



**NATIONAL
DOMESTIC
VIOLENCE**

Domestic Violence Support | National Domestic Violence Hotline (thehotline.org)



National Sexual Assault Hotline
800.656.HOPE
rainn.org

National Sexual Assault Hotline | RAINN Terms of Service - Online Hotline (rainn.org)



family
ELDERCARE

Eldercare | For any older adult or their families experiencing elder abuse | Eldercare Locator (acl.gov)



Childhelp
Founded in 1959 by Sara O'Meara and Yvonne Feddersen
PREVENTION and TREATMENT of CHILD ABUSE

ChildHelp Hotline | For any child experiencing abuse | Home - Childhelp (childhelp.org)



ANAD

Crisis Line | Anorexia & Bulimia | 1-800-233-4357



NEDA
Feeding hope.

National Eating Disorders Association | Get Help - National Eating Disorders Association (nationaleatingdisorders.org)



LGBT Hotline | For anyone wanting to speak with a support volunteer who identifies as part of the LGBTQIA+ family providing free & confidential peer-support, information, & local resources | 1-888-843-4564



TRANS LIFELINE
US: (877) 565-5900 CA: (877) 530-5306

Trans Lifeline | A trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive | Hotline - Trans Lifeline (translifeline.org)



**THE
TREVOR
PROJECT**
For Young LGBTQ Lives

The Trevor Project | For young LGBTQ Lives: (thetrevorproject.org)



**Veterans
Crisis Line**
DIAL 988 then PRESS 1

Veterans Crisis Line | For veterans and service members. You do not have to be enrolled at the VA | Home (veteranscrisisline.net) to chat online OR dial 988 then press 1 OR text 838255.



Your Life Your Voice | For youth in need of help with issues or having mental health concerns | Call 1-800-448-3000 or text VOICE to 20121



2.1.1
Get Connected. Get Help.™

211 For Essential Community Services | For anyone experiencing mental health crisis, issues, abuse, or needs help finding supplemental food programs, shelter/housing, utilities assistance, disaster relief, employment, education opportunities, affordable healthcare, or other social services | Call 211 for Essential Community Services