Unlike your natural hair, extension hair does not benefit from a continuous supply of natural oils. It is therefore important to follow proven procedures for maintaining long-lasting and manageable extensions.

**IMPORTANT**

- **DO NOT** wash hair for 2–3 days after application
- **NEVER** brush or comb wet extension hair
- Avoid excessive washing, which may cause hair to become prematurely dry & brittle. Shampoo and condition only once per week, if required
- Avoid heavy oil-based shampoos and conditioners. Shine Plus Moisturizing Shampoo and Conditioner and Bohyme Rejuvenating Shampoo and Nourishing Conditioner are specifically formulated for tape-in extensions
- Avoid getting shampoo and conditioner on taped areas
- Avoid sulphurous products (anti-dandruff etc.), which may affect taped areas
- Avoid hats, scarves and headgear made of abrasive fabrics. Silk and silk-like cloth provides conditioning benefits to both natural and extension hair
- **DO NOT** sleep with wet hair. Avoid waking up with tangles by braiding two side braids or a bun on top secured with a scrunchie
- Avoid activities that involve excessive heat (bikrams yoga, hot tubbing, tanning beds etc.) and heavy sweating, which may cause extensions to slip prematurely

**YOU MAY ALSO NEED:**

- Shine Plus Moisturizing Shampoo & Conditioner
- Bohyme Rejuvenating Shampoo & Nourishing Conditioner
- Loop Detangle Brush
- Hair Essence
- Bohyme Leave-in Hair Reconstructor
- IC Fantasia Heat Protector
- Straightening Spray
- Refresh Flower Power
- Refresh Clean Breeze
- Olive Oil Replenishing Pak
- Healthy Hairpieces Hot Coconut Oil Treatment

**THE RIGHT STUFF:**

All additional products mentioned in this guide are perfect for Tape-in extensions, and available at Abantu instore and online. Please confirm suitability before using any substitute products.

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3596 Kingsway, Vancouver

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**SAFON-FRIENDLY**

Tape-in hair extensions are available at **WHOLESALE** prices to registered salons
**MAINTAINING**

**Tape-in Hair Extensions**

**BRUSHING**

- Brush dry hair completely before washing extensions, using a wide tooth comb or Loop Detangle Brush (looped bristles do not snag tape bonds).
- Brush in sections. Holding hair at the tape bonds, begin gently removing tangles starting at the ends & work your way up the hair shaft. A detangling spray (eg. Hair Essence) may facilitate this.

**WASHING**

- Thoroughly wet hair with warm water and gently run a mild shampoo (eg. Shine Plus Moisturizing Shampoo or Bohyme Rejuvenating Shampoo) down extensions, keeping hands open and flat. Avoid rubbing hair vigorously to prevent unnecessary tangling.
- Rinse well in a downward motion, and repeat using conditioner.
- Use Shine Plus Conditioner, Bohyme Nourishing Conditioner or similar products that don’t contain heavy oils (breaks down adhesive) or causes build-up (creates tangles).
- Let the conditioner sit for 10–20 mins. then rinse well using downward motion. Cool water will help seal the cuticles of the hair for extra shine.
- Squeeze out excess water with hands then gently towel dry, patting moisture out. Avoid vigorous rubbing (causes tangles).
- Spray leave-in conditioner (eg. Bohyme Leave-in Hair Reconstructor) or a pH balancing spray (eg. Hair Essence) and allow to air dry.
- A pH balancing spray helps prevent the formation of fungi or bacteria on hair and scalp, and keeps cuticles closed for better manageability and less tangling. Avoid spraying directly on tape areas.

**DRYING & STYLING**

- Apply heat protectant (eg. IC Fantasia Heat Protector Straightening Spray) before any styling with a curling iron, flat iron or blow dryer.
- Keep irons and hot rollers away from the tape areas and use lower settings on all thermal appliances.
- When using conditioners, waxes, gels, serums, sprays, oils and alcohol-based products, avoid contact with tape areas and use only from mid-length to the ends of extensions.
- Use a blow dryer on low-medium heat and aim down the hair shaft. Start near the root (avoiding the tape areas directly) and move towards the ends, gently moving the hair with your fingers. Hair should be min. 50% dry before styling with brushes.
- Use a dry shampoo (eg. Refresh Flower Power or Refresh Clean Breeze) in between wet washings to prevent oil build up at taped areas, which can also cause premature slippage of the tape ins.
- Use a leave-in conditioner daily (eg. Bohyme Leave-in Hair Reconstructor) or pH balancing spray (eg. Hair Essence) concentrating on the ends to help detangle and hydrate extensions.
- A satin pillow case for sleeping will help prevent tangling, leave your hair smoother and your complexion softer.

**NOTES:**

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Hair Essence, Bohyme, Organic Root, and Refresh
MAINTAINING

Tape-in Hair Extensions

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PRODUCT FEATURED IN THE GUIDE

- Loop Detangle Brush
- Shine Plus Moisturizing Shampoo & Conditioner
- Bohyme Rejuvenating Shampoo & Nourishing Conditioner
- Olive Oil Replenishing Pak
- Healthy Hairpieces Hot Coconut Oil Treatment
- Refresh Flower Power
- Refresh Clean Breeze
- Hair Essence
- Bohyme LH Reconstructor

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GENERAL GUIDELINES

- Apply monthly a deep conditioning treatment (eg. Olive Oil Replenishing Pak or Healthy Hairpieces Hot Coconut Oil Treatment) to restore moisture and rebuild damaged hair. Avoid contact with tape areas and use only from mid-length to the ends of extensions.
- Talc powder applied near the adhesive will absorb extra moisture after washing.
- Swimming with hair extensions is not advisable. Salt and chlorinated water dries, corrodes, compromises bonds, and can discolor blond hair. Refrain from submerging head completely underwater. It is also recommended to braid your hair before wearing a swim cap as friction can lead to matting.
- If boating or jet skiing, first apply a generous amount of detangling spray (avoid taped areas) then pull back securely in a bun or braid.
- Every 6–10 weeks compensate for normal slippage/natural growth by reapplying extensions closer to the scalp.

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