

dōTERRA Motivate™

Encouraging Blend 5 ml

dōTERRA® | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Peppermint Plant, Clementine Peel, Coriander Seed, Basil Herb, Yuzu Peel, Melissa Leaf Flower, Rosemary Leaf, Vanilla Bean Absolute

Aromatic Description: Fresh, Clean, Minty

PRIMARY BENEFITS

- Promotes feelings of confidence, courage, and belief

dōTERRA Motivate™

Encouraging Blend 5 ml

Part Number: 60204682

Wholesale: £15.50 / 24.50 PV

22 € / 24,50 PV



PRODUCT DESCRIPTION

Are you frustrated at work? Have setbacks shaken your confidence? Or has misplaced trust left you cynical more often than your best self should be? Then stop, reset, and restart with Motivate, a blend of mint and citrus essential oils. dōTERRA Motivate will help you unleash your creative powers and find the courage that comes from believing in yourself again. Go ahead and raise the bar—you can do it!

USES

- Apply to the bottom of feet in the morning to jump-start your day.
- Apply to pulse points before participating in sporting events or other competitions.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.