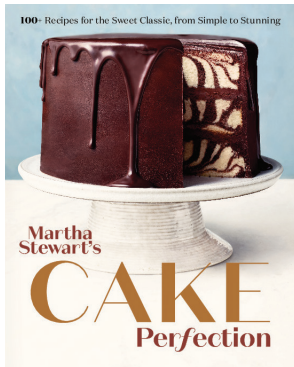


Martha's October

GENTLE REMINDERS, HELPFUL TIPS, AND IMPORTANT DATES



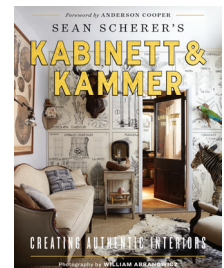
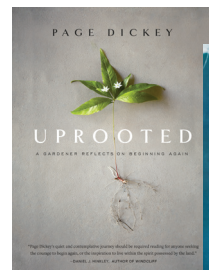
She Has a New Book!

"As a lifelong baker, I've always really enjoyed making cakes. This volume has more than 100 delicious recipes, including many of my favorites!" —Martha

| | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------------|------------------------------------------------------|
| | | | | 1 Dig up potatoes <i>Cardio and core</i> | 2 Get flu shot <i>Weight training</i> | 3 Pick and preserve the last of summer's tomatoes |
| 4 Go for a nature walk with Jude and Truman | 5 Cut dahlias for arrangements <i>Weight training</i> | 6 Harvest apples <i>Yoga</i> | 7 Repot agaves | 8 Bathe cats and trim their nails <i>Cardio and core</i> | 9 Move tropical plants indoors <i>Weight training</i> | 10 Horseback ride |
| 11 Take dogs for a long walk | 12 COLUMBUS DAY INDIGENOUS PEOPLES' DAY Plant trees (see page 13) <i>Weight training</i> | 13 <i>Martha Stewart's Cake Perfection hits bookstores (for a sneak peek, see page 78)</i> <i>Yoga</i> | 14 Prepare chicken coops for winter | 15 Friend Emeril Lagasse's birthday <i>Cardio and core</i> | 16 Bake saffron shortbread (see page 75) <i>Weight training</i> | 17 Hike with Jude and Truman |
| 18 Horseback ride | 19 Friend Laurence Booth-Clibborn's birthday <i>Weight training</i> | 20 Swap out summer linens for winter bedding <i>Yoga</i> | 21 Move citrus trees indoors | 22 Take drone photos of fall foliage <i>Cardio and core</i> | 23 Plant spring-blooming bulbs around farm <i>Weight training</i> | 24 Decorate house for Halloween |
| 25 Carve pumpkins with Jude and Truman | 26 Rake and collect fall leaves for compost <i>Weight training</i> | 27 Plant garlic <i>Yoga</i> | 28 Bake spiced snacking cake (see page 80) | 29 Pick quinces; make jam <i>Cardio and core</i> | 30 Clean gutters <i>Weight training</i> | 31 HALLOWEEN |

| INSPIRING FALL READS |

Uprooted (Timber Press) tells through essays and photography how gardener and writer Page Dickey broke ground on a new plot (and new chapter) in Connecticut. In **Life in the Studio** (Artisan), ceramist Frances Palmer shares just-roll-up-your-sleeves advice on throwing pottery, growing dahlias, cooking her tried-and-true recipes, and everything in between. **Sean Scherer's Kabinett & Kammer** (Vendome) is a visual feast for collectors, full of ideas for displaying beloved objects.



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