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The HydroMin Advanced Electrolyte Supplement provides a concentrated vitamin, mineral, and amino acid blend with over 80 different micronutrients. It helps the body by promoting healthy cell activity and increasing fluid absorption. The Advanced Electrolyte Blend added to water or other fluid provides an increase in electrical charge across the digestive membranes supporting water absorption.

# Active Ingredients

With dozens of nutrients, we're highlighting the top ones that help you be healthy, strong, and hydrated.

HydroMin contains healthy amount of Vitamin B1, B3, B5, B6, B12, vitamin C, plus additional calcium, sodium, and magnesium chloride.

Other ingredients include:

Taurine: promotes healthy metabolism21, increases eye20, heart19, and muscle health, may help against neurological conditions such as depression and dementia22

Camu Camu: known as the sour berry, a powerful antioxidant, may help fight inflammation 16, and help maintain healthy blood sugar 17, blood pressure 18, and weight levels

And featuring the Deep Sea Mineral Complex:

Extracted from a deep mine in Africa that was filled with seawater over five thousand years ago, these Deep Sea Minerals contain over seventy different nutrients and trace elements. These minerals have been untouched by the toxic impact of today's modern environment and contain an almost unprecedented lack of any contamination.

The Deep Sea minerals include magnesium, calcium, potassium, chromium, selenium, zinc, and vanadium and higher concentrations and in their bio-ionic form. Trace amounts of strontium, bromium, iron, iodine, lithium and rubidium are also found in this

blend, along with many others.

Doctors who focus on restoring health recommend deep sea minerals to supplement a person's healthy diet with trace nutrients that are not often found in today's diet.



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The magnesium within the Deep Sea minerals has been shown to help increase energy metabolism and enzyme function1. It also helps reduce accumulation of lipid buildup in the aorta, which can help reduce overall high cholesterol levels2. It may help reduce heart attacks by dilating blood vessels and stops spasms of the heart muscles and vascular walls3. The research shows the mix of minerals may help reduce the risk of obesity, diabetes, and asthma4,5.

The mix of calcium and magnesium has been shown to help reduce some forms of cancer, reduce the risk of osteoporosis, and may help preserve thermogenesis during caloric restriction that can accelerate weight loss6,7.

Chromium is an essential nutrient that helps increase carbohydrate and lipid metabolism and contains antioxidants properties8. Vanadium has the potential for reducing lipids and has been shown effective in inhibiting adipocyte differentiation in fat cells9.

The combination of the Deep Sea minerals may help prevent liver problems, by increasing the daily fecal lipid and bile acid outputs 10. They were able to help regulate fatty acid homeostasis by upgrading genes related to the B-oxidation of fatty acids 10. In this study, it was shown to attenuate hepatic damage by reducing lipid peroxidation and aspartate aminotransferase and alanine aminotransferase.

The application of Deep Sea minerals has promoted endurance and helps reduce exhaust of periods11. It helps accelerate the recovery from physical fatigue following exhausted physical challenges12.

Stomach ulcers may be reduced with deep sea minerals by up regulating antioxidant potention and bcl-2 and thioredoxin reductase 13. More importantly it might help prevent cancer and has been shown to inhibit human breast cancer cell migratory ability 14. In a study combined with green tea, the combination enhanced the production of EGCG, which potentially acts as an inhibitor for the N-nitrosation 15.

Dosage & How To Take

As directed by your health care professional, take one to three servings of HydroMin per day. To use HydroMin, add the supplement to any 8 oz beverage to enhance the absorption of fluids.



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## Safety and side effects

HydroMin should not be taken within one hour of eating a meal. Do not take this product without properly adding it to at least 8 oz of fluid

This product has not been evaluated for safety in pregnant women, nursing mothers, or children under the age of 18. If you have a specific medical condition, you should conduct your physician before taking this supplement.

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