



"Now it's MY turn" CHALLENGE!!

Alma 32-35

"Draw In" something
(a picture, a smiley, etc.)
-OR- put a sticker
on each day you
ROCK the challenge

Name: _____

Reward: _____

Alma 32

Its **NOURISHING WEEK!**

See what you can do to **NOURISH** your testimony seed!

Pick one (or two) things YOU want to try to different this week to nourish your testimony.

Could be **ANYTHING!** Write goal here
And then mark your **SUCCESES** this week!



A will **NOURISH** my testimony this week by...

Mon	Tues	Wed	Thurs	Fri	Sat	Sun



Alma 33-34

"CRY

unto the Lord"

Mark each day that you felt like you really tried to "Talk with Father" this week.

("Because" prayers are a great help!)

BONUS

Do the marking activity on the Principle of Power sheet