

AUSTIN MENTAL HEALTH REFERRAL LIST

Psychiatrists

1. **Joshua Mansicalco and team- Westlake Psychiatry and Psychology.** Joshua Mansicalco, psychiatrist, treats children age 7+, adolescent, and adults. Erica Maniscalco treats children age 6+ and adolescents. She is a NP. One psychiatrist but the rest have prescriptive authority.
 - a. **Contact:** Call to make appt 512-600-3121 option 3 to leave a VM and they call back **OR** fill out form online at wppacres.com
 - b. **Hours:** Mon-Thu 9am-5pm but closed for lunch 12:30pm-1:30pm and Fri 10am-2pm
 - c. **Does not accept insurance.** Prices range from \$450-\$800 first visit and \$225-\$550 second visit. Accepting new patients.
 - d. **Location:** 4613-A Bee Caves Rd, Ste 204, Austin, TX 78746

2. **Afshan Khan- Austin Family Psychiatry**
 - a. **Contact:** 512-902-6920 **OR** fill out a new patient form on website <https://austinfamilypsychiatry.com> **OR** email OfficeManager@austinfamilypsychiatry.com
 - b. **Hours: Mon-Thu 7am-3pm**
 - c. **Insurance options:** May take insurance. Currently taking Aetna PPO/EPO, BCBS PPO, ComPsych, and Lyra Health. Self-pay rates for psychiatry: \$400 for initial 1 hour evaluation and \$200 for each follow up. Therapy self-pay rates are \$120 per appointment. Will provide a super bill if insurance is not contracted.
 - d. **Location:** in person at 4407 Bee Caves Road, Bldg 1, Suite 111, Austin, TX 78746, or telehealth

3. **David Flume- Flume Psychiatry**
 - a. **Contact:** 512-329-5575. New patients link on website www.flumepsychiatry.com
 - b. **Hours:** The only available MD is their new general psychiatrist Daniel Ha.
 - c. **Does not accept insurance.** \$450 initial eval. Then 50-60 min sessions \$350 They do family sessions.
 - d. **Location:** 300 Beardsley Ln. Bldg C, Ste 202 78746

4. **Dale Hsieh-**
 - a. **Contact:** 512-850-1537 or hsiehdale@gmail.com
 - b. **Hours: M-W 9am-9pm Thursday remote by video 11-3pm**
 - c. **Does not accept insurance.** \$350 for 90 minute initial visit. \$150 for 30 minute follow-ups
 - d. **Location:** 3625 Manchaca Rd #202 Austin, TX 78704. <https://doctordale.net>

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Primary Care Providers (PCP)

Check with your insurance to find one covered on your insurance. Since all PCPs accept most insurance plans, this is usually the most affordable way to find mental health care. Here is a list of PCPs we like to recommend for mental health:

1. **Clear Water Psychiatry and Wellness**
 - a. **Contact:** 512-203-3588
 - b. **Hours:** Mon-Fri 9am-12pm & 1pm-4pm
 - c. **Insurance Options:** All major companies including Tricare
 - d. **Location:** 1600 W 38th St, Ste 318 Austin, TX 78731 (Telehealth as well)
 - e. This is a group of Psychiatric Mental Health Nurse Practitioners with a focus on mental health medication management for anyone age 16+

2. **Steven Hutto at Red River Family Practice- Mental health is one of his favorite aspects of medicine **NOT ACCEPTING NEW PATIENTS AT THIS TIME****
 - a. **Contact:** 512-476-6555
 - b. **Hours:** Mon-Fri 730am-430pm
 - c. **Insurance Options:** Call to find out
 - d. **Location:** 900 E 30th St Ste 300 Austin, TX 78705 www.redriverfamilypractice.com

3. **Hillary Miller at ARC (Ages 18+)**
 - a. **Contact:** 512-346-6611
 - b. **Hours:** Mon-Fri 7am-9pm & weekends 8am-5pm (ARC hours, may not be hers)
 - c. **Insurance Options:** Call to find out
 - d. **Location:** 6835 Austin Center Blvd Austin, TX 78731 Austinregionalclinic.com

4. **Brad Venghaus & other providers at Thrive Medical Center**
 - a. **Contact:** 512-697-7090
 - b. **Hours:** Mon-Fri 8am-5pm
 - c. **Insurance Options:** Call to find out
 - d. **Location:** 2217 Park Bend Dr Ste 210 Austin, TX 78758 Thrivepcp.com/doctor-venghaus/

5. **Specialty Clinic of Austin**
 - a. **Contact:** 512-382-1933 or infobh@telemed2u.com
 - b. **Hours:** Mon-Thurs 8am – 4:30pm
 - c. **Insurance Options:** Accepts Aetna, Baylor Scott & White, United Healthcare, Cigna, Compsych, Traditional Medicare, Humana, Oscar, BCBS of Texas
 - d. **Location:** Telehealth via Klara app or in person at 2217 Park Bend Drive Ste 300 Austin, TX 78758

*****Keep in mind a provider may not work for you and it may take multiple tries to find the right fit.*****