

## How to use the size chart

1. Set your printer to 100% and print.

2. Place a ring of correct size on top of the circles and align the inside of the ring to the circles, so the circle is just visible.

$$\begin{pmatrix} 44 \\ 45 \\ 46 \\ 47 \\ 48 \\ 49 \\ 50 \\ 51 \\ 52 \end{pmatrix}$$

$$\begin{pmatrix} 54 \\ 55 \\ 55 \\ 56 \\ 57 \\ 58 \\ 59 \\ 60 \end{pmatrix}$$

$$\begin{pmatrix} 60 \\ 61 \\ 62 \\ 63 \\ 64 \\ 64 \\ 65 \\ 66 \\ 66 \\ 67 \\ 68 \end{pmatrix}$$