

Ski Packing List

What do you need to pack for a one week ski trip?



For the slopes: Base and mid layers

- | | |
|--|--|
| <input type="checkbox"/> Fleece jumper x 2 | <input type="checkbox"/> Ski socks x 2 |
| <input type="checkbox"/> Thermal top and bottoms x 2 | |

For the slopes: Outer layer

- | | |
|---|---|
| <input type="checkbox"/> Ski jacket x 1 | <input type="checkbox"/> Ski trousers x 1 |
|---|---|

For the slopes: Accessories

- | | |
|---|---|
| <input type="checkbox"/> Neck scarf or balaclava x 1 | <input type="checkbox"/> Goggles x 1 |
| <input type="checkbox"/> Ski mittens/gloves x 1 | <input type="checkbox"/> Sunglasses x 1 |
| <input type="checkbox"/> Ski ties | <input type="checkbox"/> Suncream (SPF 50) |
| <input type="checkbox"/> Small rucksack and waterbottle | <input type="checkbox"/> Lip salve (SPF 50) |

Off the slopes (the clothes you travelled in plus)

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> Jumper x 1 | <input type="checkbox"/> Hat and spare gloves |
| <input type="checkbox"/> Trousers x 1 | <input type="checkbox"/> Underwear x 7 |
| <input type="checkbox"/> Tops x 2 | <input type="checkbox"/> Socks x 3 |
| <input type="checkbox"/> Indoor shoes | <input type="checkbox"/> Night clothes & toiletries |

Hire

- | | |
|--|---|
| <input type="checkbox"/> Helmet & ski boots Shoe size = | <input type="checkbox"/> Skis and poles Weight (kg)= |
|--|---|