emergence of David De Gea as the best young keeper in the country, the Reds roared back in style after missing out so cruelly on the final day last season.

A United squad of youthful brilliance and experienced excellence beat all their major rivals with dramatic late victories at both Manchester City and Chelsea among the most exhilarating moments of an unforgettable campaign. Featuring every goal from every game, exclusive interviews and all the emotion of Sir Alex's final match at the Theatre of Dreams. Fergie Time may be over but the story continues...

125 minutes

DVD- #5304 \$19.99



### Manchester United Season Review 2011/2012

ALL THE GAMES, ALL THE GOALS AND EXCLUSIVE INTERVIEWS FROM ANOTHER THRILLING SEASON.

For the first time since the late 1960s, Manchester emerged as the capital of English football in 2011/12, as 19-times champions United were confronted by local rivals City in a local skirmish which spilled over into a battle for the Barclays Premier League title.

With highlights, exclusive interviews and analysis, the Manchester United 2011/12 Season Review will take you through every twist and turn of a typically undulating season following the Reds. From the early-season swagger to the breathless late charge for glory, via every peak and trough in between, there is no better way to relive another thrilling campaign.

140 minutes

DVD- #5201 \$9.99

### Manchester United The Irish Connection

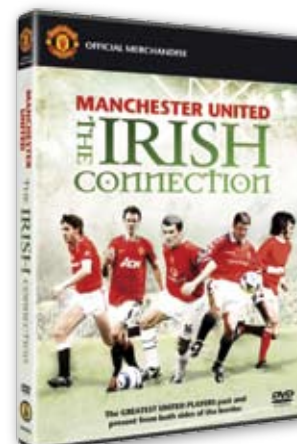
Manchester United have always had a massive following in both Northern Ireland and in Eire. This is probably due to the sheer class of the Irish players who have played at Old Trafford over the last few decades, from the legendary brilliance of George Best to the passionate drive of Roy Keane.

This DVD is a testament to the combined talents of Roy KEANE, Dennis IRWIN, Frank STAPLETON, Norman WHITESIDE, Kevin MORAN, George BEST et al, who have come across the Irish Sea to grace the turf of the Theatre Of Dreams with a brilliant splash of green amongst the Red.

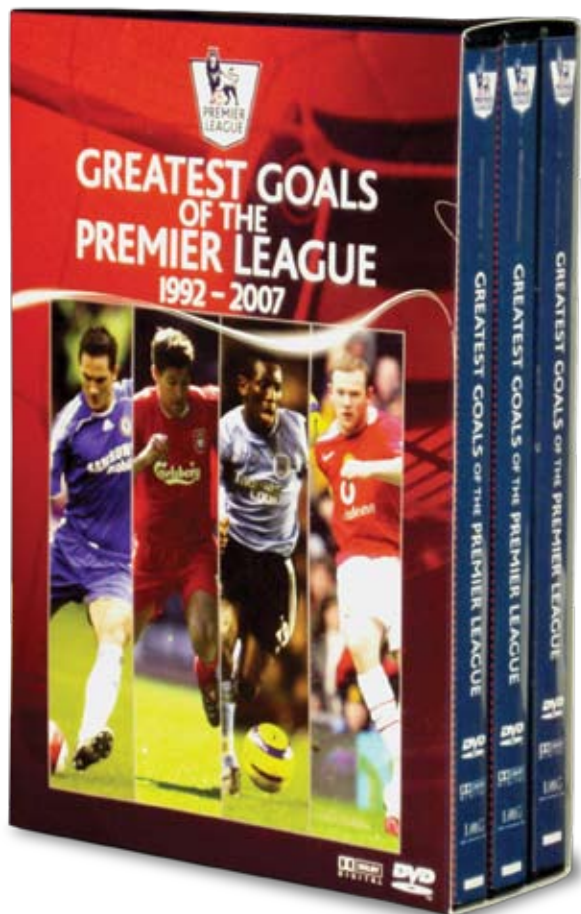
After originally being released in the year 2000, THE IRISH CONNECTION has been updated to include John O'SHEA and Jonny EVANS.

60 minutes

DVD #5107 \$9.99







**Premier League  
Greatest Goals Box Set**  
**The Ultimate Goals Collection**

The greatest goals from the greatest players and the greatest clubs playing in the greatest league in the world. With over 6 hours of amazing Premier League action, this is the Ultimate Goals Collection perfect for every soccer fan, soccer player or soccer coach.

The Premier League was formed in 1992, today it is the world's most watched league and the most lucrative - attracting the top players from all over the globe. This DVD collection features the greatest goals from every year, starting with the first on August 15, 1992 by Brian Deane against Manchester United and culminating with a special segment counting down the greatest goals from each of the 15 seasons covered in this exclusive DVD collection.

Witness over 1,000 spectacular goals from the worlds greatest players and teams. Simply stunning magic from Drogba, Ronaldo, Henry, Gerrard, Rooney, Beckham, Bergkamp, Cantona, Wright, Shearer & more. Re-live the greatest goals from Liverpool, Arsenal, Chelsea, Manchester United, Newcastle, Spurs & all the rest.

360 minutes  
3 DVD Set #7402 \$29.99

- Disc 1- Premier League Goals 1992-1997
- Disc 2- Premier League Goals 1997-2002
- Disc 3- Premier League Goals 2002-2007



**100 Golden Moments Of The Premier League**

The Premier League archive holds some of the most exciting and captivating moments from the modern domestic game including many momentous clips that capture the drama of the history of the competition.

The Golden Moments capture the defining moments of the Premier League and shows the high levels of skill, energy and emotion that has long been associated with the competition. Golden Moments include all the trophy presentations and great goals by Beckham, Di Canio, Cantona, Bergkamp, Henry and many more. Also witness trademark celebrations by Klinsmann and Shearer, and classic showboats from some of the best in the business including Ronaldo, Okocha, Zola and Ginola.

100 minutes  
#5455 \$12.99

### Own Goals and Gaffs III

Own Goals & Gaffs III: Hits & Misses DVD is the definitive collection of soccer bloopers, mishaps & mayhem from The Premier League. Even in the dynamic and highly-paid world of English soccer's elite division, things can and will go very wrong. Here, in all their glory, are the beautifully executed own goals and appalling misses that are a part of the game at every level.

Alongside the own goals & gaffs on the pitch are a compilation of out-takes and observations based on the managers, officials & fans. A comprehensive review of the antics by the men on the sidelines and the demented celebrations of the game's most committed fans & equally crazed team mascots. We cover it all in this original and outstanding look at the lighter side of the beautiful game.

70 minutes

DVD- #5901 \$12.99



### Premier League Goals and Season Reviews



#### Premier League Goals & Season Review 2012

60 minutes

DVD- #5202 \$9.99



#### Premier League Goals & Season Review 2011

104 minutes

DVD- #5102 \$9.99



#### Premier League Goals of the Season 2009

52 minutes

DVD- #5902 \$9.99



#### Premier League Review of the Season 2009

52 minutes

DVD- #5903 \$9.99



#### Premier League Goals of the Season 2008

52 minutes

DVD- #5802 \$9.99



#### Premier League Review of the Season 2008

52 minutes

DVD- #5803 \$9.99



#### Premier League Goals & Season Review 2007

105 minutes

DVD- #5702 \$9.99





### The Official Review of Euro 2012

The finals of the 14th UEFA European Football Championships were held in Poland and Ukraine from 8 June to 1 July 2012.

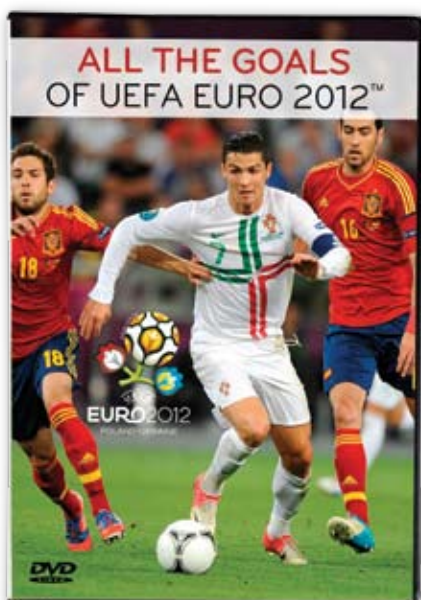
Sixteen national teams competing in a total of 31 matches to become champions of Europe.

**The Official Review of UEFA EURO 2012 DVD** captures the competitions best moments as well as revealing all the twists and turns as they unfold. From the opening game to the spectacular final when Spain swept away their final opponent and crushed Italy 4-0, every match and all the best moments are featured in this comprehensive **three hour DVD**.

There were goals galore and intense competitive matches filled with attacking football and exemplary sportsmanship. Each team played its part in the most entertaining world tournament in modern history. **The Official Review of UEFA EURO 2012 DVD** is the best football DVD of the year.

178 minutes

MP4 Digital Download- #5203 \$19.99  Digital Download Available



### All The Goals Of Euro 2012

UEFA Euro 2012 All the Goals DVD brings back to life each and every goal from what turned out to be the most exciting world tournament in the modern era. It featured a total of 76 goals: 6 players scored three goals, 10 players scored two goals, 37 players scored one goal, and only one own goal was scored. Now you can re-live every one of them, all the build up and replays from multiple angles to really get inside the game.

Fernando Torres, winner of the Golden Boot, scored 3 goals for UEFA EURO 2012 champions Spain, and he is the first player ever to score in two finals. All the goals from UEFA EURO 2012 are here; from the first goal in the opening game to the 4 decisive strikes from Spain in the final - Every fan must have UEFA Euro 2012 All The Goals DVD.

55 minutes

MP4 Digital Download- #5204 \$19.99  Digital Download Available

### Euro 2012- The Final

On their way to making history and collecting their third consecutive trophy, Spain made it look effortless as they crushed the Italian's hopes and dreams. They were stronger, faster and fitter and they overwhelmed the Italian midfield. Italy were outplayed, but were able to leave the pitch with their heads held high, despite the final score.

90 minutes

MP4 Digital Download- #5205 \$19.99  Digital Download Available



 Buy all three Euro 2012 MP4 Digital Downloads or DVDs for \$49.99 #7152

**FC Barcelona v Manchester United**  
 UEFA Champions League Final 2011



FC Barcelona, led by manager Pep Guardiola, gave Manchester United a lesson in Soccer at Wembley Stadium on May 28, 2011 as they turned on the Barcelona style to claim their fourth Champions League Victory. FC Barcelona repeated the success of 1992, when the club took it's first European Cup. With goals from the great trio of Messi, Villa and Pedro, they brushed aside the challenge of a competitive Manchester United to win 3-1.

Sir Alex predicted "The Game Of The Decade" and the 2011 final has confirmed FC Barcelona's position at the top of contemporary soccer- against a team who have rivaled Barca over recent years.

Make a space at camp Nou, as FC Barcelona's fourth Champions League Cup is on it's way home!  
 120 minutes  
 DVD- #5104 \$14.99



**FC Barcelona 2006- 2 Disc DVD**  
 Champions of Europe

After a 14 year absence, FC Barcelona were crowned UEFA League Champions. This fantastic double DVD shows FC Barcelona's 'Road To Paris' including the best moments from all their matches, interviews, insight from the management and the eventual celebration in the Camp Nou.

The final, FC Barcelona v Arsenal - Ronaldhino v Henry - set up one of the most eagerly awaited games in years. This 2 Disc DVD preserves that history and FC Barcelona's ultimate triumph.  
 190 minutes  
 2 Disc DVD- #5604 \$14.99



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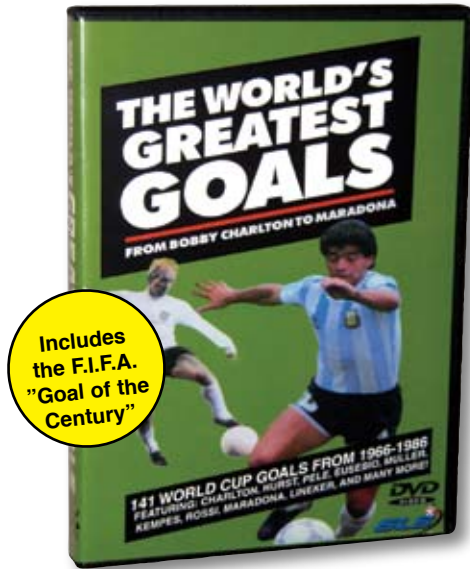
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## Action DVDs

### The World's Greatest Goals- The Golden Age of Soccer 1966-1986



See the greatest players from the greatest 20 years of World Cup History. 141 non-stop goals from Charlton, Hurst, Pele, Cruyff, Eusebio, Muller, Moore, Kempes, Rossi, Maradona and more!

60 minutes

MP4 Digital Download or DVD- #5459 \$9.99

### Brazil - The World Cup 1950-1994



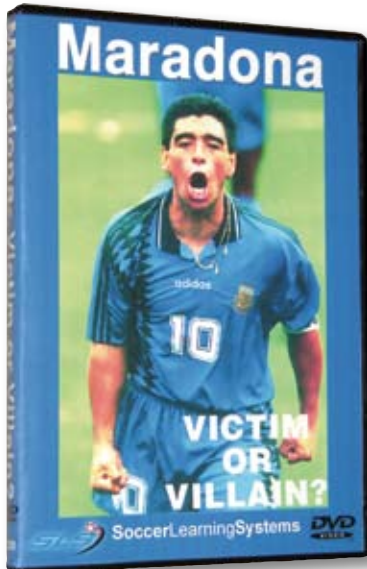
No other team can match Brazil's World Cup soccer history. The list of superstars is endless. The years of Ademir, Vava, Santos D, Santos N, Garrincha and the emergence of seventeen year old Pele.

Contains English and Spanish audio tracks.

60 minutes

MP4 Digital Download or DVD- #5301 \$7.99

### Maradona - Victim or Villain?

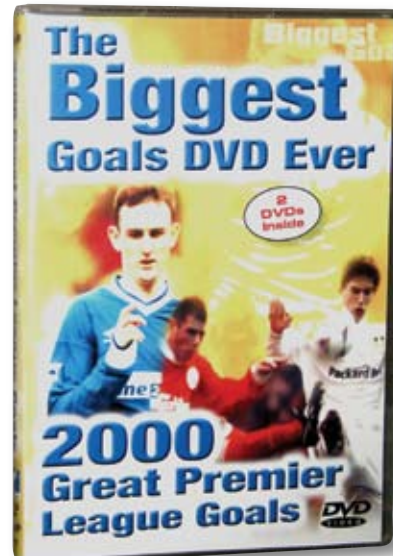


Follow Maradona from the days of his youth in Argentina, to his brilliant and unforgettable play in the 1986 World Cup where, in the same game, he scored both the most controversial and the most spectacular goals in World Cup history. The story continues through World Cup 1990 and 1994.

60 minutes

MP4 Digital Download or DVD- #5300 \$7.99

### 2000 Goals- 2 Disc DVD The Biggest Goals DVD Ever!



As the Premier League entered a new millennium, we collected together no fewer than TWO THOUSAND top class goals to make this the biggest goals tape the universe has ever seen. We've got strikes from every leading player in the Premier League, right from it's 1992 foundation to the millennium season itself.

180 minutes

2 Disc DVD- #5417 \$7.99



## The FA Learning Official Guides To Success On And Off The Field

A series of six books that provides essential advice and information about key skills for anyone involved in soccer. Each book in the series is packed with practical exercises and features, information and expert advice, which will improve people's understanding and enhance their ability and enjoyment of the world's greatest game.

The use of best practice examples, images and diagrams mean the books are easy to understand, interactive and can be used by anyone, from an experienced player to a parent getting involved because their son or daughter wants to play.



LEARNING

### Basic Team Coaching



Covers all the essential aspects of coaching and is vital for those who coach, or are considering becoming a coach. Includes- team strategies and tactics • leadership and management • game analysis  
200 pages  
#1212 \$9.99

### Psychology For Soccer



An introductory guide for anyone who wants to understand the needs of young players. Includes- understanding the motivation, learning and development of players • the effect of a players environment • how to develop individual strategies  
172 pages  
#1213 \$9.99

### Fitness For Soccer



Provides essential knowledge and advice for everyone who plays the game. Includes- basic physiology and nutrition • training strategies • the physiological differences between adults and children.  
171 pages  
#1215 \$9.99

### Basic Refereeing



Essential reading for all referees and those in training, and also provides vital knowledge for anyone involved in the game. Includes- the laws of the game and how to apply them • recognizing free kick and offside offenses • managing players.  
161 pages  
#1216 \$9.99

### Soccer Parents



Essential reading for any parent of a young soccer player who wants to get involved and help their child do their very best. Includes- choosing a team and being involved • sharing the interest • being a 'backyard coach'.  
169 pages  
#1214 \$9.99

### Running A Club



Written for anyone involved in the administration side of the game. Includes- advice on how to start and run a club • who to turn to for help • how to deal with problems • finance, administration, PR and marketing.  
177 pages  
#1217 \$9.99

# The player's essential guide to success on and off the pitch

Striker Midfielder Defender Goalkeeper

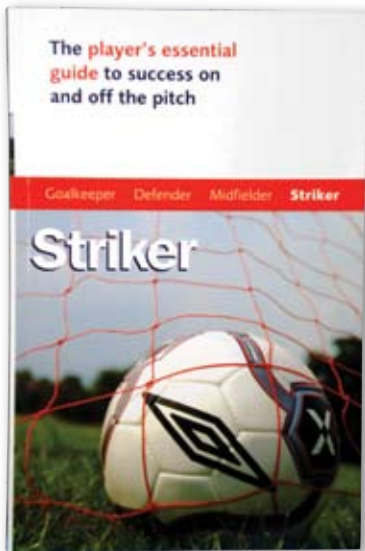
## Achieve your potential

These books give you the skills and essential advice needed to perfect these key positions. Master the specific skills and techniques that are fundamental to becoming a great soccer player, and covers nutritional, fitness and psychological aspects of player performance.

These books enable you to:

- understand the key principles of play
- prepare for the game
- improve your skills, from sharp shooting to heading
- learn from your match performance

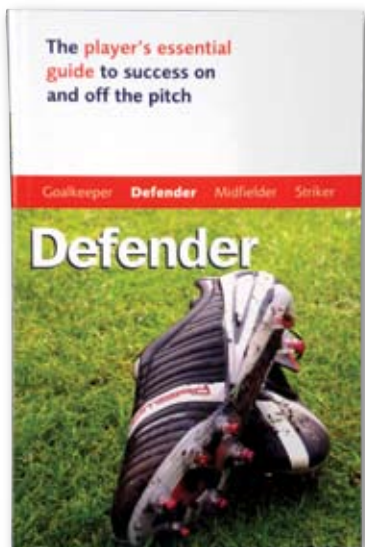
Packed full of indispensable tips and techniques, these books will soon improve your ability and increase your enjoyment of the world's greatest game.



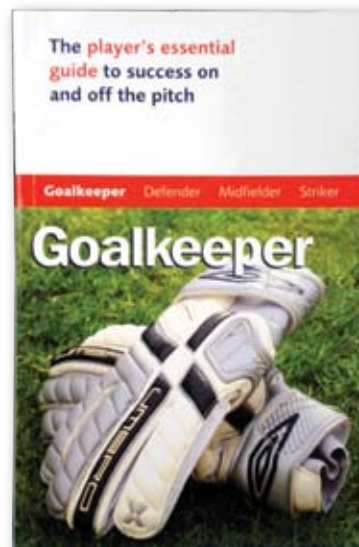
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276 pages  
#1232 \$4.99



242 pages  
#1233 \$4.99



222 pages  
#1234 \$4.99

## Coaching Books

### Youth Soccer Coaching



by Tony Carr. Detailed in this book are the best practices to help develop individual and team skills in the players you coach. The drills cover a wide range of play, from basic ball control such as turning, heading and striking, to team moves such as third man running, one-on-one marking, accurate passing and intelligent movement.

- Over 85 practice drills
- Expert advice from a professional coach
- How to run an effective session
- Illustrated with 180 diagrams and step-by-step photos

160 pages

#1156 \$9.99



### The Complete Guide To Soccer Fitness and Injury Prevention

**A Handbook for Players, Parents, and Coaches**

by Donald T. Kirkendall, With clinical commentary by William E. Garrett Jr., M.D. The book addresses the physical and mental demands of the game, including the differences between boys' and girls' games and the differences in the levels of play; nutrition fundamentals and vitamin supplements; basic elements of flexibility, speed, strength, and conditioning; and injury treatment and prevention.

272 pages

#1228 \$19.99

### Coaching Set Plays

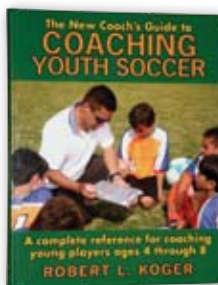
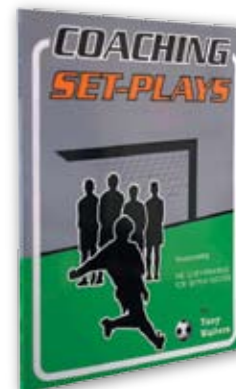
by Tony Waiters

A thorough and detailed explanation of the principles of set plays, both attacking and defending. Packed with diagrams and illustrations that will enable coaches of all experience levels to understand the concepts of Set Plays and improve a teams confidence and performance in Set Play situations.

162 pages

#1168 \$19.99

See The Set Plays  
video on Page 6



### The New Coach's Guide To Coaching Youth Soccer

by Robert L. Koger. With 14 Million children playing organized soccer in the U.S., it's likely that your child will play at some point- and you may be the coach! While the rules of soccer are simple (though they are explained here), the techniques for coaching young children are not. This book covers everything from the rules and the layout of the field to the logistics of finding playing space, setting up practices, and even handling pesky parents. Don't coach your team without this book!

Hardcover- 256 pages

#1224 \$19.99

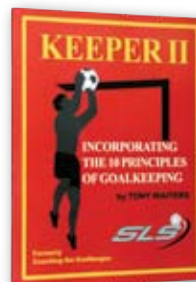
### Conditioning For Soccer



Conditioning For Soccer is no ordinary fitness program. It recognizes that there are different needs for individual players and the positions in which they play. Although there are common elements, the needs of a goalkeeper and a striker require completely different kinds of mental and physical preparation. Conditioning For Soccer will help players of all levels achieve peak performance.

130 pages

#1154 \$9.99



### Keeper II

The mystique of goalkeeping is a myth. Most of goalkeeping - and goalkeeper practice - is based on common sense and the simple principles of play. This easy to use manual covers the 10 principles of goalkeeping as well as practice sessions.

107 pages

#1109 \$19.99



New



### Coaching Futsal

Futsal is one of the fastest growing indoor sports in the world. The game provides many benefits that help with the development of players at all ages, but especially young players. Some of the many benefits of indoor soccer include- more touches of the ball, accurate passing, creativity and improvisation, technical and tactical skills, creating space and decision making.

"In Futsal you need to think quick and play quick so it's easier for you when you move to normal Soccer"  
-Pele

This program will help coaches organize and deliver game related Futsal practices based across the three core strands of attacking, defending and counter attacking/transitional play. It will also provide coaches with an introduction to the role the game of Futsal can play in developing underlying skills and techniques. The program concentrates on the basic principles of Futsal:

- \* Control \* Passing \* Feinting \* Running With The Ball/Dribbling \* Shooting \* Play and Move

111 minutes  
MP4 Digital Download- #5457 \$19.99



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ALL PRICES IN US DOLLARS

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New

### All The Right Drills

#### Training Sessions To Bring It All Together

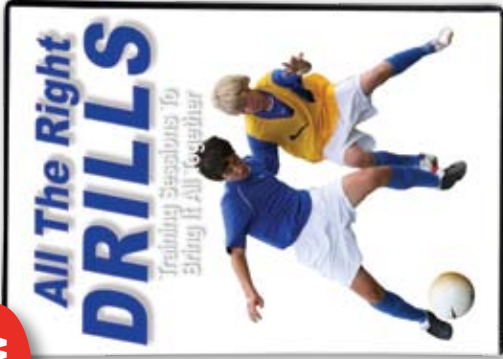
If you already have "All The Right Moves" and "All The Right Skills", now what you need is **All The Right Drills - Training Sessions To Bring It All Together**.

Building on the skills contained in All The Right Moves and All The Right Skills, All The Right Drills combines the skills and moves building blocks that allow coaches and players of all experience levels to improve their performance and enjoyment of the beautiful game. Each of the drills allows players to develop performance levels, at their own pace, under the careful direction of coaches who will have all the right tools to get the job done.

The 30+ drills cover the topics of: Warm-up • Dribbling • Passing • Receiving • Shooting  
105 minutes  
DVD- #5450 \$19.99



Digital Download Available



New



### Soccer Practice Simplified For 5-9 Year Olds

Page 4