# Press Release

# Sea veg Crispies - Toasted Nori Snack

The popular Clearspring sea vegetable range has been extended to include these new light, thin and crispy toasted nori snacks. Made with just four simple ingredients: nori grown in the clear waters off the coast of Korea, unrefined sea salt and organic sesame and rapeseed oil. Baked at very high temperatures for just a few seconds to produce this tasty, convenient and nutritious snack.

- Gluten Free
- High in Fibre
- Vegan
- MSG Free
- Non GMO
- No additives or preservatives



Seaveg crispies are the perfect light and nutritious mid-morning snack or in the evening to enjoy with a glass of wine instead of potato crisps. The slightly salty, satisfying savoury flavour is very moreish but at only 28 calories per pack it's a guilt free indulgence.

Delicious on its own, with sushi or sprinkled over salads.









as a snack



from the sea



RRP: 89p per pack (5g)

Available in independent health food stores and selected multiple retailers. Please see http://www.clearspring.co.uk/stockists for our total distributor network.

## Clearspring

#### Notes to editors:

The Clearspring brand promises premium quality Japanese specialities and Organic Fine Foods that are authentic, versatile and support good health. Made to traditional recipes by master artisan producers, they bring you full, authentic flavours from some of the most exciting food cultures around the world.

Each product has a distinct flavour and quality that comes from using the finest quality ingredients and respecting local food traditions. Clearspring always works directly with its producers, building long-term partnerships of ethical trade that support sustainable organic farming and benefit local communities.

### The Clearspring Sea Vegetable Range

Clearspring offers a flavourful range of low-calorie, mineral-vegetables from both Japanese and Atlantic waters. Using from the sea may seem like a new idea, but seaweed has consumed in different parts of the world since ancient Sea vegetables enhance dishes and delight the senses with different flavours, textures and colours. They make a tasty garnish and can be soaked or cooked to add flavour and to soups, salads and vegetable dishes.



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**Authentic Japanese** 



**Organic Fine Foods** 



**Free From Products** 



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