# Wild Orange

Citrus sinensis 15 ml

# dōTERRA EUROPE

PRODUCT INFORMATION PAGE



Plant Part: Orange rinds (peel)

Extraction Method: Cold pressed/expressed Aromatic Description: Sweet, fresh, citrus Main Chemical Components: Limonene

## **PRIMARY BENEFITS**

- Uplifting to the mind and body
- · Refreshes skin

### Wild Orange

Citrus sinensis 15 ml

Part Number: 60204655

#### PRODUCT DESCRIPTION

Cold pressed from the peel, Wild Orange is one of dōTERRA's top selling essential oils due to its energising aroma and multiple benefits. High in monoterpenes, Wild Orange possesses stimulating and energising qualities. This chemical constituent gives Wild Orange the ability to purify and refresh. The orange rind is also full of antioxidants that help maintain overall health. Wild Orange enhances any essential oil blend with a fresh, sweet, refreshing aroma.

#### **USES**

- Add a few drops of Wild Orange to unscented lotion and apply all over the body.
- For an invigorating shower, add a few drops of essential oil to a body wash.
- For an energising boost, dispense one to two drops in the palm of your hand along with equal parts Peppermint and Frankincense. Rub palms together and inhale deeply from palms, then rub on the back of neck.

#### **DIRECTIONS FOR USE**

**Diffusion:** Use three to four drops in the diffuser of choice.

Food additive use: Dilute 1 drop in 125 ml of liquid.

**Topical use:** For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil.

#### **CAUTIONS**

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

