



## Information for my health care professional

For specialists, GP, nurse or other health care professionals in a clinic or at my home. I am using a pulmonary fibrosis organiser developed by the British Lung Foundation to manage my condition and feel more in control.

I'd like to share my organiser with you as one of my health care team. It will help us talk about what is important to me – what I want to achieve, how I feel and my questions.

I'm grateful for your support. Let's talk about the personal organiser each time we meet.

**This personal organiser does not replace or duplicate medical notes.**

**The British Lung Foundation developed this organiser with health care professionals, patients and carers. It was piloted at two ILD specialist hospitals in the UK.**

You can find further pulmonary fibrosis resources at [blf.org.uk/pf](https://blf.org.uk/pf)

Get in touch to find support near you.

**Helpline: 03000 030 555**

Monday to Friday, 9am-5pm

Ringling our helpline never costs more than a local call and is usually free, even from a mobile.

**[helpline@blf.org.uk](mailto:helpline@blf.org.uk)**

**[blf.org.uk](https://blf.org.uk)**

### British Lung Foundation

73-75 Goswell Road, London EC1V 7ER

Registered charity in England and Wales (326730), Scotland (038415) and the Isle of Man (1177).

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We value feedback on our information. To let us know your views, and for the most up to date version of this information and references, call the helpline or visit [blf.org.uk](https://blf.org.uk)

