

Press Release



NEW Organic Gluten Free Kitchen cupboard staples

Clearspring's new organic gluten free range has every meal covered!

Start the day with an Omega 3 rich Power Porridge, enjoy a nutritious quinoa trio salad for lunch followed by instant corn couscous or polenta for dinner.

Made from the finest organic ingredients without artificial flavours, colours or preservatives and packed in a dedicated gluten free environment. These kitchen cupboard staples have been specially produced from a mix of the unusual: quinoa, buckwheat and chia seeds as well as the familiar such as Italian corn and brown rice.

Not only is the range gluten free and organic it is also convenient, due to their fast cooking times, nutritious and full of flavour.



The range includes:

Gluten free organic flour:	Buckwheat	RRP £2.59 (375g)	
	Brown rice	RRP £2.39 (375g)	
	Quinoa	RRP £5.39 (250g)	
Gluten free organic instant grains:	Couscous	RRP £2.19 (200g)	
	Polenta	RRP £1.79 (200g)	
	Quinoa	RRP £4.69 (180g)	
Gluten free organic 90 seconds:	Quinoa trio with tamari		RRP £3.99 (250g)
	Brown rice & wild rice with olive oil		RRP £2.99 (250g)
Gluten free organic Breadcrumbs		RRP £3.99 (250g)	
Gluten free organic Power Porridge		RRP £3.49 (160g)	

For serving suggestions and recipes go to: www.clearspring.co.uk

Available from 1st July from Health Food Wholesales, Independent retailers and on-line.

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Notes to editors:

The Clearspring brand promises premium quality Japanese specialities and Organic Fine Foods that are authentic, versatile and support good health. Made to traditional recipes by master artisan producers, they bring you full, authentic flavours from some of the most exciting food cultures around the world.

Each product has a distinct flavour and quality that comes from using the finest quality ingredients and respecting local food traditions. Clearspring always works directly with its producers, building long-term partnerships of ethical trade that support sustainable organic farming and benefit local communities.



*Apart from Dairy Free, GM Free and Refined Sugar Free, these logos do not represent blanket certification of all products, please see individual packs for logos relevant to specific products.



Authentic Japanese



Organic Fine Foods



Free From Products



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