



Clara Valenzuela

Consultora Farmacéutica & Cosmética Natural

Tipo de piel/aceite	PIEL SECA	PIEL IRRITADA	PIEL NORMAL/SECA	PIEL NORMAL	PIEL NORMAL/GRASA	PIEL GRASA	20 AÑOS	30 AÑOS	40 AÑOS	50 AÑOS	60 AÑOS
Aceite de Abisinia (Crambe abyssinica seed oil)					✓	✓	✓	✓	✓		
Aceite de Árnica (Arnica Montana flower oil)	✓	✓	✓	✓						✓	✓
Aceite de Arroz (Oryza Sativa (Rice) Bran Oil.)	✓	✓	✓	✓				✓	✓	✓	✓
Aceite de Avellana (Gevuina Avellana Mol Oil)				✓	✓	✓	✓	✓	✓		
Aceite de Aguacate (Persea gratissima oil)	✓	✓	✓						✓	✓	✓
Aceites de Almendras Dulces (Prunus Amygdalus Dulcis Oil)	✓	✓	✓					✓	✓	✓	
Aceite de Argán (Argania Spinosa Kernel oil)	✓	✓	✓							✓	✓
Aceite de Babasú (Orbignya Oleifera Seed Oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Brócoli (Brassica Oleracea Italica Oil)			✓	✓	✓						
Aceite de Borraja (Borago Officinalis Seed Oil)	✓	✓								✓	✓



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Aceite Calophylle (Calophyllum Inophyllum Seed Oil)	✓	✓						✓	✓	✓	✓
Aceite de Caléndula (Calendula officinalis flower oil)	✓	✓	✓	✓						✓	✓
Aceite de Cáñamo (Cannabis Sativa Seed Oil.)	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓
Aceite de Cártamo (Carthamus Tinctorius Seed Oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Camelia (Camelina Sativa Seed Oil)	✓	✓								✓	✓
Aceite de Semilla de Cassis (Ribes nigrum seed oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Semillas de Calabaza (Cucurbita Pepo Seed Oil)	✓	✓							✓	✓	✓
Aceite de Cranberry (Vaccinium macrocarpon (cramberry) seed oil)	✓	✓	✓	✓					✓	✓	✓
Aceite de Ciruela (Prunus Domestica Seed Oil)	✓	✓							✓	✓	✓
Aceite de Coco (Cocos nucifera oil)	✓	✓								✓	✓
Aceite de Damasco (Prunus Armeniaca)	✓	✓	✓	✓				✓	✓	✓	✓



(Apricot) Kernel Oil)											
Aceite de Espino Amarillo (Hippophae Rhamnoides Fruit Oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Frambuesa (Rubus Idaeus Fruit Extract)	✓	✓	✓					✓	✓	✓	✓
Aceite de Gardenia (Gardenia Tahitensis Flower Oil)	✓	✓	✓							✓	✓
Aceite de Germen de Trigo (Triticum Vulgare Germ Oil)	✓	✓	✓							✓	✓
Aceite de Semillas de Granada (Punica granatum (pomegarte) seed oil)	✓	✓	✓	✓			✓	✓	✓	✓	✓
Aceite Inca (Plukenetia volubilis oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Juncia (Cyperus esculentus oil)	✓	✓	✓	✓				✓	✓	✓	✓
Aceite de Jojoba (Simmondsia Chinensis Seed Oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Karite (Butyrospermum parkii oil)	✓	✓	✓							✓	✓
Aceite Karanja (Pongamia Glabra Seed Oil)	✓	✓	✓							✓	✓
Aceite de Kukui (Aleurites Moluccana Oil)	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓
Aceite de Kiwi	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



(Actinidia chinensis seed oil)											
Aceite de Laurel (Laurus nobilis fruit oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Limón (Citrus limonum fruit oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Lirio (Lilium candidum flower oil)	✓	✓	✓	✓				✓	✓	✓	✓
Aceite de Maracuyá (Passiflora Edulis Seed Oil)	✓	✓	✓						✓	✓	✓
Aceite de Macademia (Macadamia ternifolia seed oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Margarita (Bellis perennis flower oil)	✓	✓	✓						✓	✓	✓
Aceite de Neem (Azadirachta Indica seed Oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Nigelle (Nigella sativa seed oil)	✓	✓	✓	✓			✓	✓	✓	✓	✓
Aceite de Nueces de Brasil (Bertholletia excelsa seed oil)	✓	✓	✓						✓	✓	✓
Aceite de Oliva (Olea Europaea Fruit Oil)	✓	✓								✓	✓
Aceite de Onagra (Oenothera biennis oil)	✓	✓	✓	✓					✓	✓	✓
Aceite de Palma (Elaeis guineensis oil)	✓	✓								✓	✓
Aceite de Papaya	✓	✓	✓	✓			✓	✓	✓	✓	✓



(Carica papaya seed oil)											
Aceite de Pomelo (Citrus paradisi peel oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Pepino (Cucumis sativus seed oil)	✓	✓	✓	✓			✓	✓	✓	✓	✓
Aceite de Ricino (Ricinus communis seed oil)	✓	✓								✓	✓
Aceite de Rosa Mosqueta (Rosa rubiginosa seed oil)	✓	✓	✓						✓	✓	✓
Aceite de Sandía (Citrullus vulgaris seed oil)	✓	✓	✓	✓			✓	✓	✓	✓	✓
Aceite de Sésamo (Sesamum indicum seed oil)	✓	✓	✓						✓	✓	✓
Aceite de Sapote Pouteria sapota seed oil	✓	✓	✓						✓	✓	✓
Aceite de Soja (Glycine max seed oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aceite de Tomate (Solanum lycopersicum seed oil)	✓	✓	✓	✓			✓	✓	✓	✓	✓
Aceite de Tuna (Opuntia ficus indica oil)	✓	✓	✓	✓			✓	✓	✓	✓	✓
Aceite de Semilla de Uva (Vitis vinifera seed oil)	✓	✓	✓	✓			✓	✓	✓	✓	✓
Aceite de Vainilla	✓	✓	✓					✓	✓	✓	✓



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(Vanilla planifolia fruit oil)											
Aceite de Zanahoria (Daucus carota seed oil)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓