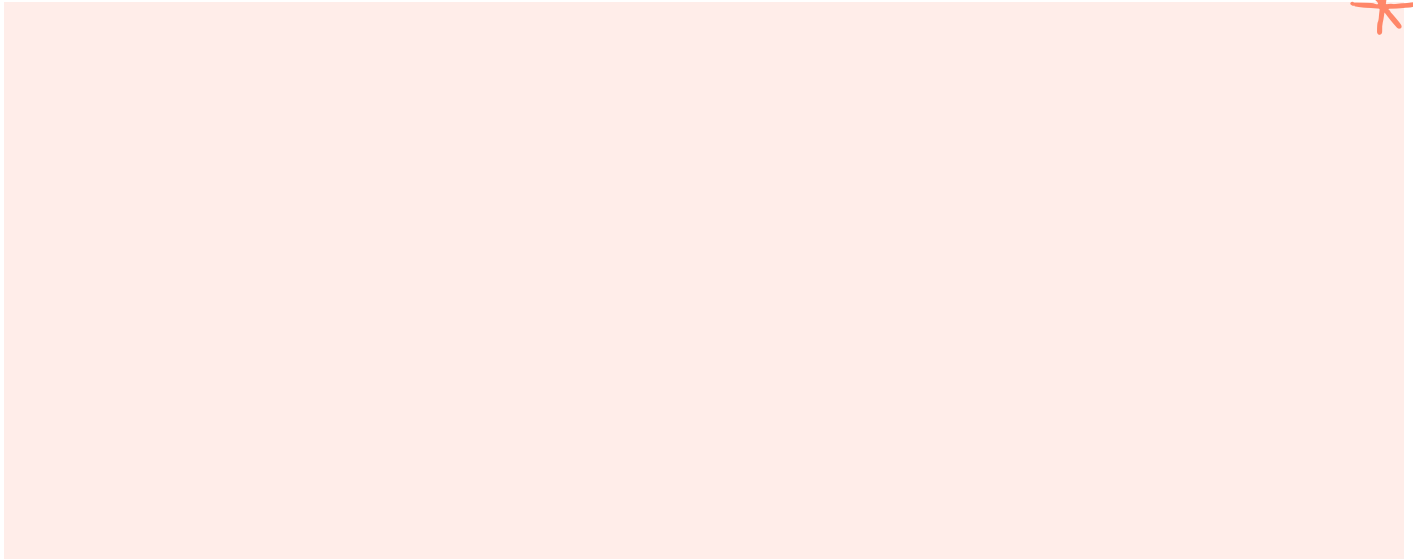


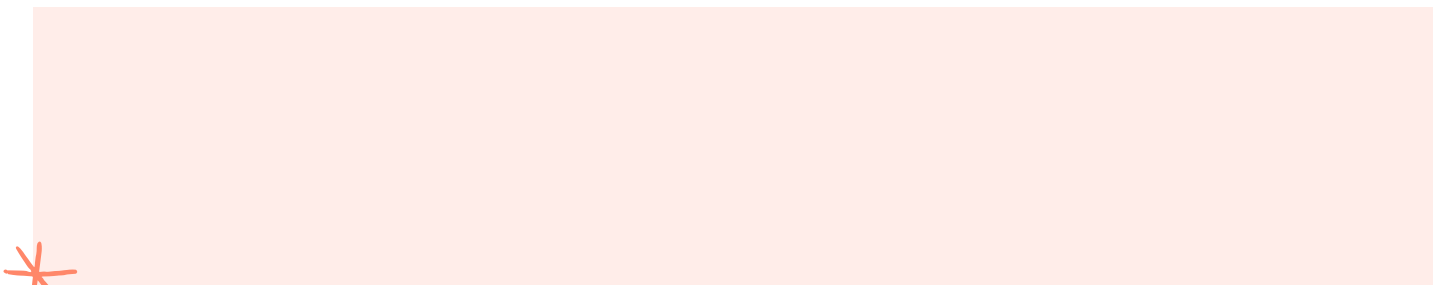
* * 2021 goal setting

In the box below, start dumping. When you think of the *happiest* version of you / your life, what comes to mind? Use this prompt to help inspire your thoughts and words that come to mind.

Give yourself 3-5 mins to do this!



- * **a** What aspects of your life do you want to set goals for? (i.e. financial, housing, personal, career, family, etc) .. these are your categories! Pick three and write them down in Section A on page two.
- * **b** After you've identified your categories, you need to set your GOALS for **each** category. In Section B on page 2, pick your TOP 3 goals and write down per category.
- * **c** 1. What do you need or who can help you achieve these goals? (i.e. Education, time, people, equipment, support, finances, etc.) Brain Dump:



* 2. After you've identified what you need to help you achieve these goals use then as a guide on Section C on page two to fill in the actions / steps you need to take to achieve each goal in each category.

ONCE YOU'VE COMPLETED PAGE TWO, PRINT IT OFF AND DISPLAY IT SOMEWHERE YOU SEE EVERY DAY, USE IT AS MOTIVATION! BE SURE TO CHECK OFF YOUR ACTIONS AND STEPS ALONG THE WAY !

* * 2021 goal setting *

a. Categories

b. Goals

c. Actions

**"Go as far as you can see; and when you get there
you will be able to see further."**