

Power Verse

Isaiah 58:9-10



Then shalt thou call, and the
LORD shall answer;
Thou shalt cry, and He shall
say, Here I am.

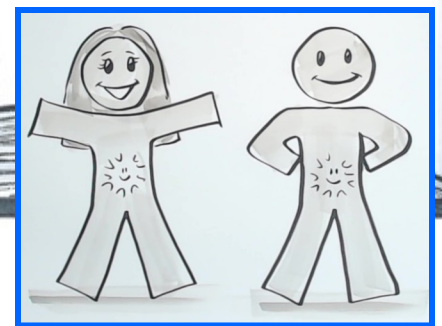
And if thou draw out thy soul
to the hungry and satisfy the
afflicted soul; then, shall thy
light rise



Isaiah 58:6
SELF-CONTROL



Isaiah 58:7
FAST OFFERING



Isaiah 58:8
PHYSICAL HEALTH

Cut these pictures out as
scripture glue-ins

"Now it's MY turn"
CHALLENGE!!

CREATE YOUR FAST PASS (as seen at the end of the episode)
And have a Rockin' FAST SUNDAY!!

***BONUS—Do a Fast (for whatever reason) NOT on a Fast Sunday**