



# BUMBLE LANE

## MASSAGE & BODYWORK

### Relaxation Massage

Full body Swedish-style massage; light to medium pressure for a peaceful and relaxing experience \$100 60min \$135 90min

### 20/20/20

Light to medium pressure for peaceful relaxation with 20min on the head/neck/shoulders, 20 min on the feet and 20 min on the back. \$100 60min

### Deep Tissue/Customized Massage

Moderate to firm pressure for targeted muscle release. Choose to focus on certain areas or choose full body with deeper pressure. \$85 30min \$110 60min \$145 90min

### Spa Signature Massage

An eclectic blend of pressure and technique performed by one of our senior therapists. A full body relaxation-style massage with focus on areas that may need deeper work. \$235 120min

### Couples Massage

Share your relaxation massage experience with someone special. Additional charge for Deep Tissue or Prenatal. \$215 60min \$285 90min

### Motherhood Massage

Gentle pressure helps reduce swelling, stress and discomfort on strained muscles caused by pregnancy \$110 60min

### Sinus & Headache Massage

Acupressure points along the head, face and neck are emphasized to relieve sinus pressure and headaches. \$85 30min

### TMJ Massage

Acupressure points along the jaw, neck, head and shoulders are emphasized to relieve tension and discomfort. \$85 30min

### Reflexology

Focusing on acupressure points on the feet and hands. This hand and foot massage helps the body to return to its natural balanced. \$85 30min

### Sacred Stone Massage

Smooth heated stones are used for full body deep relaxation. Heat warms the muscles achieving a deeper massage without the deep pressure. \$150 90min

### Thai Mat

An ancient form of bodywork that uses stretching, acupressure and rhythmic compression to lengthen and relax the muscles. You will feel lighter and more energetic. This service is performed on a mat, so please wear comfortable, loose clothing. \$150 90min

## BODY SCRUBS AND WRAPS

### Body Scrubs

All scrubs include a shower and hydrating body lotion application  
 -Lavender Sugar Scrub  
 -Bamboo Lemongrass Body Polish  
 -Seasonal Body Scrub \$120 60min

### Body Wraps

All body wraps include a shower, full-body moisturizer and mini massage. Body wraps begin with a full body dry brushing to enhance circulation. The brush is our gift to you.  
 -Body souffle' - (Hydrating)  
 -Seaweed Mud Wrap - (Detoxifying) \$150 90min

## ESTHETICS & SKIN CARE

### Signature Facial

The perfect relaxation facial, great for all skin types. \$100 60min

### Age Defying Facial

Powerful products designed to increase collagen, soften fine lines and infuse hydration with glycolic and hyaluronic acids. Microcurrent is also used to tighten facial muscles giving you younger, firmer skin. \$150 60min

### Deep Pore Facial

For oily and congested skin. This treatment exfoliates, detoxifies and clarifies problematic skin. This service includes extractions, LED light and high frequency. \$130 60min

### Brightening Facial

Designed to address hyper-pigmentation. This facial is enriched with vitamins and antioxidants to transform dull skin into bright, glowing radiant skin. \$110 60min

### Gentlemen's Facial

A specialized facial just for men. This treatment will restore sun damage and repair dehydrated, course skin. Includes a scalp, beard massage and a brightening eye treatment. \$110 60min

## Peels

Bio Active Peel (mild) \$125 45min  
 Black and Gold Salicylic Peel (medium) \$125 45min  
 DermaWare Lactic Acid Peel (strong) \$150 45min  
 Boosters (extra strong) \$40

### Peel Packages

Series of six (mild & medium \$750 Value) \$600  
 Series of six (strong, \$1250 Value) \$900

## CLINICAL SKINCARE

### HydraFacial

A clinical grade facial for all skin types and skincare needs. Powerful patented technology products are used to penetrate the deepest layers of the skin. Great for fine lines, elasticity, skin tone, skin texture, brown spots, congested skin and enlarged pores.

**Treatment only:** \$165 30min  
**Deluxe:** LED lights, Dermabuilder or Briteinol Serum \$225 60min  
**Platinum:** LED Lights, Serum of choice, Lymphatic massage \$275 75min

### HydraFacial Packages

Treatment Only : Series of six - (\$990 value) \$825  
 Deluxe : Series of six - (\$1,350 value) \$1,125  
 Platinum : Series of six - (\$1,650 value) \$1,375

### Coolift

A revolutionary facial treatment that instantly removes fine lines and wrinkles, while boosting skin's elasticity and collagen.

Coolifting with Microdermabrasion \$295 60min  
 Coolifting with Deluxe HydraFacial \$475 60min

### Coolift Packages

Series of three 60min Microlift (\$885 value) \$600  
 Series of three 60min Ultimate Coolift (\$1,425 value) \$1,100

### Microdermabrasion

Non-invasive treatment using fine crystals to exfoliate and stimulate the growth of new healthy tissue. Softens fine lines and improves sun damage, age spots, acne and superficial scarring. Perfect for all skin types. \$95 45min

### Back Facial

For minor to major breakouts, includes hot steam, massage, removal of blemishes, deep cleansing, therapeutic masque and microdermabrasion. \$100 45min

## SKIN ENHANCEMENTS

Add any of our enhancements to customize your skin care experience

Galvanic Current	\$20
Microcurrent	\$20
LED Light	\$20
Coolift	\$200
CryoClear Freeze Treatment (removes unwanted skin tags & sunspots)	\$50
HydraFacial Serum	\$60
Microdermabrasion (10min)	\$25
De-Stress Eye Treatment	\$30
Lip Treatment (scrub & masque)	\$25
Extractions (10/15min extended per facial)	\$30
Makeup Consultation	\$45
Event Makeup	\$75
Bridal Makeup (2 sessions)	\$100

## MANICURES & PEDICURES

### Manicure

Buff, file, trim and treat your nails to our classic manicure. Choose from a variety of polish or have nails buffed beautifully bare. Complimentary gel removal with gel manicure only.

\$27 French \$33 Gel \$50 Gel French \$56

### Signature Spa Manicure

A reparative manicure that includes a hand mask, hot towel wrap, and a hand massage to nourish, repair and restore the hands

\$40 French \$46 Gel \$70 Gel French \$76

### Gentlemen's Manicure

A tailored manicure will leave even the roughest hands clean and smooth while the specially formulated nail treatment give the nails a well groomed look.

\$27

### Pedicure

Buff, file, trim and treat your nails to our version of a classic pedicure. Choose from a variety of polish or have nails buffed beautifully bare.

\$55 French \$82

### Signature Spa Pedicure

Reenergize your feet with a therapeutic soak in our whirlpool foot spa, followed by a soothing foot scrub, mask and hot towel wrap. Enjoy a foot massage and a hot paraffin wrap before your nails are beautifully buffed and polished to perfection.

\$75 French \$82 Gel \$90 Gel French \$96

### Gentlemen's Pedicure

Restore those hard working feet with our tailored pedicure just for men. Let us buff out the rough spots and manage those nails with a specifically formulated nail treatment that gives the nails a well groomed look.

\$55

## WAXING SERVICES

\*Warning\* - Waxing services cannot be performed on anyone using prescription or over-the-counter products containing Retin-A, Green Cream, Glycolic, AHA (Alpha Hydroxy Acid), or derivatives of these products. Failure to disclose such information prior to your service may result in injury. If you are unsure, please disclose all products to your Esthetician. For best results, hair growth should be approximately 1/4<sup>th</sup> inch long.

### Women's Waxing

Brow w/shaping	\$25	15min
Lip or Chin	\$16	15min
Full Face w/Brow	\$65	45min
Neck	\$25	30 min
½ Arm or Underarm	\$30	15min
Full Arm	\$50	60min
½ Leg	\$40	30min
Full Leg	\$75	60min
Bikini	\$40	30min
Brazilian	\$65	30min
Full Brazilian	\$75	45min
Sideburns	\$16	15min
Lash/Brow Tint	\$25	15min

### Men's Waxing

Brow	\$20	15min
Abdomen	\$30	15min
Chest	\$60	45min
½ Leg	\$50	30min
Full Leg	\$80	60min
Full Arm	\$55	45min
Back	\$60	45min
½ Arm	\$35	30min
½ Arm	\$35	30min
Underarm	\$35	30min

## SPA PACKAGES

### Experience

Ideal choice for someone's first spa experience. This package includes a 60min relaxation massage, manicure and pedicure.

\$182 2.5 hours

### Beauty

Take care of the "you" that is exposed to the world. This package includes a 60min customized facial, spa manicure and spa pedicure.

\$215 3 hours

### Renew

A detoxifying and replenishing 60min body scrub and a 90min body wrap. After a warm shower, a full body application of moisture-rich lotion will leave your skin feeling soft and smooth.

\$270 2.5 hours

### Revive

This package includes a 60min relaxation massage, 60min sugar scrub, 60min customized facial, a spa manicure, spa pedicure and a catered spa lunch

\$455 5 hours

### Motherhood

Designed specifically for the mother-to-be. This package includes a 60min prenatal massage, 60min customized facial, spa manicure, spa pedicure, catered spa lunch and dessert.

\$345 4.5 hours

### Gentlemen's

The perfect gift for the man who has everything. This package includes a 90 min deep tissue massage, 60min Gentlemen's facial, Gentlemen's manicure, pedicure and a catered spa lunch.

\$357 4.5 hours

### Thai

Thai bodywork gives the benefits of massage, yoga and energy work in one nurturing dance. This package includes a 90min Thai mat massage (please wear loose clothing), 60min customized facial, Bamboo Lemongrass body scrub and a catered spa lunch.

\$370 2.5 hours

### Couples

Share your spa experience with someone special. Together you will share a 60min couples massage, manicure and pedicure.

\$379 2.5 hours

### Bridal

Perfect for her big day. This package includes a 60min relaxation massage, 60min Deluxe HydraFacial, Spa manicure, Spa pedicure, dessert and a special gift. You may upgrade this package to include engagement and bridal makeup sessions. Excellent gift for the bride-to-be.

\$460 4 hours

Engagement & Bridal makeup (2 sessions)

\$110 75min

## Spa Etiquette

### Reservations

A credit card number or gift card is required for all reservations. Your reservation time is the time in which your service begins. Please arrive 20 minutes prior to your reservation for check in. Lockers are provided to all guests; however, please leave valuables at home as we cannot be responsible for lost or stolen items.

### Late Arrivals

If circumstances cause you to arrive past your reservation time, we will do our best to accommodate your entire service. (On rare occasions, your service may need to be shortened or cancelled to accommodate other guests.) Bumble Lane strives to give each guest the individual attention they deserve.

### During Your Visit

Relax and enjoy all the amenities we have to offer. Please bring a bathing suit and shower before entering the whirlpool area. For the comfort of our guests and the serenity of the spa, please use your "spa voice" and silence all smart devices. You are encouraged to enjoy the serenity and peaceful surroundings by keeping conversations to a minimum. Should you forget, we will quietly remind you.

### Cancellation Policy

As a courtesy to other guests and to our service providers, 24 hour notice is required to cancel a reservation. Late cancellations and "no shows" will be charged 100% of the service price.

### Towne Center

7450 Jefferson Hwy, Ste 350  
Baton Rouge, LA 70806  
225-932-9522

### Lagniappe Center

14609 Airline Hwy., Ste 102  
Gonzales, LA 70737  
225-744-6010

[www.BumbleLane.com](http://www.BumbleLane.com)