

## **Beyond the Basics Workshop**

### **Pre-Workshop Samples – Knitted Squares**

To get the most out of the seaming portion of the Beyond the Basics workshop, you will need to bring some squares to the workshop. We will use these squares to practice seaming on different types of edges and learn mattress stitch.

Follow the instructions below to make your practice squares, using aran or DK weight yarn, using appropriate needles (e.g., aran with 4.5 or 5mm, DK with 4mm).

Please bring the following completed squares with you:

- 2 x Stocking st squares (approx. 4in/10cm)
  - 2 x Garter st squares (approx. 4in/10cm)
- 

#### **Stocking Stitch Squares – make 2**

Using appropriate needles and your preferred cast-on method, CO 20 sts.

Row 1 (RS): Knit.

Row 2 (WS): K1, p to last st, k1.

Rep these 2 rows until work measures 4in/10cm from cast-on edge, finishing with a WS row.  
Cast off.

---

#### **Garter Stitch Squares – make 2**

Using appropriate needles, and your preferred cast-on method, CO 20 sts.

All Rows: Knit.

Rep this row until work measures 4in/10cm from cast-on edge.  
Cast off.

---

#### **Washing and Blocking your squares**

Blocking your squares will make it easier to sew them together, as the edges will lie flatter.

Blocking means to wash your knitted item (according to the ball band instructions) and then to let the pieces dry flat.

1. Check ball band instructions. If suitable, wash in machine at 30 or on wool delicate cycle. If not suitable, handwash piece in lukewarm water using some wool delicate or other detergent. (Fairy liquid works too.)
  2. Gently squeeze all the water out.
  3. Lay pieces flat to dry somewhere – on top of an ironing board, on a towel or on some foam mats/tiles. Shape piece to desired shape, using pins if desired, then leave to dry.
-