## **Insurance Payment Options**

Everyone has an option to call their insurance and do a "single case agreement" through the insurance company. You would tell them you've had a hard time finding an in-network provider and that the chosen practice has a specialist that can help you. Normally it will then be a comparable fee to an in-network provider.

Another option is to obtain a super-bill from the provider. Then you submit that to your insurance for reimbursement.