dōTERRA On Guard™

Essential Oil Blend 15 ml

dōTERRA EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Wild Orange Peel, Clove Bud, Cinnamon Bark, Eucalyptus Leaf, and Rosemary Leaf/Flower essential oils

Aromatic Description: Warm, spicy, camphoraceous, woody

PRIMARY BENEFITS

- Food flavouring
- · Energising and uplifting

PRODUCT DESCRIPTION

As one of doTERRA's most popular blends, doTERRA On Guard has incredible uses and benefits. When taken internally on a daily basis, On Guard supports your immune system's natural functions. With its unique aroma, On Guard offers a fragrant, natural, and effective alternative to synthetic options. Ingest via a beverage of your choice or mix with your favourite dessert recipe for a nutritious twist.

USES

- Soak sliced apples in a bowl of water with one drop On Guard for a healthy snack.
- · Add one drop of On Guard to water or tea.
- Use a cloth soaked in water and 1 2 drops On Guard to wipe down kitchen and bathroom surfaces.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Food additive use: Dilute one drop in 125 ml of liquid.

Topical use: For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

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Part Number: 31100001

