

The Healing Power of Reiki



REIKI IS AN ANCIENT HEALING TECHNIQUE. IT HAS BEEN FOUND TO PRODUCE PROFOUND RESULTS ALL THROUGH GENTLE TOUCH, POSITIVE MINDSETS, AND ENERGY TRANSFER. WHETHER YOU WANT TO RECEIVE REIKI FOR EMOTIONAL TRAUMA HEALING, ENERGY LEVEL BALANCING, OR TO DEVELOP YOURSELF SPIRITUALLY, REIKI HAS ENDLESS ADVANTAGES. MIND BODY & SOUL LIGHT HEALING WITH BEAUTIFUL BOHO WILL GIVE YOU AN ENERGY REALIGNMENT AND WHEN USED WITH OTHER HOLISTIC TOOLS FOR AFTER CARE LIKE CRYSTALS CAN GIVE YOU SO MANY HEALTH BENEFITS.

THERE ARE MANY WAYS THAT AN INDIVIDUAL CAN BENEFIT FROM A HEALING APPOINTMENT WITH MIND BODY & SOUL LIGHT HEALING WITH BEAUTIFUL BOHO. IT IS IMPORTANT TO NOTE THAT THE HEALING DOES NOT TARGET ONE PARTICULAR PROBLEM WITHIN THE BODY BUT RATHER TARGETS EVERYTHING AT ONCE. ENERGY TRANSFER IS THE MOST POWERFUL TOOL IN HEALING IN THIS WAY AS IT HEALS ALL RELATED ELEMENTS OF A PARTICULAR CONDITION.

HERE ARE SOME BENEFITS OF MIND BODY & SOUL LIGHT HEALING WITH BEAUTIFUL BOHO:

Promote Harmony & Balance

REIKI TAKES A NON-INVASIVE APPROACH TO ENERGY TRANSFER THAT IS EXTREMELY EFFECTIVE IN PROMOTING OVERALL WELLNESS. THROUGH THE ENERGY TRANSFER, THE BODY IS ABLE TO RESTORE BALANCE ACROSS ALL SYSTEMS OF THE MIND, BODY, AND SPIRIT. THIS CREATES HARMONY AND ALLOWS PEOPLE TO CONTINUE IN A POSITIVE LIFESTYLE.

Relaxes and Releases Tension From The Body

WHAT MANY PEOPLE LOVE THE MOST ABOUT MIND BODY & SOUL LIGHT HEALING WITH BEAUTIFUL BOHO IS THAT IT ALLOWS THEM TO SIMPLY "BE". IT IS A COUPLE OF MINUTES OF PURE RELAXATION WHERE THE RECEIVER CAN CLEAR THEIR HEADS AND RELEASE THE TENSION AND STRESS OF THEIR DAY. THE ENERGY TRANSFER MAY MAKE PEOPLE FEEL PEACEFUL, RELAXED, AND LIGHTER WHICH ALLOWS THEN TO BE IN TOUCH WITH THEIR INNER SELVES AND REFLECT CLEARLY ON THEIR LIVES.

Breaks Down Energy Blocks and Balances The Mind, Body, and Spirit

REGULAR TREATMENT WITH MIND BODY & SOUL LIGHT HEALING WITH BEAUTIFUL BOHO PROMOTES THE CONSISTENT AND UNLOCKED FLOW OF ENERGY THROUGHOUT THE BODY. THIS ALLOWS PEOPLE TO FEEL LESS STRESS, ENHANCES LEARNING AND MEMORY, PROMOTES MENTAL CLARITY, AND PHYSICAL HEALING/ LESS PHYSICAL PAIN. WHEN ENERGY PASSAGEWAYS ARE BLOCKED, POSITIVE ENERGY CANNOT FLOW TO CERTAIN PARTS OF THE BODY, WHICH RESULTS IN MOOD SWINGS, FEAR, ANGER, PAIN, AND MORE. MIND BODY & SOUL LIGHT HEALING WITH BEAUTIFUL BOHO CAN HELP KEEP THESE PASSAGES CLEAR.

Cleanses Body of Toxins and Supports Immune System

THE ANCIENT TECHNIQUE IS USED TO REMIND OUR BODIES HOW TO GO BACK INTO THE "REPAIR" OR "SELF-HEALING" STATE OF REST AND DIGEST. BY TRIGGERING THIS STATE, OUR BODIES BEGIN TO CLEANSE THEMSELVES OF USELESS ENERGIES. IT ALSO ALLOWS THE BODY TO PROTECT ITSELF FROM EXHAUSTION, BURNOUT, OR IMMUNE SYSTEM FAILURE.

Clears The Mind and Improves Focus

YOUR TREATMENT WILL REMIND RECEIVERS TO BE IN THE PRESENT MOMENT. THE POSITIVE ENERGY TRANSFER ALLOWS THE MIND TO FOCUS ON CURRENT EVENTS, NOT HOLD ONTO PAST MISTAKES, AND NOT FRET ON ANXIETIES ABOUT THE FUTURE. THIS WILL HELP WITH ACCEPTING HOW LIFE IS UNFOLDING AND WILL HELP PROMOTE POSITIVE REACTIONS TO SITUATIONS, PEOPLE, AND CIRCUMSTANCES.

Helps You Sleep Better

YOU CAN ALWAYS EXPECT TO FEEL EXTREMELY RELAXED AFTER A SESSION WITH MIND BODY & SOUL LIGHT HEALING WITH BEAUTIFUL BOHO. THIS KIND OF RELAXATION HELPS OUR BODIES TO SLEEP BETTER, TO HEAL BETTER, AND TO THINK MORE CLEARLY. IT IS NOT UNCOMMON FOR PEOPLE TO FALL ASLEEP ENTIRELY DURING A SESSION.

Helps Spiritual Growth and Emotional Cleansing

MIND BODY & SOUL LIGHT HEALING WITH BEAUTIFUL BOHO ADDRESSES THE WHOLE PERSON-MIND, BODY, AND SPIRIT-NOT JUST THE PHYSICAL BEING. THIS MEANS THAT THE POSITIVE ENERGY TRANSFER IS EXTREMELY HELPFUL IN ELEVATING THE RECEIVER'S MOOD AND GENERAL ATTITUDE TOWARDS LIFE. THE HEALING THAT STARTS FROM WITHIN WILL REFLECT ON THEIR DECISIONS AND PERSPECTIVE ON THE OUTSIDE.

Accelerates The Body's Self Healing Ability

THE HEALING BALANCES YOUR INTERNAL BODY LEVELS TO RETURN TO A NEAR-NATURAL STATE. THIS MEANS THAT YOUR BREATHING, HEART RATE, BLOOD PRESSURE, CIRCULATION, AND OTHER BODILY SYSTEMS WILL IMPROVE. THIS NORMAL BALANCE WILL ALLOW YOUR BODY TO HEAL ITSELF FROM WITHIN.

A REIKI APPOINTMENT WITH BEAUTIFUL BOHO OFFERS A COMPLETELY UNIQUE AFTERCARE SERVICE. THERE ARE 4 DIFFERENT LEVELS OF AFTERCARE SERVICE DEPENDING ON YOU NEEDS EACH OF THEM DESIGNED TO HELP YOU TO KEEP YOUR VIBRATIONS HIGH, ALLOWING YOU TO RECEIVE HEALING ENERGIES AFTER THE APPOINTMENT, CARRYING YOU THROUGH TO YOUR NEXT APPOINTMENT.