

LEGENDAIRY Milk ZA

CHOOSE YOUR BEST FIT!

PLEASE TICK THE STATEMENTS THAT ARE MOST APPLICABLE TO YOU:



- I want to increase my milk supply.
- As a breastfeeding mom, I need overall lactation support.
- I would benefit from more balanced blood sugar levels.
- I have an insulin-related condition: PCOS, Insulin Resistance, Gestational Diabetes, etc.

- I want to increase my milk supply.
- I need nutritional support that will help to enrich my milk.
- I need an energy "boost" as I am going through a tough time.
- I would benefit from lower inflammation levels in my body.

- I want to increase my milk supply.
- I am pumping exclusively/ pumping at work.
- I would like support in terms of milk flow and let-downs.
- I could benefit from stimulated mammary glands (this is the milk-making glands in your breasts)

BY LOOKING AT THE PRODUCT(S) WHERE I MADE THE MOST TICKS, MY SUGGESTED SUPPLEMENT(S):

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DOSAGE: Start with 2 capsules, 3 times a day. Once you see an increase in supply and are happy with the results, you can slowly start to taper down the dosage until you find a suitable dosage for you.

BUNDLE: Not sure? You might want to try our Starter Bundle. You get each of the products to try them out individually and see which one(s) has the best effect on your supply!

SHOP ONLINE at www.legendairymilk.co.za

Any questions?  072 899 2707

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 Legendairy Milk South Africa