

CARRY-ON ONLY PACKING LIST

LUGGAGE REQUIRED

- ☐ Carry-on international-size spinner (4 wheels)
- ☐ Cross-body purse with zipper (detachable strap a plus)
- ☐ Carry-on tote with zipper *check airline regarding carry-on allowances

WHAT TO WEAR ON THE PLANE

- ☐ Your heaviest shoes (likely runners/sneakers worn, flip flops in your tote), t-shirt or tank, leggings or lightweight sweatpants, sweatshirt or light cardigan or scarf

MUST HAVES

- | | | |
|--|---|--|
| <input type="checkbox"/> Passport, insurance docs, credit cards, local currency, and an emergency contacts list | <input type="checkbox"/> Copies of important documents (store backup on cloud server) | <input type="checkbox"/> Compact voltage adaptor (check in advance if needed*) |
| <input type="checkbox"/> Printed copy of your itinerary, tickets, for flights, trains, or buses that are available | <input type="checkbox"/> Any meds, vitamins. Pain reliever, Gravol, Imodium and copies of prescriptions | |
| | <input type="checkbox"/> Smartphone + charger | |

KEEP YOU PRETTY

- | | | |
|--|---|---|
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> BB cream/foundation/powder | <input type="checkbox"/> Hair ties + bobby pins |
| <input type="checkbox"/> Shampoo, conditioner, body wash | <input type="checkbox"/> Mini mascara and any other makeup needed | <input type="checkbox"/> Hairspray or other styling products |
| <input type="checkbox"/> Toothbrush + toothpaste | <input type="checkbox"/> Contact lenses / glasses | <input type="checkbox"/> Razor, tweezers, nail clippers, nail file |
| <input type="checkbox"/> Dental floss | <input type="checkbox"/> Eyedrops or saline solution for contacts | <input type="checkbox"/> Roll-on perfume |
| <input type="checkbox"/> Facial wipes | <input type="checkbox"/> Hand sanitizer | <input type="checkbox"/> Band-aids / Polysporin |
| <input type="checkbox"/> Sunscreen (at least SPF30+) | <input type="checkbox"/> Mini Kleenex | <input type="checkbox"/> Laundry detergent (powder) and drying line |
| <input type="checkbox"/> Lip balm with SPF | <input type="checkbox"/> Mini hair-brush | |
| <input type="checkbox"/> Moisturizer with SPF | | |

EN ROUTE

- | | | |
|---|---|---|
| <input type="checkbox"/> Gum | <input type="checkbox"/> Earphones | <input type="checkbox"/> Empty collapsible water bottle |
| <input type="checkbox"/> Ear plugs | <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Snacks (if allowed) |
| <input type="checkbox"/> Reading material | <input type="checkbox"/> iPad / e-reader / laptop | |

WHAT TO WEAR

- | | | |
|--|--|--|
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Light cardigan | <input type="checkbox"/> 2 bathing suits + cover up |
| <input type="checkbox"/> A couple of bras | <input type="checkbox"/> Comfy shoes (wear on plane) | <input type="checkbox"/> 2 pairs of shorts or skirts |
| <input type="checkbox"/> 1 - 2 pairs of socks | <input type="checkbox"/> Flip flops | <input type="checkbox"/> 1 pair of comfortable pants or capris |
| <input type="checkbox"/> 3 dresses (2 casual, 1 dressy) | <input type="checkbox"/> Strap-up dressier sandals or Wedges | <input type="checkbox"/> Hat |
| <input type="checkbox"/> 1-2 dressy shirts or tank tops | <input type="checkbox"/> Colourful scarf and 1 belt | <input type="checkbox"/> Pyjamas |
| <input type="checkbox"/> 2-3 casual t-shirts/tanks/blouses | <input type="checkbox"/> Jewellery | |

MISC

- | | | |
|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

KEY PACKING TIPS

Roll your clothes to lessen wrinkles. Research accommodation in advance to check what toiletries are provided. Get mini toiletries of your fav products. Avoid wearing white (#stains). Map out your days/activities and pre-plan outfits, and leave the rest at home. Laundry can be done in sinks, bathtubs and at hotels. Use packing cubes to organize your carry-on. Wear your heaviest clothes on the way down. Think versatility first. Pack less. Do more.

TRIP
OUTFIT
PLANNER

DAY 1

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7