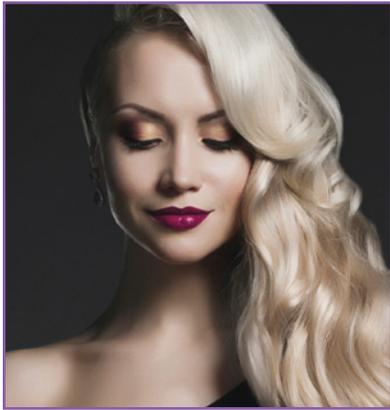


# Wefted Hair Extensions



## YOU MAY ALSO NEED:

**Loop Detangle Brush**

**Hair Essence**

**Shine Plus**

**Moisturising Shampoo**

**Bohyme**

**Rejuvenating Shampoo**

**Shine Plus Conditioner**

**Bohyme**

**Nourishing Conditioner**

**Shine Plus Hi-Gloss Mist**

**IC Fantasia Heat Protector**

**Straightening Spray**

**Refresh Flower Power**

**Refresh Clean Breeze**

**Olive Oil Replenishing Pak**

**Healthy Hairpacs**

**Hot Coconut Oil Treatment**

**Better Braids Anti-itch Spray**

## THE RIGHT STUFF:

*All additional products mentioned in this guide are perfect for wefted extensions, and available at Abantu instore and online. Please confirm suitability before using any substitute products.*

## MAINTAINING

# IMPORTANT



- NEVER brush or comb wet extension hair
- Avoid excessive washing which may cause extension hair to become dry & brittle prematurely. Shampoo and condition once per week only if needed
- Braids/tracks should be absolutely bone-dry. Use a hair dryer to focus on these areas. Eliminating water prevents mildew and mould etc.
- Avoid hats, scarves and headgear made of abrasive fabrics. Silk and silk-like cloth provides conditioning benefits to both natural and extension hair
- DO NOT sleep with wet hair. Avoid waking up with tangles by braiding two side braids or a bun on top secured with a scrunchie
- If boating or jet skiing, first apply a generous amount of detangling spray then pull hair back securely in a bun or braid
- Scratching your braided hair may cause serious damage. Always pat your weave to relieve discomfort and be mindful when combing and brushing

# WASHING

- Brush dry hair completely before washing extensions, using a wide tooth comb or **Loop Detangle Brush** (featuring looped bristles that do not snag tracks/braids). Brush in sections. Holding hair at the weft, begin gently removing tangles starting at the ends and work your way up the hair shaft. A detangling spray (eg. **Hair Essence**) may facilitate this.
- Thoroughly wet hair with lukewarm water and gently run a mild shampoo (eg. **Shine Plus Moisturizing Shampoo** or **Bohyme Rejuvenating Shampoo**) down extensions, keeping hands open and flat. Avoid rubbing hair vigorously to prevent unnecessary tangling.



*The nape area accumulates the most dirt and oil.*

*Gently spread shampoo downwards through the nape*

# WASHING

- Rinse well in a downward motion, and repeat using conditioner.

 Use a conditioner like *Shine Plus Conditioner* and *Bohyme Nourishing Conditioner* that does not contain heavy oils (breaks down bonds) or causes build-up (creates tangles)

Let the conditioner sit for 10–20 mins. then rinse well using a downward motion. Cool water will help seal the cuticles of the hair for extra shine.

Squeeze out excess water with hands then gently towel dry, patting moisture out. Avoid vigorous rubbing (causes tangles).

Spray leave-in conditioner (eg. *Shine Plus Hi-gloss Mist*) or a pH balancing spray (eg. *Hair Essence*) and allow to air dry. A pH balancing spray prevents the formation of fungi or bacteria on the hair and scalp, and keeps cuticles closed for better manageability and less tangling.

# DRYING

 If heat styling or blow drying use heat protectant (eg. *IC Fantasia Heat Protector Straightening Spray*)

 A satin pillow case for sleeping will help prevent tangling, leave your hair smoother and your complexion softer

- If needed, use a dry shampoo (eg. *Refresh Flower Power* or *Refresh Clean Breeze*) between washings or wash only the top of your head, where you have no extensions.
- Use leave-in conditioner daily (eg. *Shine Plus Hi-gloss Mist*) or a pH balancing spray (eg. *Hair Essence*) concentrating mainly on the ends to help detangle and hydrate extensions.
- Apply monthly a deep conditioning treatment (eg. *Olive Oil Replenishing Pak* or *Healthy Hairpacs Hot Coconut Oil Treatment*) to restore moisture and rebuild damaged hair.

Over the first few days while tracks are tight they may

 cause discomfort to sensitive scalps. *Better Braids Anti-itch Spray* may help relieve discomfort. Simply spray onto braided areas or tracks. Or run a hot bath and sit for as long as you can while the steam loosens up your braids just enough to relieve tension.

Swimming with hair extensions is not advisable.



Salt and chlorinated water dries, corrodes, compromises bonds, and can discolour blond hair. Refrain from submerging head completely underwater. It is also recommended to braid your hair before wearing a swim cap as friction can lead to matting.

HOW-TO GUIDES  
AT ABANTU.COM



GREAT HAIR DAYS SINCE  
**93**  
Abantu

**Abantu**  
THE SOURCE FOR HAIR