## HOW TO MEASURE YOURSELF



The best way to decide on a size is to lay your favourite sweater flat and use its measurements to guide you.

Please note that due to the natural properties of our wool, you should allow for a tolerance of $1-2 \mathrm{~cm}$.
A. Chest Size: just underneath the armpit from side to side
B. Garment length: Measure the garment flat from top seam to bottom seam
C. Sleeve length: Measure the garment flat from edge of collar along to the end of the cuff

REGULAR FIT: Add approximately $2-3 \mathrm{~cm}$ to chest width and body length.

EASY FIT: Sizes are split: choose smaller to wear more fitted, or larger for a looser look.

OVERSIZED FIT: Usual sizes don't apply. Some garments can almost be worn one size.

Women's Slim Fit

| SIZES | XS | S | M | L | XL | XXL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| CHEST WIDTH | 41 cm | 44 cm | 47 cm | 50 cm | 53 cm | 56 cm |
| BODY LENGTH | 57 cm | 59 cm | 61 cm | 64 cm | 67 cm | 69 cm |

Men's Regular Fit

| SIZES | XXS | XS | S | M | L | XL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| CHEST WIDTH | 44 cm | 47 cm | 50 cm | 53 cm | 56 cm | 59 cm |
| BODY LENGTH | 59 cm | 61 cm | 64 cm | 67 cm | 69 cm | 71 cm |

## UNISEX ECOLOGY

| Size | Size " | Chest Measurement |
| :--- | :---: | :---: |
| XXS | $34^{\prime \prime}$ | $43 \mathrm{~cm} / 177^{\prime \prime}$ |
| XS | $36^{\prime \prime}$ | $46 \mathrm{~cm} / 18^{\prime \prime}$ |
| S | $38^{\prime \prime}$ | $49 \mathrm{~cm} / 19^{\prime \prime}$ |
| M | $40^{\prime \prime}$ | $51 \mathrm{~cm} / 20^{\prime \prime}$ |
| L | $42^{\prime \prime}$ | $53 \mathrm{~cm} / 21^{\prime \prime}$ |
| XL | $44^{\prime \prime}$ | $56 \mathrm{~cm} / 22^{\prime \prime}$ |
| XXL | $46^{\prime \prime}$ | $59 \mathrm{~cm} / 23^{\prime \prime}$ |
| XXXL | $48^{\prime \prime}$ | $61 \mathrm{~cm} / 24^{\prime \prime}$ |
| $4 X L$ | $50^{\prime \prime}$ | $64 \mathrm{~cm} / 25^{\prime \prime}$ |
| 5 XL | $52^{\prime \prime}$ | $67 \mathrm{~cm} / 26^{\prime \prime}$ |
| 6XL | $54^{\prime \prime}$ | $70 \mathrm{~cm} / 28^{\prime \prime}$ |

