

Be a Goal Digger

MY 2015 PLANS



LIST YOUR 2014 RESOLUTIONS

What did you set out to achieve last year? How well did you do?

RESOLUTION	LEVEL OF ACHIEVEMENT			
	100%	50%	25%	0%
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

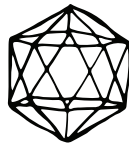
ADDITIONAL COMMENTARY ON 2014 RESOLUTIONS

What are you most proud of accomplishing in 2014?

What are least proud of?

Did you set too many resolutions? Too few? Or the right amount? Were resolutions too broad or specific, or just right?





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CREATE YOUR 2015 RESOLUTIONS

What do you want to achieve in your life this year in the following areas? 1 per area.

BUSINESS | CAREER

HEALTH

LOVE

TRAVEL

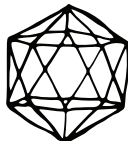
FRIENDS & FAM

HOME

MONEY

FUN





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ACTION PLAN

What is ONE thing that you can do within the next 7 days , and this month to move closer to your 2015 resolutions?

NEXT 7 DAYS

NEXT 30 DAYS

BUSINESS | CAREER

HEALTH

LOVE

TRAVEL

FRIENDS & FAM

HOME

MONEY

FUN

