

encircled®

the
minimalist
wardrobe
workbook

To help you be More
with Less by
aligning your Values
with your Wardrobe



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YOUR LIFE



THE 3 ACTIVITIES I SPEND THE MOST TIME ON

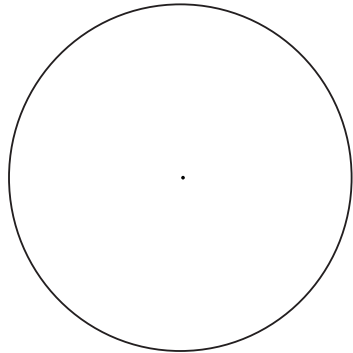
ACTIVITY

STYLE OF DRESS

	ACTIVITY	STYLE OF DRESS
1		
2		
3		

HOW DO YOU SPEND YOUR TIME IN AN AVERAGE WEEK?

Divide your time into slices of pie on the circle to the left, excluding sleeping. Common categories include working, spending time at home with family, going out/socializing, outdoor activities, traveling etc.



YOUR STYLE

WHAT ARE YOUR 3 FAVOURITE OUTFITS
FOR EACH OF YOUR TOP 3 ACTIVITIES?

ACTIVITY

GO-TO OUTFIT

1

2

3

FIND YOUR INSPIRATION

Last step, make a Pinterest inspiration style board + tag @encircled in a few photos. We'd love to see your dream style. Pin things you like and would actually wear.



PERFORM A CLOSET AUDIT

STEPS TO AN AMAZING CLOSET CLEAN

1 BLOCK OFF A FULL DAY ON A WEEKEND.

2 TAKE EVERYTHING OUT OF YOUR CLOSET AND DRAWERS.

3 ANALYZE EVERY PIECE OF CLOTHING AND SORT INTO PILES:
KEEP / HOLD / DONATE

4 TAKE THE DONATE PILE AND GIVE TO A LOCAL ORGANIZATION OR DONATION BIN. IF CLOTHING IS IN GOOD CONDITION, YOU CAN EVEN RESELL IT AT A CONSIGNMENT SHOP OR EBAY, OR GIFT IT TO A FRIEND. CLOTHING SWAPS ARE AN EXCELLENT WAY TO TRADE GENTLY WORN ITEMS.

5 PLACE YOUR KEEP AND HOLD ITEMS SOMEWHERE YOU CAN SEE THEM

6 BUY PRETTY BOXES, AND STORE ANYTHING 'OFF' SEASON. I.E. IN CANADA, IF IT'S NOT WINTER, STORE YOUR SWEATERS SOMEWHERE ACCESSIBLE

GUIDELINES

KEEP

You love it. It fits. It's in style (or classic). It's in good condition. You have worn it at least once in the past two weeks.

HOLD

It's in good condition and you've worn it occasionally. You love it for a reason - there's a positive memory associated with it.

TOSS

It's worn, stained, ripped, pilling, or warped. It doesn't fit and if you're honest, it never will. It carries a bad memory or negativity!



CREATING YOUR DREAM 'UNIFORMS'

INSTRUCTIONS

1
START WITH THE 3 ACTIVITIES THAT YOU
EARLIER IDENTIFIED AS CORE TO HOW
YOU SPEND YOUR TIME

2
CONSIDER YOUR FAVOURITE
COLOUR PALLETTE

3
REFER BACK TO YOUR PINTEREST BOARD
FOR OUTFIT INSPIRATION AS WELL AS
YOUR MOST LOVED OUTFITS

4
LOOK AT YOUR EXISTING PIECES AND TRY
TO USE THEM TO CREATE 3 OUTFITS FOR
EACH OF THE THREE ACTIVITIES WHERE
YOU SPEND MORE OF YOUR TIME. BONUS
POINTS FOR REUSING ITEMS IN DIFFERENT
OUTFITS

5
TAG US ON INSTAGRAM WITH YOUR STYLE
BOARDS. @ENCIRCLED_
#MINIMALISTWORKBOOK WE'D LOVE TO SEE
THE OUTFITS YOU'RE CREATING!



CREATE 3 OUTFITS

Using the items you have for the first activity that you earlier identified as core to how you spend your time.

ACTIVITY 1

OUTFIT 1	TOP	BOTTOM	OUTERWEAR	SHOES	ACCESSORIES
OUTFIT 2					
OUTFIT 3					

CREATE 3 OUTFITS

Using the items you have for the second activity
that you earlier identified as core to how you
spend your

ACTIVITY 2

OUTFIT 1	TOP	BOTTOM	OUTERWEAR	SHOES	ACCESSORIES
OUTFIT 2					
OUTFIT 3					

CREATE 3 OUTFITS

Using the items you have for the third activity that you earlier identified as core to how you spend your time.

ACTIVITY 3

OUTFIT 1	TOP	BOTTOM	OUTERWEAR	SHOES	ACCESSORIES
OUTFIT 2					
OUTFIT 3					

IDENTIFY THE LEFTOVERS

GO BACK TO YOUR HOLD AND KEEP ITEMS

Are there any items that aren't used in your dream outfits, and don't suit your palette or style? If so, move those items to the donate pile.

QUESTION EVERYTHING!

If you're not ready to give something up, do the reverse hanger trick. Turn the hanger backwards on your closet, and when you wear it, turn it around. If in 6 months, you haven't worn an item - it needs to go - to make space for things you actually love to wear.



10 THINGS I NEED LIST



After completing your outfits, is there anything that you don't have to complete or make a few more outfits? I.e. perfect white tee

ITEM	BUDGET	BRAND
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		



ADDITIONAL RESOURCES FOR A MINIMALIST WARDROBE

High five! You did it. Congrats on creating the minimalist closet of your dreams. Love this workbook? Forward it on to a friend. We'd love to connect and follow your journey to living a more intentional life.

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PINTEREST

[ENCIRCLED](https://www.pinterest.com/encircled)

BLOGS

INTO MIND
INTO-MIND.COM

THE ART OF SIMPLE
THEARTOFSIMPLE.NET

SUSTAINABLY CHIC
WWW.SUSTAINABLY-CHIC.COM

UN-FANCY
WWW.UN-FANCY.COM

LIGHT BY COCO
WWW.LIGHTBYCOCO.COM

THE STYLE BEE
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BOOKS

THE LIFE-CHANGING MAGIC OF TIDYING UP
BY MARIE KONDO

SLOW FASHION: AESTHETICS MEETS ETHICS
BY SAFIA MINNEY

ESSENTIALISM: THE DISCIPLINED
PURSUIT OF LESS
BY GREG MCKEOWN

THE MORE OF LESS: FINDING THE LIFE
YOU WANT UNDER EVERYTHING YOU OWN
BY JOSHUA BECKER

THE JOY OF LESS: A MINIMALIST GUIDE TO
DECLUTTER, ORGANIZE, AND SIMPLIFY
BY FRANCINE GUY

THE CURATED CLOSET
BY ANUSCHKA REES



ENCIRCLED TAKES A MINDFUL AND SLOW APPROACH
BY MESHING FUNCTION WITH STYLE AND QUALITY
OVER QUANTITY. WE BELIEVE IN CHOOSING FABRICS
THAT ARE GOOD FOR THE EARTH WHILE BEING
TRANSPARENT WITH OUR PRODUCTION PROCESSES.
ENCIRCLED IS PROUDLY 100% MADE IN CANADA.

WE BELIEVE TRAVELING MAKES US RICHER IN
PERSPECTIVE TO BE MORE GRATEFUL AND PURPOSEFUL
ABOUT OUR LIVES. WE INEVITABLY FEEL INSPIRED TO
DESIGN CLOTHING THAT IS COMFORTABLE AND
VERSATILE FOR THE PLACES WE WILL GO, THE PLACES
WE HAVE TRAVELED, AND THE ADVENTURES FOUND IN
THE EVERYDAY.

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