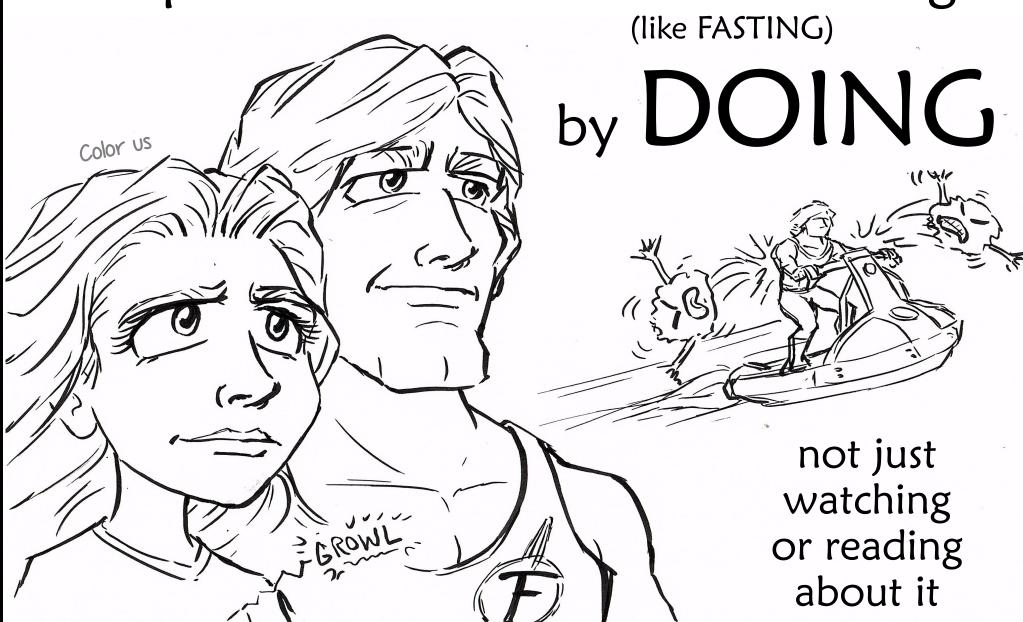
People come to KNOW something



bomen A GLZG

Isaiah 58:9-10



Then shalt thou call, and the LORD shall answer;
Thou shalt cry, and He shall say, Here I am.

And if thou draw out thy soul to the hungry and satisfy the afflicted soul; then, shall thy

light rise



Isaiah 58:6 **SELF-CONTROL**



Isaiah 58:7
FAST OFFERING



Isaiah 58:8
PHYSICAL HEALTH

Cut these pictures out as scripture glue-ins

"Now it's MY turn"
CHALLENGE!!

CREATE YOUR FAST PASS (as seen at the end of the episode)

And have a Rockin' FAST SUNDAY!!

*BONUS—Do a Fast (for whatever reason) NOT on a Fast Sunday