

Fall 2023 International Bok Fu Do Association Kuo Shu Championship

Sunday November 19, 2023

Marriott Hotel, San Ramon

Registration/Check-in Opens at 7:00 am

Competition Begins at 8:00 am

Opening Ceremonies at 9:45 am

Competition Resumes at 11:15 am

Brief breaks will be taken for judge lunch and dinner

Competition will end at ~8:00 pm

Approximate Order of Events

The following schedule reflects the approximate order of events (listed by age and belt rank group).

Competition will begin at **8:00 am** with the following groups:

All Six and under competition

7-9 year olds (white and yellow belts)

Adult Tai Chi

Competition will break at 9:45 am for opening ceremonies. Any remaining events for the above groups will resume at ~11:15 am

Following opening ceremonies, competition will resume (~11:15 am).

Sparring events will begin at ~11:15 am and run in the following order:

10-12 year old competitors

7-9 year old competitors (estimated start time ~1pm)

Teen competitors (estimated start time ~2pm)

Adult competitors (estimated start time ~3pm)

Forms and Application/Mass Attack events will begin at ~11:15 am and run in the following order:

7-9 year old competitors (orange belt and above)

Adults and Teens (white and yellow belts) (estimated start time ~1pm)

10-12 year old competitors (estimated start time ~1:30pm)

Adult competitors orange belt and above (estimated start time ~3:30 pm)

Teen competitors orange belt and above(estimated start time ~5:30pm)

The tournament will make an effort to run the events in this order, but may adjust an event location or order for the efficiency of the tournament as a whole.