Envelope Fundamentals

3 hours narrated instruction, 12 to 18 hours to complete with review of content, guizzes, final test and review of downloadable materials.

BLUE HOUSE ENERGY

Quizzes plus practice exercises Final test 100 questions Passing mark on final test = 70%

COURSE DESCRIPTION

Effective upgrades to building envelopes that create comfortable and durable homes are based on a solid understanding of building science and the house as a system. Envelope Fundamentals is made up of 7 modules that cover the following topics:

- 1. House as a System
- 2. Indoor Air Quality
- 3. Healthy Housing
- 4. Ventilation

- 5. Fundamentals of Air Sealing
- 6. Strategies for Air Sealing
- 7. Fundamentals of Insulation

Each module includes a downloadable study guide to accompany the online learning program. There is a review and quiz at the end of each module to help you gauge your understanding of the topics covered.

Objectives

After completing this course, you will be able to:

- Apply the House as a System Concept
- Describe how building science affects building durability and occupant comfort
- Categorize the signs, symptoms and solutions for good indoor air quality
- Identify how various elements of a building control or contribute to heat, air, and moisture flows
- Discuss the importance of air sealing and insulation to the performance of the building

Envelope Fundamentals



COURSE OUTLINE

Introduction

House as a System

Healthy Indoor Environment

Indoor Air Quality Healthy Housing Ventilation

Building Envelope

Fundamentals of Air Sealing Strategies for Air Sealing

Module 1: House As A System

Heat Flow

Convection Conduction Radiation

Air Flow

Wind Effect
Stack Effect
Combustion/
Ventilation Effect
Neutral Pressure Plane

Moisture Flow

Humidity Liquid Water Water Vapor

Module 2: Indoor Air Quality

Sources

Airborne Moisture-Related

Symptoms

Occupant
House Structure

Solutions

Eliminate Filtrate Ventilate

Module 3: Healthy Housing

Materials

Construction Assembly Finishes

Combustion Spillage

Signs Risks Remediation

Radon

Identifying
Testing
Controlling

Module 4: Ventilation Requirements

Why Ventilate?

Controlling Air Flow Air Filtration Occupant Impacts

Ventilation Standards

Overview
Requirements
Calculation Methods

Systems

Exhaust Only Supply Only Balanced Whole House

Envelope Fundamentals



COURSE OUTLINE

Module 5: Fundamentals of Air Sealing

Purpose of Air Sealing

Types of Barriers

Weather Barriers
Air Barriers
Vapor Barriers

Approaches

Interior Air Barriers Exterior Air Barriers

Air Sealing Materials

Module 6: Strategies for Air Sealing

Air Sealing Issues

Thermal Bypasses Solar Vapor Drive Ice Damming

Foundations
Walls & Floors
Ceilings & Roofs

Module 7: Fundamentals of Insulation

Properties of Insulation

Dew Point Wind Washing

R-value

Nominal R-Value Effective R-value

Insulation Materials

Fibrous Types Foam Types