

# dōTERRA Air™

Skin Care Oil 15 ml

dōTERRA® | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Laurel Leaf, Peppermint Plant, Eucalyptus Leaf/Stem, Melaleuca Leaf, Lemon Peel, Ravensara Leaf, Cardamom Seed essential oils

**Aromatic Description:** Minty, hot, fresh, airy

## PRIMARY BENEFITS

- Maintains feelings of clear airways and easy breathing
- Cooling and invigorating

**dōTERRA Air™**

Skin Care Oil 15 ml

Part Number: 49370001

## PRODUCT DESCRIPTION

Enhanced with Cardamom, dōTERRA Air™ is a remarkable blend of essential oils. A staple in the dōTERRA essential oil line, this proprietary blend consists of Laurel Leaf, Peppermint, Eucalyptus, Melaleuca, Lemon, Ravensara, and Cardamom essential oils. dōTERRA Air can be applied topically to the chest, back, or bottom of feet to calm the senses.

## USES

- For best results, apply dōTERRA Air to your chest to help cool, invigorate, and promote feelings of easy breathing.
- Rub on chest or feet.
- If you are an outdoor enthusiast, try applying dōTERRA Air topically before venturing out into nature.

## DIRECTIONS FOR USE

**Topical use:** For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil.

**For topical use only.**

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product. Not intended for internal use.

