

Chiropractic BioPhysics CBP—The Science of Spinal Health

Proper Placement of the Lateral Cervical Curve Template

Utilization:

- 1) Using a black x-ray marking pencil, the shape of the patient's abnormal curve is traced along George's Line.
- 2) Draw a vertical axis line (VAL), a line straight up from T1 posterior-inferior body corner, parallel to vertical edge of film.
 - a. If the film does not include T1, draw a VAL from C7 posterior-inferior body corner.
- 3) Using an erasable red pen, a normal best-fit arc is drawn with the Curve Template. The Curve Template is placed on the vertical axis line (VAL) with one end at T1 posterior-inferior body corner and the other end of the arc at the height of the posterior-superior lateral mass of C1. This is 63° arc.
 - a. If the film does not include T1, the Template is placed on the vertical axis line with one end at mid-body of C7 and the other end of the arc at mid-body of C2. This 43° arc. Use the lines drawn on the Templates as your guide.
- 4) You are now ready for your report on the "Red line is normal, the Black line is you, can you see that you are not normal?" Report of Findings.

Table 1.

Average and Ideal Cervical Lordotic Values

[Absolute Values From 400 Subjects]

Level	Average Value 75.76	ldeal Value 75.76
Height/Length		
C2-C7	0.97	0.95
Segmental Rotation		
C1 to horizontal	24.0°	28.7°
C2-C3	7.8°	9.4°
C3-C4	6.6°	8.2°
C4-C5	7.2°	8.2°
C5-C6	5.9°	8.2°
C6-C7	6.6°	8.2°
Absolute Rotation		
C2-C7	34.0°	42.0°
Anterior Head Translation		
Tz	15 mm	0

