

Massage and Bodywork

Signature Relaxation

A full body Swedish style massage routine with a gentle intensity designed to increase circulation and promote relaxation. Long, smooth strokes relax muscles, release tension, improve circulation, and restore a sense of well-being.

\$85.00 60min \$120.00 90min

20/20/20

Perfectly targets stress areas common to most people. Ease in to your comfort zone one area at a time with a full 20 minutes on the head/neck/shoulders, feet, and back. An ideal service for someone's first massage or spa experience. Recharge

\$85.00 60min

Deep Tissue/Customized Massage

Focusing on the deeper layers of muscles, this massage uses firm pressure to release chronic pain patterns and tension throughout your body. You can choose full body or target areas where your stress and tension accumulate. For a full-body overhaul, we recommend the 90min service.

\$70.00 30min \$95.00 60min \$130.00 90min

Couple's Massage

A good choice if you want to spend as much time together as possible or if you want to introduce a friend or loved one to their first massage experience. Either way you'll enjoy your two signature massages together, in the same room, at the same time, with two different therapists. Additional charge for Deep Tissue or Prenatal.

\$185.00 60min \$255.00 90min

Sleep Massage

A relaxing ritual specifically designed to help you unwind, relax, and sleep better. A 90 min full body routine performed with warm lavender massage oil will soothe the soul and quiet the mind. Journey to a state of deep relaxation and enjoy a calm restful night's sleep. - a pathway towards your own personal well-being. Rest.

\$130.00 90min

Sinus & Headache

A natural way to relieve tension headaches and promote sinus drainage. Warm and cool stones along with lavender, eucalyptus and peppermint oils are used to loosen the muscles in the head, face, neck and shoulders. Pressure applied to specific points in these areas triggers the natural healing process to help clear sinus congestion so you can breathe better.

\$70.00 30min

TMJ

This massage focuses on muscles in the jaw, neck, head and shoulders by using a combination of muscle specific massage techniques and trigger point therapy to help release tension and discomfort cause by TMJ dysfunction.

\$70.00 30min

Reflexology

Your feet, hands and head hold mini maps of reflex points that correspond to other parts of your body. Reflexology is an ancient healing practice in which points on the feet, hands, and head correspond with other parts of the body to reduce tension and maintain the body's natural balance. Choose one area for the 30 min and one, two or all three for the hour service. Uplifting.

\$70.00 30min \$95.00 60min

Sacred Stone

Begin this sacred journey with heated smooth stones, hand selected to melt away your tension. As your therapist expertly massages tired muscles, allow the heat from the stones to travel through to deeper layers of tissue, so you can receive the benefits of a deep tissue massage without the extra added pressure. Grounding.

\$135.00 90min

Thai Yoga Massage

This ancient form of body work blends stretching, acupressure and rhythmic compression to increase flexibility and bring balance, vitality and rejuvenation to the body. A 90 minute traditional thai ritual is performed on a mat on the floor. Wear comfortable, loose-fitting clothes. Thai bodywork gives the benefits of massage, yoga, and energy work in one nurturing dance. Balance.

\$135.00 90min

Motherhood Massage

This gentle massage nurtures both mother and baby by improving circulation and lymph flow. Gentle pressure will reduce swelling and discomfort, especially in the lower back. Pillows are provided for added comfort and increased relaxation. You will be cradled in a sense of peace and balance. Precious.

\$95.00 60min \$130.00 90min

Body Scrubs

A Sweet Ritual

A relaxing body scrub that hydrates and smoothes your skin from head-to-toe. A blend of all natural sugar, essential oils and moisturizing Shea butter lifts impurities and dead skin, naturally boosting circulation to improve the look feel and feel of your skin. After a warm shower, a full body application of moisture-rich lotion is added to hydrate the skin. Refresh.

\$95.00 60min

Bamboo Lemongrass Ritual

An exfoliating, cleansing body polish that hydrates, smoothes, and brightens the skin. Bamboo extracts and essential oils of lemongrass and ylang ylang moisturize and revitalize the skin while imparting a light, refreshing scent. After a warm shower, a full body application of moisture-rich lotion will leave you feeling refreshed, your skin rejuvenated and your spirit renewed. This service includes a scalp treatment and mini massage. Renew.

\$135.00 90min

Awaken Ritual

Awaken your senses in a whole new way with a sumptuous blend of ground coffee, dead sea salt, and essential oils. The combination gently sloughs away dead skin while enlivening your senses and invigorating your body. A warmed shower rinse allows the oils to come alive, releasing stress and tension. Finish with a mini massage and an uplifting foot treatment. Awaken.

\$135.00 90min

Body Wraps

Our body wraps include a full body dry brushing to stimulate circulation and concludes with a thirty minute massage.

Body Soufflé

A gentle exfoliating body wrap of honey almond or mint and sage blended with yogurt that creates a deep cleansing mask for the entire body. Enjoy a face and scalp massage as you are wrapped in warmth. After a warm shower, a full body application of moisture-rich lotion will leave your skin feeling soft and smooth. An excellent treatment for dry skin as it replenishes nutrients and rejuvenates skin tone. Revive.

\$135.00 90min

Seaweed Wrap

A mineral-rich seaweed body treatment with potent herbal extracts that cleanses and detoxifies the body while restoring tone and vitality. A heated wrap intensifies absorption and promotes the elimination of toxins while the scalp is massaged with wild lime to stimulate the senses. Finish with a relaxing mini massage to end this perfect escape. Nourish the skin you're in. Restore.

\$135.00 90min

Facial Services

Organic Facial

A complete facial with cleansing, exfoliation, extractions, soothing massage and deep moisturizing - all customized for your skin type. Using the finest organic professional products available, our highly trained estheticians will tailor a skin care regimen laying the groundwork for achieving your ultimate skin care goals. Your skin will feel and look amazing.

\$70.00 30min (express) \$95.00 60min

Signature Hot Stone Facial

Following a skin analysis, your esthetician will tailor a unique approach for balance and wellbeing using Naturopathica and Eminence products. Plant stem cell and enzyme boosters are used to provide unmatched results. Hot stones relieve muscle tension in the arms, hands, legs, feet and neck. The warmth encourages circulation in the extremities and helps reduce fatigue. Emerge feeling refreshed and glowing.

\$135 90 min

Oxygen Infusion Facial

Using our Nue Skin Oxygen Infusion System, this facial will brighten, lift, calm, and infuse essential nutrients for healthier skin no matter what skin type, color, or condition! Oxygen increase circulation to the tissue, thus stimulating skin renewal and the uptake of nutrients into the skin.

\$110 60 min

Customized Facial

Our customized facial will lay the groundwork for you to achieve your skin care goals. Enjoy a complete facial with cleansing, exfoliation, extractions, soothing massage and deep moisturizing - using professional products customized for your skin type. Your skin will look and feel amazing, and our highly trained estheticians will provide you with a customized skin care regimen that will have you well on your way to loving your skin every day.

\$70.00 30min (express) \$95.00 60min

Microdermabrasion Facial

This service combines our 30 min customized facial with the added benefit of microdermabrasion exfoliation. This painless, nonabrasive procedure removes damaged cellular tissue and stimulates the growth of new healthier tissue. This service improves skin conditions such as sun damage, fine lines, age spots, acne, and superficial scarring.

\$90.00 45min Series of six \$475

Deep Pore Cleansing Facial

Our detoxifying facial is optimal for anyone suffering from oily, congested or acne-prone skin. This facial follows a specific deep cleansing protocol to help balance problematic skin.

\$95.00 60min

Anti-Aging Facial

Give your skin a revitalizing power boost with this facial designed to firm, smooth, nourish, regenerate and energize. Potent vitamins and hydroxy acid exfoliation resurfaces and retexturizes skin, while energizing massage techniques release tension in the facial muscles for the ultimate in skin therapy for prematurely aging, mature or devitalized skin.

\$95.00 60min

BioActive Peel

This peel is a powerful skin resurfacing system that helps reduce acne, pigmentation and signs of premature aging to reveal smoother, brighter and softer skin. This treatment is designed to exfoliate and remove dead skin cells of the outer layers of the skin and helps the skin underneath regenerate for better health and radiance. This treatment includes an aftercare kit of ultra calming products to speed up recovery.

\$125.00 45min Series of six \$600

Back Facial

Treat your back the same as your face. From minor to major breakouts, this relaxing treatment consists of steaming, massage, removal of blemishes, deep cleansing and the application of a therapeutic mask and microdermabrasion.

\$100.00 45min

Make-up Artistry/Consult

From natural to dramatic, for a special event or as the perfect end to a day at the spa, having your makeup done is a treat we rarely allow ourselves. Sit back and watch as our experienced makeup artists bring out your one of a kind beauty.

\$45.00 45min

Special Occasion \$65.00 60min

Bridal Make-up (2 sessions) \$90.00 75min

PURE RESULTS FACIAL

Experience dramatic results with this skin conditioning treatment designed to correct inflammation, the primary cause of premature aging. The session begins with an exfoliating treatment to sweep away dead surface cells and impurities, followed by a layer of our Plant Stem Cell Booster Serum which is clinically proven to improve the appearance of fine lines and wrinkles, radiance, smoothness and firmness.

\$95.00 60min

VITAMIN C15 BRIGHTENING FACIAL

This treatment reverses the effects of sun damage and premature aging. Potent antioxidants and corrective botanical extracts revitalize the skin. Featuring our breakthrough daily 15% Vitamin C serum that helps firm, brighten and dramatically reduce the appearance of wrinkles.

\$95.00 60min

MOISTURE DRENCH FACIAL

Nature's cure for thirsty, moisture-deprived skin. This hydrating facial immediately replenishes the skin with deeply hydrating botanical blends. A sensorial Soothing Hibiscus Enzyme Peel smooths and calms stressed skin. A nourishing facial massage utilizing the Gotu Kola Healing Balm leaves skin radiant and protected from harsh environmental elements. Ideal for high altitudes, extreme weather and desert climates.

\$95.00 60min

Gentlemen's Facial

This facial appeals to the guy's guy, the growing group of men who want products that will not only improve the quality and condition of their skin, but their overall appearance as well. This facial targets the unique needs of a man's skin and ends with a brief consultation with your esthetician outlining the perfect skin care regimen to keep your skin in optimal condition.

\$70.00 30min (express) \$95.00 60min

Facial Service Enhancers

Enjoy as an add-on to any one hour facial of your choice.

Microderm 10 mins \$25.00 20 mins \$50.00

LED Light Therapy \$20.00

Eye Contour Treatment \$30.00

4- step treatment to soothe puffiness, banish dark circles and firm fine lines

Exfoliating Hand Treatment \$25.00

Masque, scrub and Vitamin E lotion application

Waxing

Warning! Please note that waxing cannot be performed on anyone using prescription or over the counter products containing Retin-A, Accutane, Green Cream, Glycolic, AHA (Alpha Hydroxy Acid), or derivatives of those products. Failure to disclose such information before your service begins will result in injury. If you are unsure please disclose all products. For desired waxing result, hair growth should be approximately ¼ inch long.

Women's Waxing

Brow w/ shaping	\$25.00	15min
Lip or Chin	\$16.00	15min
Full Face with Brow	\$65.00	45min
Neck	\$25.00	30min
½ Arm or Underarm	\$30.00	15min
Full Arm	\$50.00	60min
½ Leg	\$40.00	30min
Full Leg	\$75.00	60min
Bikini	\$40.00	30min
Brazilian	\$65.00	30min
Full Brazilian	\$75.00	45min
Sideburns	\$16.00	15min
Lash/Brow Tint	\$25.00	15min

Men's Waxing

Brow	\$20.00	15min
Abdomen	\$30.00	15min
Chest	\$60.00	45min
½ Leg	\$50.00	30min
Full Leg	\$80.00	60min
Full Arm	\$55.00	45min
Back	\$60.00	45min
½ Arm or Underarm	\$35.00	30min

Manicures & Pedicures

Manicure

Sit back and relax as your hands are given the attention they deserve. Cuticles are treated, nails are shaped and all tension is massaged out of your hands. Choose from a variety of polish colors or have nails buffed beautifully bare.

\$27.00 French Technique \$33.00

Signature Spa Manicure

Rooted in traditional herbal remedies, this highly reparative manicure begins with an aromatic soak of Sweet Birch to soothe and soften the skin, followed by an uplifting Sea Salt Scrub to polish well-worked hands. A nutrient-rich Seaweed gel is applied and wrapped in warm towels for deep repair and intense hydration. Nail and cuticle care to follow.

\$40.00 French Technique \$46.00

Pedicure

Pamper and restore your hard working feet as they are exfoliated, massaged and moisturized. Cuticles are treated and nails are shaped to perfection. Choose to have your nails buffed or pick from a variety of colors to match any mood.

\$55.00 French Technique \$62.00

Hot Stone Pedicure

A traditional pedicure with the benefit of warm stones to relieve muscle tension and encourages circulation in the lower extremities. Tired aching feet will be rejuvenated and you will feel relaxed and calm.

\$70.00

Signature Spa Pedicure

Rooted in traditional herbal remedies, this highly reparative pedicure begins with an aromatic soak of Sweet Birch to soothe and soften the skin, followed by an uplifting Sea Salt Scrub to polish and soothe aching feet. A nutrient-rich Seaweed gel is applied and wrapped in warm towels for deep repair and intense hydration. Nail and cuticle care to follow.

\$70.00 French Technique \$77.00

Men's Manicure

A tailored manicure will leave even the roughest hands clean and smooth while the specially formulated nail treatment gives the nails a well groomed look.

\$27.00

Sports Pedicure

Restore those hard working feet with our tailored pedicure just for men. Let us buff out the rough spots and manage those nails with a specially formulated nail treatment that give the nails a well groomed look.

\$55.00

Paraffin Add on \$18.00 for hands or feet

Spa Packages

A Personal Journey

An ideal package for someone's first spa experience. It includes a one hour relaxation massage, manicure and pedicure.

2.5 hours \$167.00

A Beautiful Journey

This is the perfect spa experience for someone who wants to look as beautiful on the outside as they are on the inside. This package includes a spa manicure, spa pedicure and customized facial.

3 hours \$205.00

A Mother's Journey

Pregnancy can be emotionally and physically strenuous, and this package is designed to cater to every expecting mother's need. An hour prenatal massage, customized facial, spa lunch, manicure, spa pedicure, topped off with a delicious ice cream treat. This package is sure to bring instant relief for all the aches and pains associated with pregnancy.

4.5 hours \$307.00

A Gentlemen's Journey

Before you go fishing or play golf, give yourself an afternoon of rest and relaxation. Begin with a ninety minute deep tissue massage and a Gentlemen's facial specifically designed to combat the effects of shaving. After your spa lunch, relax and enjoy men's manicure and pedicure that will leave even the roughest hands and feet clean and smooth.

4.5 hours \$327.00

Journey to Thailand

This package could mark a new direction in your life – a move toward a more serene, more peaceful and more beautiful you. The journey begins with a ninety minute Thai yoga massage to bring balance and harmony to your entire

body. This package includes a customized facial, a Bamboo Lemongrass foaming body scrub, scalp treatment and a healthy spa lunch.

5 hours \$385.00

Journey for the Soul

Celebrate Louisiana culture with the combined fervor of southern hospitality, New Orleans flare and soul-stirring jazz music. This package is a cultural feast for the skin you're in. Soothe the body and soul with an hour relaxation massage, a roasted coffee body scrub, a foot treatment, manicure and pedicure. For your spa lunch, you'll enjoy seasonal foods of local flavor such as seafood, gumbo or jambalaya with king cake or pralines for dessert.

4.5 hours \$322.00

Journey Together

Share the harmony and give someone you care about the perfect gift – the gift of time. You'll enjoy an hour couple's massage, manicure and pedicure together, at the same time. This is the perfect package for friends, family and loved ones.

2.5 hours \$349.00

Ultimate Journey

This is "the" total package - the utmost in luxurious body treatments. Begin your lavish journey with a ninety minute customized massage followed by a mineral-rich seaweed body treatment that includes a body wrap and scalp massage to cleanse and detoxify the body while restoring tone and vitality. You'll also experience a customized facial, spa manicure and spa pedicure and a spa lunch.

6 hours \$490.00

Bumble Lane Spa

7450 Jefferson Hwy., Ste. 350

Towne Center

Baton Rouge, LA 70806

225.932.9522

Please note that your reservation time is the time in which your service begins. We request that all guests arrive 20 minutes ahead of your scheduled reservation in order to check in, prepare for your service and enjoy a spa snack and a cup of tea. For our guests, we provide a robe, slippers and towels. Lockers are available to all guests but please leave valuables at home as we cannot be responsible for lost or stolen items, and items left in lockers or robe pockets. After your service enjoy the bevy of amenities provided in each locker room or have a relaxing soak in the whirlpools, but please shower before entering the whirlpool and we ask that you bring a bathing suit from home for the comfort of all our guests. For the comfort of all of our guest and to keep the serenity of the spa, we do not allow any mobile devices in the building or loud talking in the spa area. Please enjoy the serenity and peaceful environment by keeping conversations to a minimum. Should you forget we will quietly remind you.

Please arrive 20 minutes prior to your reservation and please place all cell phone devices on silent to help maintain our tranquil environment. A credit card is required for reservations.

We greatly appreciate your punctuality, but we do understand circumstances can cause you to arrive late. Please let us know and we will do everything in our power to make sure you get the full time, attention and service for which you are scheduled. In some cases, however, it may be necessary to modify a service in order to keep the schedule of our other guests. Bumble Lane service providers strive to give each client the one-on-one attention they deserve. If circumstances cause you to arrive past your reservation time, you will be charged in full. We will do our best to accommodate your entire service but unfortunately your service may need to be shortened or cancelled to accommodate guests who arrived on time.

A credit card number or gift card number is required to make reservations. If an appointment is cancelled with less than 24 hours notice, the credit card on file will automatically be charged for 100% of the services booked.

Est # E2494

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