

# Roots & Wings Oracle Deck Interpretation Guide by Kat Ryalls

## ABOUT THE DECK

This deck was created with the energy and intent to produce a collection of images that can connect us to our inner journey of self-discovery, creativity, inspiration and being. Though we can often feel torn by the question of whether to soar and explore or settle and create deep roots, this deck is meant to nourish both sides of your wild and grounded spirit and lead you to finding a way to live in harmony with all the complex and beautiful desires of the heart.

## HOW TO USE THE DECK

There is a lesson in each card, whether you are just pulling a single card for inspiration or doing a full spread of cards for a reading. Allow the card to speak to you and connect with you in the present moment and time even if it doesn't seem at first to make sense. Cards are a great tool to help us look inward or at a situation from a different perspective. Look at the image and words for the clues to a lesson or awareness that you can receive.

The interpretations in this booklet are just a jumping off point for you, so free to create your own

## THE CARDS (alphabetically listed)

**ABUNDANCE:** fullness, bountiful supply, an overflowing of goodness, can be material or relationships, or just a feeling

**BALANCE:** finding compromise in being pulled in two different directions, accept the feelings and address the situation. Don't forget the seed must not only grow up but also down.

**BLIND:** a warning that there may be something you don't see or are choosing not to see. Perhaps you need to look at something from someone else's perspective.

**BLOSSOM:** The stretch and pull of growth is not always comfortable. It can sometimes even make you feel lost and incomplete in the process, but look for the signs of new blossoms and keep going.

**BOUND:** this restriction is coming from yourself, holding yourself back from opportunity or connection or expression. Don't be afraid to let yourself go and see your potential.

**BREATH:** inhale.... exhale.... hold.... This movement brings life. It brings spiritual and physical awareness.

**COMMUNITY:** the bond and strength of coming together, in likeness and in differences, this is not a solo journey. We are stronger together, your community holds you as you hold it.

**CRAFTY:** seeing through deception, swift, discerning, can get through tricky situations, maintaining integrity

**DEATH:** not to be feared, this is about closure, putting something or someone to rest in your life. A big change and shift, letting go of what is holding you back.

**DIRECTION:** there are signs all around to guide you in the right direction. Following the clues will lead you to a new sort of freedom

**DIVINE:** aspect of the feminine, pure flowing emotion, rooted and overflowing sympathy and compassion

**DREAMER:** head in the clouds. Be careful that you don't lose your balance, time will come to sit down and paddle in the direction of your dreams.

**DRIFTING:** relinquishing control, letting things happen. Be aware of whether that is leading you where you want to go.

**DUALITY:** we are complex, our desires seem incompatible. Accept these overlaps of contradiction and find the places where they blend to create a new color.

**EARTH MOTHER:** aspect of the feminine, growing intuition, fertility, connection to the elements of the earth

**FATHER:** your masculine energy, security found in hard work, a cautious and strong leader; assertive communicator with gentleness

**FIRE:** a burning passion, a motivation, a desire that provides warmth and light and demands your attention.

**GOOD FORTUNE:** prosperity, unexpected gift, reward, not necessarily earned

**GOODNESS:** radiating positive energy, full of heart and selflessness, your inner light radiating. You are goodness.

**GRATITUDE:** responding to the world around you and everything within you with thankfulness. Feel the abundance grow when you take the time to stop and appreciate it all.

**GROUNDING:** feel your roots deep within the soil, you come from something, from somewhere. A sense of belonging and a foundation for growth.

**GUARDED:** perhaps you need to guard and protect your heart or something you are working on, or a relationship; maybe someone else needs you to help them feel safe and secure.

**HEALER:** begin the process of repairing something that has been hurt, sick or not functioning at its best. Healing can leave us changed, but the scars remind of us of our strength and courage.

**HELD:** for self- comfort and compassion. Security especially when feeling a sense of loneliness or detachment. You have the love that you need, allow yourself to feel held in that.

**HOME:** can represent returning to or leaving the nest. It's the feeling of place in ourselves, where we find that warmth and comfort of belonging, where needs are met.

**HOPE:** believing in what we do not see, that there is light on the way in the darkness, a trust that has wings to enter our life when we choose to let it in.

**HUMILITY:** accept that you don't know everything, that there is room to learn, room to grow, room to let others bring their strengths into your life.

**INNER VISION:** take a moment to close your eyes and see, see the life you want for yourself, see the direction you desire to go, or a possibility you should say yes to.

**INTUITION:** trust yourself, this is your natural tendency to a behavior or way of thinking, not a feeling, but your natural state. No need to overthink the situation.

**INSPIRATION:** nourish what brings you inspiration. Allow yourself experiences to receive sparks of ideas from the world around you.

**JOURNEY:** perhaps geographic, or perhaps just stepping out of your normal routine to let in new experiences. This card gives permission to chase the wanderlust, feel the sun and the wind on your face.

**JOY:** reckless abandon, happiness, freedom to leap into desires and situations full of heart, not thinking of consequences or fear, feeling fully.

**KINDREDS:** the closest of friends that reflect your same goodness and values, those you trust with your all and let you be you. A reminder to give these relationships time and space in your life.

**LOVERS:** a card about choice - between living out of love or living in resistance to love. To expand with love or live in fear.

**MAGICIAN:** a wielder of creative energy, skills and talents; manifesting ideas and creating.

**MANIFESTATION:** what is clear and desired is ready to be made visible

**MOON:** connecting with the waxing and waning, its reflection of light, pull of the tides. The reminder that the moon is still full and complete even when she is shadowed from the sun.

**MOTHER:** symbol of unconditional love, she sacrifices and shields and protects her young, sees their potential and does whatever it takes to see that grow.

**MYSTERY:** this card is a reminder that there will always be unknowns and in the stillness of the canoe you can still stay rooted and connected in the wonder.

**NIGHT:** it's the time of slumber and rest that is so valuable, but the symbolism of the owl flying into the dawn may signify that too much rest can allow opportunities and adventures to pass you by.

**PASSAGE:** may come after a loss, this is the transition period, may still feel darkness from having to let go of something you love but there is a promise of hope and light

**PERSEVERANCE:** the will and ability to keep going even in the face of obstacles

**POTENTIAL:** the seed, a newborn, not mature yet but with time and nurturing it will grow into itself

**RELEASE:** letting go of the grip of control, soften the hands, the heart and release creating space for new growth

**RISE:** coming out to the ashes, taking those first steps after being down, finding your wings, a new dawn

**SEASONS:** represents and reminds that change is coming and is natural and inevitable.

**SPIRITUAL GUIDANCE:** seeking the wisdom and guidance from the greater energy and love in the universe. Connect with your higher purpose.

**STAR:** a blessing from the universe, energy flowing from the sky to the land, bringing inspiration and hope and a sense of renewal.

**STORM:** a storm passes, though in its midst it's sometimes easy to forget. Just hold on, it will pass.

**STRENGTH:** courage and power mentally and/or physically, overcome with gentle force and determination

**SUN:** covered in its warmth and light signifying that all is well and your journey is blessed with joy and abundance.

**TIME:** give things time, don't rush this growth.

**TRANSFORMATION:** there are phases in our lives when we take new form, see a new part of ourselves grow that we never expected.

**UNION:** coming together as one, finding harmony and deep connection. Love, partnership - cherish what you have.

**UNFAMILIAR TERRITORY** - a fish shown out of water, can symbolize either gasping for air in an uncomfortable situation or celebration of life, but only by way of going into the unknown, taking a leap to discover something new.

**VOICE:** be aware of the words you use, the things you say - they have power and walk into the world and can yield good or can cause pain. Your voice matters so use it wisely.

**VOID:** an empty space, can feel overwhelming and dark, but this emptiness is a fantastic opportunity for possibility.

**VULNERABILITY:** expressing yourself and being open in areas that fear wants you to hide. This is your special courage and often the most powerful way to connect with others.

**WISDOM:** you have the knowledge to exercise good judgment, trust yourself, think through the situation, even if through the night like the owl.

**WISH:** from the childlike wonder of blowing on the dandelion and feeling the hopeful excitement of gaining or attaining what you desire.

**WILDNESS:** the wolf knows herself, and how to listen to herself. She knows her power and she knows how to connect with the natural energy and guidance around her.

**WORKER:** social organization and community, working together, belonging, contributing

**WORLD:** marks the end of one journey and the beginning of a new one. Like our rotation around the sun, a new day dawning, new hope rising.

## ABOUT THE ARTIST

Kat Ryalls created this deck over the course of a year while living in a remote area of the North Carolina mountains. She has always found creative inspiration from nature and has used art as a form of expression and healing and connecting with self and with others, and this deck speaks to that passion of