

Spring 2024 International Bok Fu Do Association Kuo Shu Championship

Sunday April 21, 2024 Marriott Hotel, San Ramon

Registration/Check-in Opens at 7:00 am

Competition Begins at 8:00 am

Parade of Schools, Demonstration and Awards at 11:30 am

Competition Resumes at ~12:30 pm

Competition will end at ~8:30 pm

The following schedule reflects the order of events (listed by age and belt rank group) and approximate start times. The tournament will make an effort to run the events in this order, but may adjust an event location or order for the efficiency of the tournament as a whole.

Competitors should arrive at least 15 minutes prior to the start time listed for their events. All competitors are encouraged to participate in the parade of schools and watch the instructor demonstration. Competitors should arrive by 11:15 am to line up for the parade of schools.

Approximate Start Time	Belt Rank/Event	Age Group
8:00 am	Tai Chi Events	All Ages
8:00 am	White and Yellow Belt	All Ages
9:30 am	Orange and Purple Belt	9 yr and under
11:30 am	Parade of Schools	ALL COMPETITORS
12:30 pm	All Youth Sparring	12 yr and under
1:30 pm	Orange and Purple Belt	10 - 12 yr
1:30 pm	Blue and Green	12yr and under
4:00 pm	Orange and Purple	Adult (18 yr +)
4:00 pm	Blue, Green, and Brown	Adult (18 yr +)
5:45 pm	All Adult Sparring	Adult (18 yr +)
5:45 pm	All Teen Sparring	13 - 17 yr
6:45 pm	Orange and Purple	13 - 17 yr
6:45 pm	Blue and Green	13-17 yr
6:45 pm	All Youth/Teen Brown	17yr and under