

## Waldorf Grade 6 Book Recommendations

In sixth grade, the 11/12 year-old is usually beginning to experience the onset of puberty. Growth happens at an increasingly rapid rate and the child often goes through a time of alarm, not recognizing who he or she is anymore. Just as a single example, somewhere during the time of puberty a girl's larynx grows to *three* times its original size and a boy's, *seven* times its original size. This growth rate will never be repeated in the life span of human development.

Along with this physical growth comes a wonderful burst of new capacities of judgement. Sixth graders can be very fine company, capable of interesting insight and discussion. However, it is important to keep in mind that they are still children. Rome is the literary/cultural focus of the curriculum in grade 6. Lawfulness becomes an important anchor for the sixth grader. Clear structure, consequences for law breaking, and contracts for increasing responsibility are the best for helping a child through the difficult range of feelings that burst forth at this age. Keeping the child energetically concentrated on the work of learning is therapeutic and teaches the child that work helps tangled feelings move forward and lighten. To listen sympathetically to the upsets inevitable at this time, and then to re-focus on work to be done constitutes good practice for these youngsters. They are relying on adults for this. "Contracts toward increasing responsibility," is a good "slogan" for sixth graders: once work is completed, negotiations and privileges can begin!

### For Waldorf Teachers and Parents

[\*A Handbook for Waldorf Class Teachers\*](#) Kevin Avison

[\*Awakening Intelligence\*](#) Magda Lisseau

*Evaluation, Homework, and Teacher's Support* David Mitchell, ed.

[\*Finding Your Self\*](#) Torin Finser

[\*From Images to Thinking\*](#) David Mitchell, ed.

[\*Growing Up Healthy in a World of Digital Media\*](#) Michaela Glöckler

[\*Immersion Learning: A Travelogue\*](#) Frans Lutters

[\*Leaving Room for the Angels\*](#) Reg Down

[\*Rubicon\*](#) Monica Ruef and Rudolf Steiner

[\*Second Grade Development, Observation and Assessment\*](#) Else Gottgens (Though titled, "second grade" it can be useful, in sections, for assessing at any age)

[\*Solving the Riddle of the Child\*](#) Christof Wiechert

*Tapestry of a Waldorf Curriculum* Tobias Richer

[\*Tending the Spark\*](#) Betty Staley

[\*The Waldorf Main Lesson\*](#) Eric G. Müller

[\*The Temperaments and the Arts\*](#) Magda Lissau

[\*Working with Anxious, Nervous, and Depressed Children\*](#) Henning Koehler and Joseph Bailly

### **For Meeting Children's Needs in the Grade 6 Waldorf Classroom**

- [\*Developing the Observing Eye\*](#) Cynthia Lange  
[\*Difficult Children: There Is No Such Thing\*](#) Henning Koehler and Joseph Bailey  
[\*Educating the Will\*](#) Michael Howard  
[\*Helping Children on Their Way\*](#) Elizabeth Auer  
[\*Learning about the World through Modeling\*](#) Arthur Auer  
[\*Observing the Class Observing the Children\*](#) David Mitchell, ed.  
[\*Raphael: The Mysteries of Illness and Healing\*](#) Michaela Glöckler, M.D.  
[\*The Four Temperaments\*](#) Helmut Eller  
[\*Will-Developed Intelligence\*](#) Patricia Livingston and David Mitchell  
[\*Working with Anxious, Nervous, and Depressed Children\*](#) Henning Koehler and Joseph Bailly

### **For Curriculum Development in Waldorf Grade 6:**

#### **Mathematics and Geometry in Waldorf Grade 6**

- [\*Active Arithmetic\*](#) Henning Andersen  
[\*Finding the Path\*](#) Bengt Ulin  
[\*First Steps in Proven Geometry\*](#) Ernst Schuberth  
[\*Geometry Lessons in a Waldorf School\*](#) Ernst  
[\*Math Lessons for Elementary Grades\*](#) Dorothy Harrer  
[\*Mathematics Lessons for the Sixth Grade\*](#) Ernst Schuberth  
[\*Making Math Meaningful, A Source Book for Middle School\*](#) Jaimie York  
[\*Making Math Meaningful A 6<sup>th</sup> Grade Workbook\*](#) Jaimie York  
[\*Mensuration\*](#) Amos Franceschelli  
*The Waldorf Approach to Arithmetic* Herman von Baravalle  
*Teaching Mathematics in Rudolf Steiner Schools* Ron Jarman  
[\*Triangle, Circle, and Soul\*](#) Harry Kretz

#### **Language Arts in Waldorf Grade 6**

- [\*An English Grammar\*](#) Rudolf Schmid  
[\*An English Manual\*](#) Dorothy Harrer  
[\*Fire the Imagination — Write On!\*](#) Dorit Winter  
*Red Tape Holds Up New Bridge* Gloria Cooper  
[\*Spelling by Hand\*](#) Jeremy Herrmann  
[\*Teaching Language Arts in a Waldorf School\*](#) Roberto Trostli, ed.  
[\*The Power of Grammar\*](#) Anne Greer

### History in Waldorf Grade 6

*Ancient Mythologies: India, Persia, Babylon, Egypt* Charles Kovacs

*Ancient Rome* Charles Kovacs

[\*On Teaching History\*](#) Henry Barnes

[\*Roman Lives\*](#) Dorothy Harrer (a great resource, written as a reader for sixth grades)

[\*Teaching History\*](#) Christof Lindenberg

*The Book of the Ancient Romans* Dorothy Mills

[\*The Revelations of Evolutionary Events\*](#) Evelyn Debusschere

### Science in Waldorf Grade 6

[\*A Phenomena-Based Physics\*](#) Manfred von Mackensen

[\*An Introduction to a Study of the Stars\*](#) C.R. Mirbt

[\*Earth Science\*](#) Hans Ulrich Schmutz

[\*Physics the Waldorf Way Grade 6\*](#) Roberto Trostli

[\*Sensible Physics Teaching\*](#) Stephen Edelglass and Michael D'Aleo

*Sky Phenomena, A Guide to Naked Eye Observation of the Stars* Norman Davidson

[\*The Bee Book\*](#) Jakob Streit

*The Stars: A New Way to See Them* H. A. Rey

### Geography in Waldorf Grade 6

[\*Earth Science\*](#) Hans Ulrich Schmutz

*Longitude* Dava Sobel

*Man in Nature* Carl Sauer

### Music and Recorder in Waldorf Grade 6

[\*At Home in Harmony\*](#) Meg Chittenden

[\*Building the Chorus\*](#) Arnold Logan

[\*Music from around the World for Three Part Recorder Ensemble\*](#) Michael Preston

[\*Recorder Ensemble\*](#) Stephen Bernstein

[\*Songs of Heaven and Earth\*](#) Merwin Lewis

[\*The Importance of Being Musical\*](#) Cynthia Frangello

[\*Voyage in Song and Story\*](#) Jennette Resnick

### **Drama and the Class Play in Waldorf Grade 6**

- [25 Plays Inspired by Waldorf Teachers](#) David Mitchell, ed.  
[Eureka! The Life and Times of Archimedes](#) John Trevillion and Jeffrey Spade  
[Hawthorne Valley Harvest](#) William Ward, ed.  
[Pedagogical Theater](#) Arthur Pittis  
[Three Plays for Small Classes](#) Vivian Jones-Schmidt

### **Art in Waldorf Grade 6**

- [Creative Pathways](#) Elizabeth Auer  
[Eurythmy: A Creative Force in Humanity](#) Sylvia Bardt  
[Kinesthetic Learning for Adolescents](#) Leonore Russell, ed.  
[Learning About the World through Modeling](#) Arthur Auer  
[Learning to See the world through Drawing](#) Elizabeth Auer  
[Painting at School](#) Dick Bruin and Attie Lichthardt  
[The Temperaments and the Arts](#) Magda Lissau

### **Readers for Waldorf Sixth Graders**

- A Light in the Forest* Conrad Richter  
Anything by the author Gary Paulson  
Anything by the author Rosemary Sutcliff  
*Buzzy and the River Rats, volumes I, II, and III* John Hoffman  
[Geron and Virtus](#) Jakob Streit  
*I Marched with Hannibal* Hans Bauann  
[Little Bee Sunbeam](#) Jakob Streit  
*Lost on a Mountain in Maine* Donn Fendler  
\**Men of Iron* Howard Pyle and anything by this author (*Robin Hood, King Arthur*)  
*Old Yeller* Fred Gipson and Steven Polson  
\**Sir Nigel* Sir Arthur Conan Doyle  
[The Bee Book](#) Jakob Streit  
*The Bronze Bow* Elizabeth George Speare (Helen Keller's Teacher)  
*The Call of the Wild* Jack London  
[The Invisible Boat](#) Eric Müller  
[The Invisible Boat and the Molton Dragon](#) Eric Müller  
[The Star Rider and Anna McLoon](#) re-told by Jakob Streit  
*The Witch of Blackbird Pond* Elizabeth George Speare  
\**Where the Red Fern Grows* Wilson Rawls  
\*Especially good for reading aloud

**For Parents of Waldorf Sixth Graders**

[\*Adventures in Parenting\*](#) Rachel Ross

[\*Assessment for Learning in Waldorf Classrooms\*](#) Sara Ciborski & Helen-Ann Ireland

[\*Child Development at a Glance\*](#) Christian Breme

[\*Into the World: How Waldorf Graduates Fare after High School\*](#), Douglas Gerwin, Ilan Safit, ed

[\*Parent Participation in the Life of a Waldorf School\*](#) Manfred Liest

[\*Partnerships of Hope\*](#) Christopher Schaefer

[\*Rubicon\*](#) Rudolf Steiner/Monica

*The Wisdom of Waldorf Education for the Future* Rahima Baldwin

[\*Trailing Clouds of Glory\*](#) Douglas Gerwin

[\*Waldorf Education: An Introduction\*](#) Henry Barnes

[\*Windows into Waldorf\*](#) David Mitchell