Bagels

| 1. | Cream Cheese (plain, chive, vegan) | 13 |
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| 2. | Cream Cheese, Tomato, Cracked Pepper | 16 |
| 3 . | Avocado, Lemon Oil, Cracked Pepper | 17 |
| 4. | Cream Cheese, Midnight Ham, House Pickles | 18 |
| 5. | House Cured Ocean Trout, Cream Cheese | 21 |
| 6. | Caprese (Plant Based) Everyday cashew mozzarella, tomatoes, basil, lemon oil | 21 |
| 7 . | Avo Deluxe (Plant Based) Seasoned smashed avocado, tomato, lettuce, parsley vinaigrette, fresh herbs → add feta 5 | 21 |
| 8. | Asado Beef Slow cooked brisket, cheese, chimichurri, house pickles, black garlic aioli | 25. |
| 9. | BLT Crispy Salt Kitchen bacon, mayo, cos lettuce, tomato, pickled onion, fresh dill served with a pickle | 21 |
| 10. | Gravlax House cured ocean trout gravlax, smashed avo, capers, creat cheese, pickled onion, fresh dill, lemon, pickle | 26 n |
| | Granola (T/A Only) Toasted puffed buckwheat, oats, seeds, nuts and barberries, coyo, seasonal fruit | 10 |