



☆ DIRECTIONS ☆

1. COLOR LABEL + CUT ALONG DOTTED LINE.
2. ADHERE TO A JAR W/TAPE.
3. CUT OUT KINDNESS PROMPTS + PLACE IN JAR.
4. PULL ONE OUT + **SHARE KINDNESS!**



CALL A FAMILY MEMBER TO SAY HELLO

HELP MAKE A MEAL AT HOME

COMPLIMENT A FRIEND

BAKE TREATS FOR A TEACHER

CLEAN UP A PARK OR BEACH

HELP A NEIGHBOR WITH A CHORE

DONATE TOYS OR CLOTHES

LEAVE KIND MESSAGES AROUND YOUR
NEIGHBORHOOD W/ SIDEWALK CHALK

↑ WRITE YOUR OWN ↑

THIS SAVES LIVES.