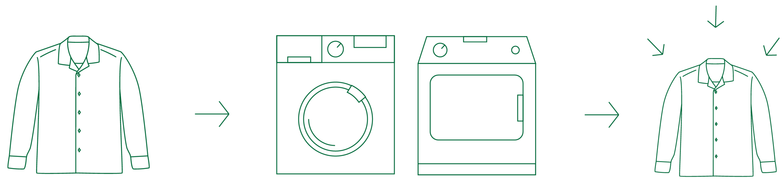
Half-Sizing and Shrink-to-Fit

Whether you've found yourself between our standard sizes or you've got a shirt that's just slightly too large, simple size adjustments can be made by shrinking to fit. Use this guide to ensure you end up with a shirt that fits exactly how you'd like.



Slightly too big

Fits just right!

Shrink-To-Fit Instructions

Shrinking our shirts to fit relies on two factors: heat and moisture. More specifically, when a shirt is both wet and exposed to heat, the fabric's fibers contract and, presto, the shirt shrinks!

Just how much a shirt shrinks, however, relies on the amount of heat it is exposed to, and whether or not the shirt has already been shrunk.

next steps

While all of our button-down shirts are pre-shrunk, our camp shirts, beach shirts, and all Made-To-Order shirts are not. Thus, we recommend different shrinking processes for each style.

Regardless of the style, once your shirt has reached your desired size, we recommend washing with cold water and hanging to dry thereafter.

Button Down Shirts

Is the shirt pre-shrunk?	The shirt is slightly too large.	The shirt is a full size too large.
Yes, all in-stock button downs are pre-shrunk to our listed measurements. However, you can force a bit more shrinking if needed.	Wash with warm water and dry on high heat. This will shrink the shirt about a half size.	Exchange for a full size down and enjoy your shirt! Revisit this chart as necessary.

Camp, Beach, and Made-To-Order Shirts

Is the shirt pre-shrunk?	The shirt is slightly too large.	The shirt is a full size too large.
No, Camp, beach, and Made-To-order shirts are not pre-shrunk.	1. Wash with warm water and dry on low heat. 2. Check the fit once during the drying cycle to prevent over-shrinking. 3. Repeat if necessary. This will shrink the shirt about a half size.	1. Wash with warm water and dry on high heat. 2. Check the fit once during the drying cycle to prevent over-shrinking. 3. Repeat if necessary. This will shrink the shirt about a full size.

*Washed and shrunk items cannot be returned. Please email us at mail@gitman.com if you have any concerns about the half-sizing or shrinking processes.